

Welcome Guide

Central Peninsula Hospital

& Relocation Resource



Central Peninsula's Family of Clinics & Locations

In Soldotna

Heritage Place

232 W. Rockwell Ave., Soldotna, AK 99669

Central Peninsula

Surgical Associates

240 Hospital Place, Suite 305, Soldotna, AK 99669

Central Peninsula

Neurology

247 N. Fireweed, Suite B, Soldotna, AK 99669

Central Peninsula

Family Practice & Pediatrics - SOLDOTNA

245 Binkley St., Suite 101, Soldotna, AK 99669

Central Peninsula

Behavioral Health

245 N. Binkley, Suite 202 • Soldotna, AK 99669

Central Peninsula

Internal Medicine

247 N. Fireweed - Soldotna

Central Peninsula

Bone & Joint Center

240 Hospital Place, Suite 204, Soldotna, AK 99669

Central Peninsula

Rehabilitation Services (4-Soldotna, 1-Kenai)

- 250 Hospital Place - Soldotna
- 245 N. Binkley Street – Soldotna
- 240 Hospital Place – Soldotna
- 232 W. Rockwell – At Heritage Place – Soldotna

Central Peninsula

Foot & Ankle Specialist

240 Hospital Place, Suite 203 Soldotna, AK 99669

Central Peninsula

Urology

240 Hospital Place, Suite 303 Soldotna, AK 99669

Central Peninsula

Oncology

240 Hospital Place, Suite 301, Soldotna, AK 99669

Central Peninsula

Women's Health

108 E Corral Ave., Soldotna, AK 99669

In Kenai

Central Peninsula

Urgent Care

10128 Kenai Spur Hwy Kenai, AK 99611

Central Peninsula

Rehabilitation Services (3-Soldotna, 1-Kenai)

260 Caviar Street – Kenai

Central Peninsula

Family Practice - KENAI

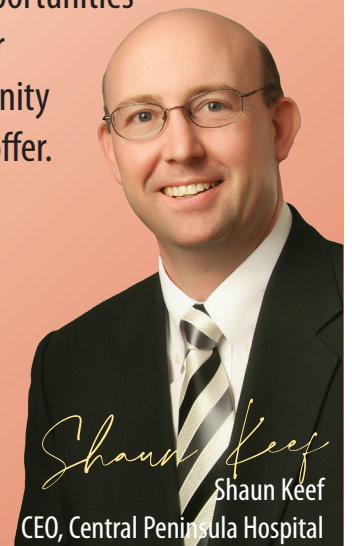
506 Lake Steet, Kenai, AK 99611

For corrections, edits and to make this publication a better resource for our new staff, please contact Bonnie Nichols at bnichols@cpgh.org or (907) 714-4500



Welcome to the CPH family

It is with pride and a deep sense of commitment that we welcome you to the central Kenai Peninsula. As you settle into your new position and become acclimated to Soldotna, Kenai and its surrounding communities, we encourage you to explore the businesses, trails and opportunities that our community has to offer.



Shaun Keef
Shaun Keef
CEO, Central Peninsula Hospital

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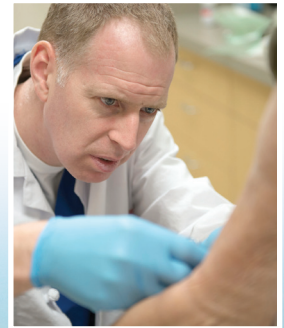
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get to know CPH





Central Peninsula Hospital

Campus 250 Hospital Place Soldotna, AK 99669

Departments/Services

<i>Heritage Place</i>	907-714-5000	Imaging.....	907-714-4580
<i>Serenity House Treatment Center</i>	907-714-4521	Sleep Center	907-714-4439
Business Office	907-714-4404	Wound Care	907-714-4874
Public Relations	907-714-4600	Central Peninsula Rehabilitation	
Spiritual Care	907-714-4610	CPH	907-714-4725
Volunteers	907-714-4543	Soldotna	907-714-4534
CP Health Foundation	907-714-4626	Kenai	907-714-4536
Patient Advocate.....	907-714-4779	Rockwell	907-714-5076
Emergency	907-714-4444	River Tower.....	907-714-4145
Kenai Health Center	907-714-4495		
Laboratory	907-714-4418		
Oncology/Infusion	907-714-4490		
Behavioral Health	907-714-4520		

Human Resources, Recruiter: Office: (907) 714-4785, Fax: (907) 262-9128

For a complete listing of services and physician directory, go to www.cpgh.org.

CPH Physician Practices

Central Peninsula Family Practice

Kenai (506 Lake St.)	907-714-4111	Cen. Pen. Oncology	907-714-4490
Soldotna (245 Binkley St, # 101).....	907-714-4111	Cen. Pen. Pediatrics	907-714-4111
Cen. Pen. Foot & Ankle Specialist	907-714-5312	Cen. Pen. Surgical Associates	907-714-4130
Cen. Pen. Internal Medicine	907-262-8597	Cen. Pen. Urgent Care.....	907-714-5740
Cen. Pen. Neurology	907-714-4090	Cen. Pen. Urology	907-714-5325
Cen. Pen. Bone & Joint Center	907-714-4120	Cen. Pen. Women's Health	907-714-5300



Photo by Martin Media

Welcome To Soldotna

Source: <https://visitsoldotna.com/visit/about-soldotna/>

Pronounced *soul-DAHT-nah*, Soldotna is the central hub of the Kenai Peninsula, located just 150 scenic highway miles south of Anchorage via the Seward and Sterling Highways, rated by National Geographic as one of 50 ultimate road trips. Soldotna is a thriving, full-service community, and the fastest growing city on the Kenai Peninsula with a population of just more than 4,649 residents. While visitors and residents alike can testify to Soldotna's unique Alaskan charms, Soldotna's biggest claim to fame is the fact that the world renowned Kenai River flows through the middle of town.

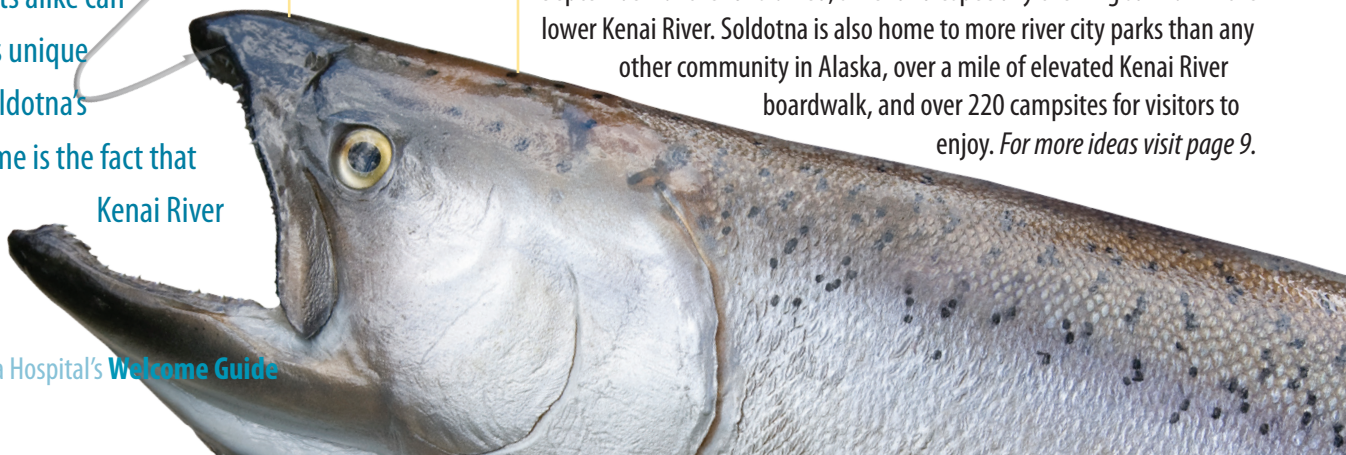
Soldotna is the most fish-crazy place in Alaska during the summer.

Every Day Living

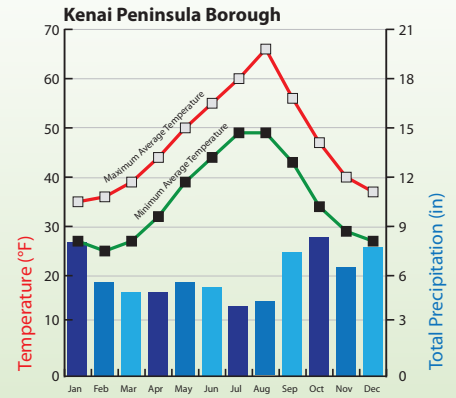
Soldotna when paired with Kenai, its twin community 10 miles away, make up the core communities of the Central Kenai Peninsula. Along with being known as the Alaska's playground with abundant wildlife, fishing and recreation, we also boast a diverse business community with wide selection of grocery shopping, dining and nightlife venues and activities. The Kenai Municipal Airport has daily flights to the Ted Stevens International Airport in Anchorage for all your travel needs.

Recreation

Soldotna is the most fish-crazy place in Alaska during the summer, and well set up for the wave of anglers who flock here from mid-May through September for the runs of red, silver and especially the king salmon in the lower Kenai River. Soldotna is also home to more river city parks than any other community in Alaska, over a mile of elevated Kenai River boardwalk, and over 220 campsites for visitors to enjoy. *For more ideas visit page 9.*



Getting Acclimated



Driving in Alaskan Weather

Some essential things to have in your car

Summer

Your car should have some essential items that are key to life in Alaska. These are in addition to the standard list of things to always have in your car:

- Mosquito Spray (*spray on yourself*)
- Bear Spray (*spray on the bear*)
- Mosquito Net head covering
- Fishing Rod (*have your fishing license on you at all times*)
- Rain Gear - Shell and Rain Pants
- Space blanket
- Rope/Paracord
- Utility Tool

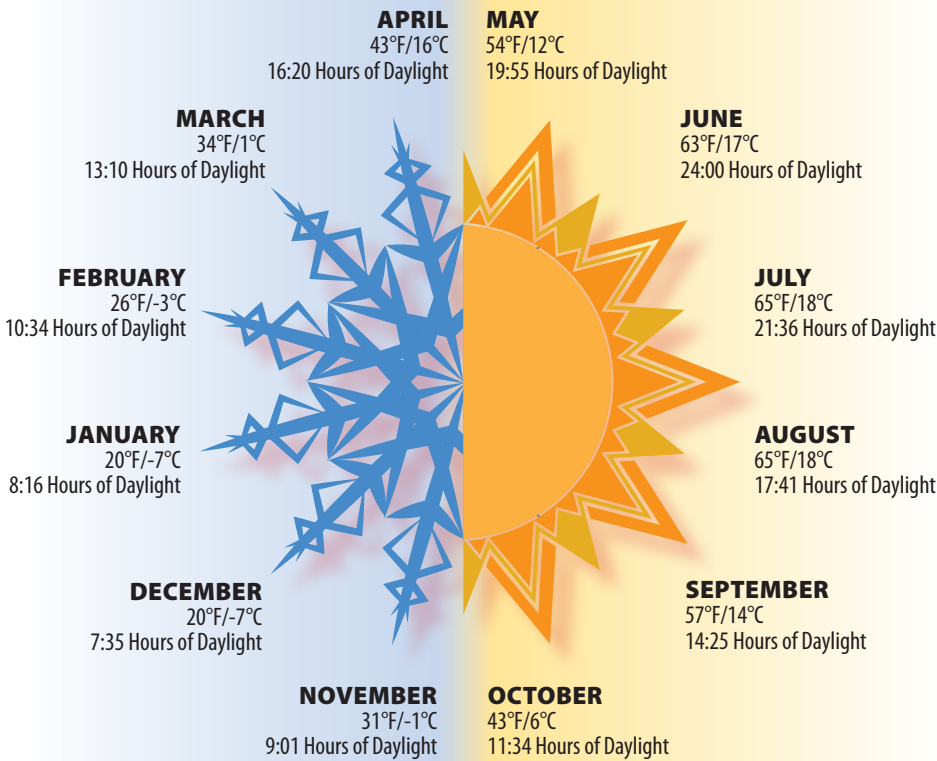
Winter

Winter requires that you plan your trip even if it is just to the grocery store down the street. Bad roads, avalanches or even moose encounters can make a short trip last for hours. Here are some things to add to your car kit

- Snow Scraper with brush
- Extra clothing and blanket
- Tire Chains *
- Collapsible shovel and container of sand
- Winter boots in the car
- A few nutrition bars

* Chains are not recommended for every vehicle, so you'll need to read your owners manual about whether you can use them.

Consider an *engine block heater* for your car. You should plug it in at night when temperatures drop below 20°F.



Winter Tips From Staff

How to deal with the shortened days of winter.

- Taking vitamin D in winter can help.
- Using a full-spectrum light in the morning will start your day off on the bright disposition for your shift at the hospital.

Summer Tips From Staff

You might find the long 20+ hours of daylight a little tough to get used to as well.

- Tape tin foil over your bedroom windows to keep it dark enough to get a good night's sleep.
- Invest in some blackout curtains or blinds
- Stick to a sleep schedule as the days grow longer. It will help you get adjusted quicker.



Traveling AK

Electric Vehicle Charging Locations: [Click here for a map of charging stations in south central Alaska.](#)

Car Rentals

Source: www.alaska.org/advice/alaska-car-rentals

Renting a car gives you the freedom to go wherever Alaska's road system (*aside from a few unpaved roads*) will take you, while traveling at your own pace. You'll find plenty of good car-rental companies at the Kenai Municipal Airport for when you first get here. While rates vary with season, duration, and car category, here's some information that will help you make your rental decision:

Standard Rental-Car Policies

- Rates do not include Alaska tax and licensing fees
- Most one-way drop-offs require steep fees—anywhere from \$100 to \$500!
- Rental cars aren't usually allowed on unpaved gravel roads, such as the end of the Funny River in Soldotna, Fritz Creek Road in Homer, and countless small gravel roads crisscrossing the peninsula.

- If you want to travel way north to the Arctic Circle, the Brooks Range, or other spots along the Dalton Highway north of Fairbanks can rent an SUV in Fairbanks.

Car Rentals

Avis
907.283.7900

Budget
907.283.4506

Turo
www.turo.com

Ride Sharing

Uber/Kenai
Lyft/Soldotna, Kenai

Taxi Cabs

Alaska Cab
907.283.6000
907.262.1555

Hairy's Cab
907.252.0251

TNT Taxi
907.953.9070

Flying

Kenai Municipal Airport

There is only one *commercial airport* accessing the central part of the Kenai Peninsula. Located in the city of Kenai, you can plan easy travel on regular commuter flights to Anchorage connecting you to many options for travel to the lower 48, Europe and Asia.

Flights & Airline Contacts

Ravn Alaska 800.866.8394 907.283.3322	Grant Aviation 888.359.4726 907.283.6012
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Flight Seeing/Air Taxi

There are a large number of flight seeing services and air taxi services to give you a birds eye view of the wild Alaska or get you to that remote camping/hunting site.

Private Pilots

There are a number of private pilots that live on the peninsula and you'll see a float plane (sea plane) on most reasonably sized lakes and wheeled planes on small airstrips peppered through out the Kenai.

Source: www.alaska.org/advice/everything-you-need-to-know-about-car-camping-in-alaska

Car Camping

First, you need a vehicle

What you drive in town will work for most destinations on or near Alaska's main roads during summer camping season. If renting, consider a small SUV or wagon with flexible storage in the back and roof rails or luggage rack on top. All wheel drive is generally not necessary during Alaska's summer season because most main highways and access roads are paved or in decent shape.

Note that some roads are considered off limits by many car rental agencies. If you hope to explore one of Alaska's major gravel highways into the backcountry—like the Denali Highway through the Alaska Range or the Dalton Highway to the North Slope—you must rent a vehicle specifically cleared for the route.

Assemble Your Gear

Put together a camping outfit that's easy to set up in all weather and then convenient to stow when it's time to move on. Since you will be camping close to the car, you don't need to carry high-tech backcountry gear. You can also get away with heavier fabrics and materials, which will be less expensive.

- Sleeping bag rated between 20F to 30F
- Sleeping pad or air mattress
- Nesting camp pot set and skillet or wok
- Utensils
- Adventure gear (*camera, binoculars, fishing gear, hiking poles and the like*)
- Clothing and personal items.
- Freestanding tent with rainfly, stakes and tie-down cords. (Your regular car camping tent will work fine during Alaska summer season.)
- Propane camp stove that uses 1 lb bottles.
- At least one polyethylene tarp (a "blue" tarp with grommets) at least 8' by 12'

- At least two bungee cords
- 100 feet of inexpensive utility rope
- Five gallon plastic water jug (under \$20)
- Indoor-outdoor carpet runner or square
- At least two 1 lb propane canisters (three to five meals per canister)
- Folding camp chairs (under \$10 each)
- Cheap "Styrofoam" cooler for keeping food cold
- Two 14-gallon stackable storage tubs (for washing dishes, storing kitchen items and food storage)
- 1 canister of bear pepper spray (if you decide to go hiking)
- Spray canister of bug dope (with Deet as active ingredient)
- Matches and/or lighter
- Mosquito coils
- Groceries and ice

You may be able to pick up some of this gear in Alaska, such as **bear proof food containers**. It may be required in some outdoor areas.

Community Events Info



Community Websites

Soldotna Chamber of Commerce & Visitor Center
<https://visitsoldotna.com/>

Kenai Chamber of Commerce & Visitor Center
<http://kenaichamber.chambermaster.com>

Homer Chamber of Commerce & Visitor Center
<https://www.homer.alaska.org>

Seward Chamber of Commerce and CVB
<https://www.seward.com>

News Sources

Kenai Peninsula-wide Newspaper
The Peninsula Clarion
<https://www.peninsulaclarion.com/>

Kenai Peninsula Community News
The Homer News
<https://www.homernews.com/>

Seward Journal
<https://www.sewardjournal.com/>

Statewide Daily Newspaper
The Anchorage Daily News
<https://www.adn.com/>

Libraries

Kenai City Library
www.kenai.city/library

Soldotna City Library
www.soldotna.org/departments/library

There are a number of events that happen throughout the year on the Kenai Peninsula.

To keep yourself up to date on what is happening around the Peninsula, we recommend visiting the wide variety of websites that will give you the latest info on what is happening. In addition you can always use the local newspapers and news websites as resources to find out what is going on across south central Alaska.

TIP: Let your colleagues know what you're interested in, most likely they'll be able to give you some good advice, or tell you who to speak to to get the right information. The peninsula might be large in area, but when it comes down to it, we are really just a small town.

From music festivals, running races, birding festivals to community wide celebrations, we've got it all here on the Peninsula.

Hiking for Beginners: 10 Essential Tips

by Erika Wiggins

Source: <https://blog.liftopia.com/10-essential-hiking-tips-beginner-hike/>

1. Start small and choose the right trail for your fitness level.

Select a hike a little shorter than the distance you can normally walk on a level or paved surface.

2. Familiarize yourself with the trail.

Once you have selected a trail, obtain a map of the area and review reports and data.

3. Check the weather.

Leading up to your hike, and again a few hours before, check the weather.

4. Tell someone where you will be.

It's important that someone not on the hike knows the itinerary and what time to worry and call for help.

5. Pack the 10 essentials.

The 10 essentials have gradually shifted from a list of items to a list of systems.

Ten Essential Systems

- Navigation (map & compass)
- Sun protection (sunglasses & sunscreen)
- Insulation (extra clothing)
- Illumination (headlamp/flashlight)
- First-aid supplies
- Fire (waterproof matches/lighter/candle)
- Repair kit and tools
- Nutrition (extra food)
- Hydration (extra water)
- Emergency shelter (tent/plastic tube tent/garbage bag)

6. Wear the right shoes and socks.

Painful feet can ruin a hike. Invest in quality hiking shoes and socks.

7. Dress for success.

Once your feet are taken care of, dressing right is key to comfort on your hike.

8. Keep it light.

This means opting for the lightest of each item.

9. Pace yourself.

When you first get on the trail, you may feel like powering forward like a hero. However, you'll be a zero by the end of the day if you don't pace yourself.

10. Leave no trace.

The beautiful trails we love will only stay beautiful if we care for them.



Local Hiking Trails

Source: <https://visitsoldotna.com/local-hiking-trails/>

Get out and see the country

There's a variety of trail types in and near the greater Soldotna area that offer access to the beauty of the Kenai Peninsula; nature, hiking, and recreational trails are all available. Runners, walkers, climbers, mountain bikers, cyclists, and walkers of all levels are certain to find a favorite trail. On all of these trails, though, one must be aware of the chance of wildlife encounters. For more serious climbers, books and maps are available for purchase or reference at the Soldotna Visitor Center. Nobody should hike unprepared. Dress in layers; bring your camera, binoculars, bear spray, insect repellent, and GPS, just in case. Water is NOT available along most trails and sturdy, hiking boots are recommended for higher elevations.

Day Hikes	Length (one way)	Time (round trip)	Elevation	Trailhead
EASY TO MODERATE				
Hidden Creek	1.3 miles	2 hours	300 feet	Skilak Lake Rd, M 5.4
Lower Kenai River	2.3 miles	2-4 hours	250 feet	Skilak Lake Rd, M 3.0
Upper Kenai River	2.8 miles	3-5 hours	260 feet	Skilak Lake Rd, M 2.2
Burney's Trail	0.6 miles	1 hour	200 feet	Hidden Lake Campground
Russian Falls Trail	2.6 miles	3-4 hours	400 feet	Sterling Hwy, M 52 Russian River Campground
Unity Trail (recreational trail)	10 miles	varies	111 feet	Soldotna Visitor Center Parking Lot
Keen-Eye & Centennial Trails (nature trail)	3 mile loop	2 hours	Varies	Ski Hill Rd. to Kenai National Wildlife Refuge Visitor Center
Tsalteshi Trails (recreational trail)	0.5-8 miles	Varies	Varies	Sterling Hwy, M 98 Skyview High School
MODERATE				
Bear Mountain	0.8 miles	2 hours	400 feet	Skilak Lake Road, M 6.9
Hideout	.75 miles	2 hours	850 feet	Skilak Road, M 1.9
Skilak Lookout	2.0 miles	3-4 hours	700 feet	Skilak Lake Road, M 6.3
STRENUOUS				
Fuller Lakes	2.9 miles	4-6 hours	1,400 feet	Sterling Hwy, M 56.9
VERY STRENUOUS				
Skyline	1.0 miles	3-5 hours	1,800 feet	Sterling Hwy, M 61.6



Wildlife Viewing & Safety

Here are some tips about living on the Peninsula, that apply in the wild and in town. You never know when you'll have an encounter. We want to see you at work as a coworker, not a patient.



Where to Look

Alpine Tundra:

In the mountains above treeline, low growing plants provide food for Dall sheep, caribou, and marmots. Golden eagles hunt small mammals from the air. Brown bears feast on berries in late summer.

Boreal Forest:

Spruce and hardwoods such as birch, aspen, and cottonwood are home to songbirds, spruce grouse, red squirrels, owls, lynx, moose, and black bear.

Wetland:








Bogs, marshes, and muskeg are nesting areas for migratory waterfowl and shorebirds. Caribou and moose eat dwarf birch and willows. Bears can be seen in these areas hunting for moose calves in spring.

Aquatic:

Areas around rivers, lakes, and ponds are home to beaver, muskrat, loons, trumpeter swans, and spawning salmon. Trout and salmon attract bald eagles, bears, and river otters.

Source: Alaska Geographic, Kenai National Wildlife Refuge, Visitor Guide

Traveling in Bear Country





-  Consider carrying accessible bear spray and be prepared to use it.
-  Black and brown bears are found throughout the refuge. Be alert and use your senses to evaluate fresh bear sign such as tracks, scat, claw marks, and strong scents.
-  Make noise to avoid surprising a bear. Be especially careful along noisy streams, in thick brush, and where visibility is poor.
-  If you see a bear—stay calm. If the bear does not notice you, quietly leave the area from the same direction you arrived. Keep your eyes on the bear.
-  If a bear does notice you, prepare your deterrent, face the bear, wave your arms, and talk to it calmly. Try to appear larger by standing close to your group.
-  If a bear approaches you, stand still. Do not run!
-  If a bear attacks, fall to the ground and play dead. Lie flat on your stomach, with your hands behind your head. *Keep your pack on.*

Remember it is illegal to feed wildlife.



When You Encounter A Moose



-  **Move away!** Maintain a space of 75 feet or more between yourself and a moose.
-  **Watch for body language.** If the moose lowers its head and ears, and the hair on its back and neck stands up, back off.
-  **If a moose charges, retreat behind a large tree or rock.** Most moose charges are bluffs and getting behind something solid offers important protection from their sharp, powerful hooves.
-  Remember, keeping your distance from moose is the best way to avoid a negative encounter.

Fishin' Alaska

Source: Excerpt: <http://www.adfg.alaska.gov/index.cfm?adfg=fishingSport.main>

Alaska is a world-renowned sport fishing destination. In fact, in this land of 3,000 rivers, 3 million lakes and 6,640 miles of coastline, a sport angler's greatest challenge can just be deciding where to go. Adding to this challenge is the reality that Alaska is enormous; fishing it all would require one to cast across a million acres of streams, lakes and water-lapped shorelines every day for a full year. Think of it as the old anglers' quandary – so many fish, so little time.

Fishing & Hunting License Info <https://www.adfg.alaska.gov/index.cfm?adfg=license.general>

In Alaska, a license is required in order to participate in hunting/trapping/fishing, personal use fishing, commercial fishing, and sport fish or hunt guiding. Several different licenses are available for residents, non-residents, members of the military, residents who are disabled veterans, and resident seniors who are 60 years or older. Most licenses, as well as king salmon and Alaska duck stamps can be obtained online.

How long is my license valid?

Licenses are valid from the date of purchase through December 31st of each calendar year. The exceptions are trapping licenses and short-term non-resident fishing licenses. Trapping licenses are valid from the start date through September 30th of the following year. Short-term non-resident fishing licenses are valid for only 1, 3, 7, or 14 days.

Age Requirements

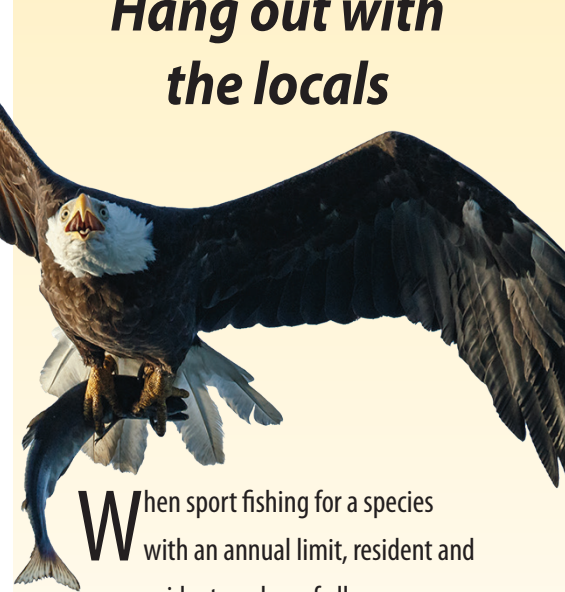
Residents under the age of 18 do not need a hunting, sport fishing, or trapping license, unless they are proxying or guiding. Non-residents under the age of 16 do not need a sport fishing license, but they do need to purchase a hunting and/or trapping license.

Fish Waste Disposal

Improper disposal of fish waste poses a potential risk to the environment and public health and safety. It is important to understand the best management practices for disposing fish waste to reduce nuisances and animal attraction. Disposing of fish waste on public or private land is illegal and can result in fines. The Alaska Department of Fish and Game recommends that you clean fish riverside or in port, chop fish carcasses into numerous pieces, and throw them into deep or fast-moving water or use a provided fish grinder. Anglers who remove fish from the fishing site and fillet or process them must dispose of fish waste in a safe manner. Fish waste should be taken directly to a permitted landfill that will accept it.

- The Central Peninsula Landfill in Soldotna accepts fish waste free of charge during the fishing season.

Hang out with the locals



When sport fishing for a species with an annual limit, resident and non-resident anglers of all ages are required to record their harvest on a Sport Fishing Harvest Record Card. The harvest record card is available online, at some license vendors, or at Fish and Game offices. Species with an annual limit are listed in the "general regulations" section in area sport fish regulations summary books.



Finding Home

There are numerous towns and neighborhoods surrounding Central Peninsula Hospital. Each community has its own uniqueness, however, they each offer diverse economies, moderate Alaskan climate, and great quality of life. Since moving to a new state is a big decision, we've provided a little information on communities closest to the hospital.

The Twin Cities

Soldotna

Home to Central Peninsula Hospital

Soldotna is the fastest growing city on the Kenai Peninsula with a population of 4,649. The city offers residents a sparse suburban feel with many young professionals, families and retirees living in Soldotna. There are many single-family and multi-tenant housing opportunities throughout the community.

Despite its size, Soldotna is home to multiple grocery stores and many of the conveniences most often associated with larger cities.

The public schools in Soldotna are above average and it has many public schools, charter and alternative schools.

Soldotna has over 450 acres of parks and over 50 miles of trails, bike lanes, riverfront boardwalks, plus wonderful bank and boat fishing. Many activities take place over the course of each year to keep life interesting.

Kenai

11 miles from Soldotna | Commute of 17 minutes.

Kenai has a population of 7,742 and offers residents a sparse suburban feel. There are many single-family and multi-tenant housing opportunities throughout the community.

The public schools in Kenai are above average with 3 traditional public schools, 1 alternative high schools, 2 charter schools, and a variety of private and Montessori schools.

Kenai is home to multiple grocery stores and the conveniences most often associated with larger cities.

With the scenery surrounding Kenai, residents of Kenai enjoy mountain views, short drives to the beach along Cook Inlet, and access to a variety of city parks. Excellent fishing opportunities on the Kenai River or by charter in the inlet.

Bedroom Communities

Sterling

12 miles from Soldotna | Commute of 14 minutes.

Sterling is an active community with a population of 5,169. Living in Sterling offers residents a rural feel and most residents own their homes.

The public schools in Sterling are above average with one elementary school in Sterling and other traditional public, alternative and charter schools available in Soldotna and Kenai.

In and around Sterling, campgrounds, state access sites and trails are plentiful. And it is the gateway to the Swanson River and Swan Lake Canoe routes, which are popular destinations year round.

Nikiski

25 miles from Soldotna | Commute of 35 minutes.

Nikiski is about ten miles north of Kenai, with a population of 4,316. Living in Nikiski offers residents a suburban rural mix feel and most residents own their homes.

Nikiski supports numerous oil and gas companies with onshore production facilities and offshore drilling platforms in Cook Inlet.

The public schools in Nikiski are above average with one elementary school, a middle/senior high school and other alternative and charter schools available in Kenai and Soldotna.

The Swanson River empties into the Cook Inlet in the area, attracting the attention of outdoor and fishing enthusiasts.

Rentals

On occasion community members will contact CPH Human Resources regarding available short term housing. For a current list of rentals, contact CPH HR at (907) 714-4785.

Rental Management or Realtors

<https://www.realtor.com/Soldotna> (or Kenai)



KPBSD Schools

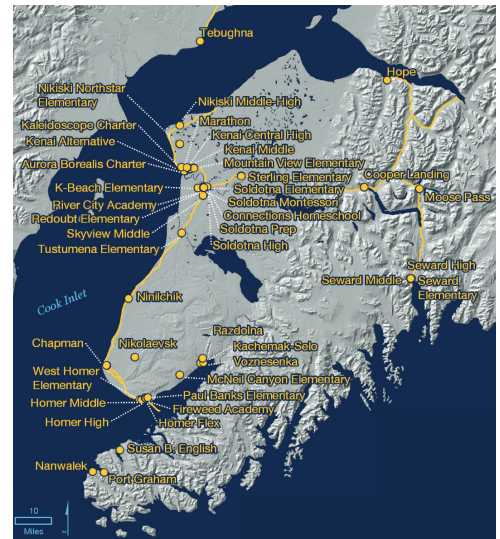
148 North Binkley Street, Soldotna, Alaska 99669

907.714.8888 | fax: 907.262.9645 | kpbsd.k12.ak.us | Facebook: KPBSD | Twitter: @KPBSD

LinkedIn: Kenai Peninsula Borough School District

Central Peninsula Schools

School & Location	Grades	Contact Information
Aurora Borealis Charter 705 Frontage Rd, Suite A Kenai, AK 99611	K-08 Charter	https://kpbsd.org/schools/aurora-borealis/ Phone: (907)283-0292 Fax: (907) 283-0293
Connections Program 143 E. Park Ave. Soldotna, AK 99669	K-12	https://chkpen.org/ Phone: (907)714-8880 Fax: (907) 262-2859
K-Beach Elementary School 1049 E. Poppy Lane Soldotna, AK 99669	K-06 Elementary	https://kpbsd.org/schools/k-beach/ Phone: (907)260-1300 Fax: (907) 262-4096
Kachemak Selo School 44032 Milton Rd. #B11 Kachemak, AK 99603	K-12	https://kpbsd.org/schools/kachemak-selo/ Phone: (907)235-5552 Fax: (907) 235-5644
Kaleidoscope Charter School 549 North Forest Drive Kenai, AK 99611	K-05 Elementary Charter	https://kaleidoscope.blogs.kpbsd.k12.ak.us/ Phone: (907)283-0804 Fax: (907) 283-3786
Kenai Alternative School 705 Frontage Rd., Suite C Kenai, AK 99611	PK, 09-12 Charter	https://kpbsd.org/schools/kenai-alt/ Phone: (907)335-2870 Fax: (907) 283-6463
Kenai Central High School 9583 Kenai Spur Hwy. Kenai, AK 99611	09-12 High School	https://kpbsd.org/schools/kenai-central/ Phone: (907)283-2100 Fax: (907) 283-3230
Kenai Middle School 201 Tinker Lane Kenai, AK 99611	06-08 Middle School	https://kpbsd.org/schools/kenai-middle/ Phone: (907)283-1700 Fax: (907) 283-3180
Marathon School 405 Marathon Rd. Kenai, AK 99611	07-12 Middle & High School	https://dhss.alaska.gov/djj/Pages/Facilities/KPYF.aspx Phone: (907)335-3343 Fax: (907) 335-3342
Mountain View Elementary 315 Swires Rd. Kenai, AK 99611	PK-05 Elementary	https://kpbsd.org/schools/mountain-view/ Phone: (907)283-8600 Fax: (907) 283-9340



Mission Statement

The mission of the Kenai Peninsula Borough School District is to empower all learners to positively shape their futures.

Vision Statement

KPBSD will inspire all learners to pursue their dreams in a rigorous, relevant and responsive environment.



KPBSD Guiding Principles

Every KPBSD student will graduate prepared for their future. A strong, positive relationship with all students is the foundation of a quality education in KPBSD. A KPBSD diploma guarantees a student is ready for life, college, and career.

1) Ready for:

Life: KPBSD students will demonstrate life readiness skills by possessing resiliency, grit, and perseverance to achieve their goals with a growth mindset that empowers them to approach their future with confidence.

College: KPBSD students will demonstrate college readiness by meeting rigorous academic indicators and/or post-secondary assessment scores.

Career: KPBSD students will demonstrate career readiness by identifying a career interest and meeting employability/experiential benchmarks.

2) Rigor:

All Students will achieve high levels of academic growth:

- Students will learn in a performance-based instructional model.
- Student growth and success will be determined through multiple measures of learning.
- Students will have “accessible anywhere” curriculum without dependencies on particular technologies.

3) Relevance:

Experience a personalized learning system:

- Students will learn in a flexible instructional model that is fluid and developmentally appropriate for all.
- Students will experience varied instructional strategies that target individual strengths and interests of each learner.
- Students will develop a personalized learner profile as demonstrated in their portfolio.
- Students will be given opportunities to develop healthy lifestyles and make healthy choices.
- Students will be provided instructional opportunities in partnership with parents and community that extend growth, exploration and learning beyond the classroom.

4. Responsive:

Be immersed in a high quality instructional environment:

- Prioritize strong, positive relationships with all students to support their social and emotional needs.
- Teachers will utilize a repertoire of high-yield instructional strategies that are research-based, high quality instructional strategies, within the instructional environment.
- Develop a culture of continuous innovation within all schools across the district.
- Professional learning is embedded and ongoing, resulting in continuous growth and innovation.
- Develop a highly reliable and efficient organization through online/concurrent collaboration tools.

School & Location	Grades	Contact Information
Nikiski Middle/High School	06-12 Middle & High School	https://kpbsd.org/schools/nikiski-middle-high/
PO Box 7112		Phone: (907)776-9400
Nikiski, AK 99635		Fax: (907) 776-3486
Nikiski North Star Elementary	PK-05 Elementary	https://kpbsd.org/schools/nikiski-north-star/
45600 Holt Lamplight Rd.		Phone: (907)776-2600
Kenai, AK 99611		Fax: (907) 776-8423
Ninilchik Elementary/High	PK-12	https://ninilchikschool.blogs.kpbsd.k12.ak.us/
15735 Sterling Hwy.		Phone: (907)714-0300
Ninilchik, AK 99639		Fax: (907)567-3504
Redoubt Elementary School	PK-06 Elementary	https://kpbsd.org/schools/redoubt/
486 West Redoubt		Phone: (907)260-4300
Soldotna, AK 99669		Fax: (907) 262-5815
River City Academy	07-12 Middle & High School	https://kpbsd.org/schools/river-city-academy/
46188 Sterling Hwy		Phone: (907)714-6400
Soldotna, AK 99669		Fax: (907) 714-6401
Skyview Middle School	07-08 Middle School	https://kpbsd.org/schools/skyview-middle/
46188 Sterling Highway		Phone: (907)260-2500
Soldotna, AK 99669		Fax: (907) 262-7036
Soldotna Elementary School	PK-06 Elementary	https://kpbsd.org/schools/soldotna-elementary/
162 E. Park Ave.		Phone: (907)260-5100
Soldotna, AK 99669		Fax: (907) 262-4962
Soldotna High School	09-12 High School	https://kpbsd.org/schools/soldotna-high/
425 West Marydale		Phone: (907)260-7000
Soldotna, AK 99669		Fax: (907) 262-4288
Soldotna Montessori Charter	K-06 Elementary Charter	https://kpbsd.org/schools/soldotna-montessori/
158 E. Park Ave.		Phone: (907)260-9221
Soldotna, AK 99669		Fax: (907) 260-9032
Sterling Elementary School	PK-06 Elementary	https://kpbsd.org/schools/sterling-elementary/
Drawer 89		Phone: (907)262-4944
Sterling, AK 99672		Fax: (907) 262-5128
Tustumena Elementary School	PK-06 Elementary	https://kpbsd.org/schools/tustumena/
PO Box 749		Phone: (907)260-1345
Kasilof, AK 99610		Fax: (907) 262-8477

For a full list of ALL schools in the Kenai Peninsula School Borough scan this QR code.



HOME SCHOOLING

IDEA Homeschool	PK-12	https://www.ideafamilies.org/
The largest and longest running Alaska homeschooling program.		Phone: 1-877-582-4332

Eating Out

Local Central Peninsula Restaurants



Restaurant List & Links

Pizza Boys Pizza

44686 Sterling Hwy, Soldotna, AK
(907) 260-4800

Don Jose's Mexican Restaurant

Mexican Restaurant
44109 Sterling Hwy, Soldotna, AK
(907) 262-5700

Odie's Deli

Coffee House, Delicatessen
44315 Sterling Hwy, Soldotna, AK
(907) 260-3255

Black Jaxx Barbeque

Barbecue Restaurant
103 Smith Way, Soldotna, AK
(907) 262-2255

Buckets Sports Grill

Restaurant
43960 Sterling Hwy, Soldotna, AK
(907) 262-7220

Acapulco Mexican Restaurant

Mexican Restaurant
43543 Sterling Hwy, Soldotna, AK
(907) 260-5666

Golden International Chinese Restaurant

Chinese Restaurant
41750 Sterling Hwy, Soldotna, AK
(907) 262-7862

China Sea Restaurant

Chinese Restaurant
44539 Sterling Hwy, Soldotna, AK
(907) 262-5033

Duck Inn

Bar & Pub, Hotel
43187 Kalifornsky Beach Rd, Soldotna, AK
(907) 262-2656

The Schnitzel Bomber

Comfort Food Restaurant, German Restaurant
47245 E Poppy Ln, Soldotna, AK
(907) 260-7675

The Flats Bistro

Restaurant
Kalifornsky Beach Rd, Soldotna, AK
(907) 335-1010

Mykel's & Soldotna Inn

American Restaurant
35041 Kenai Spur Hwy, Soldotna, AK
(907) 262-4305

The Catch Bar & Restaurant

Breakfast Restaurant
44715 Sterling Hwy, Soldotna, AK
(907) 420-0508

Fine Thyme Cafe

Breakfast Restaurant, Cafe
44619 Sterling Hwy, Soldotna, AK
(907) 262-6620

Pad Thai Cafe

Thai Restaurant
44539 Sterling Hwy, Soldotna, AK
(907) 690-6003

Odie's Deli

Coffee House, Delicatessen
35228 Kenai Spur Hwy, Soldotna, AK
(907) 260-3255

Paradisos Restaurant

Pizza
811 Frontage Rd, Kenai, AK
(907) 283-2222

Charlotte's Restaurant

American Restaurant
115 S Willow St, Kenai, AK
(907) 283-2777

Siam Noodles and Food

Thai Restaurant
44619 Sterling Hwy, Soldotna, AK
(907) 953-3325

Louie's Steak & Seafood

Seafood Restaurant
47 Spur View Dr, Kenai, AK
(907) 283-3660

Brew@602/Addie Camp Restaurant

Coffee House, Restaurant, Tesla chargers
Whistle Hill, Soldotna, AK
(907)262-0602 / (907)262-2334

Veronica's Coffee House

Coffee House
602 Petersen Way, Kenai, AK
(907) 283-2725

Treehouse Restaurant

Pizza
51708 Kenai Spur Hwy, Kenai, AK
(907) 776-8500

The Burger Bus

Burgers
912 Highland Ave, Kenai, AK
(907) 283-9611

St Elias Brewing Company

Bar, Pub, & Club
434 Sharkathmi Ave, Soldotna, AK
(907) 260-7837

Arasuka

Sushi Restaurant
610 Atlla Way, Kenai, AK
(907) 513-8862

Everything Bagels

Bagel Shop, Coffee House · Closed · 35 on Yelp
35251 Kenai Spur Hwy, Soldotna, AK
(907) 252-8135

Jersey Subs

Delicatessen, Restaurant
111 S Sterling St, Soldotna, AK
(907) 260-3393

Specialty Grocery

Lucy's Market

338 Homestead Ln, Soldotna, AK
(907) 262-3232

The Goods

An environmentally focused artist co-op
45015 K-Beach Road, Suite 1 – Soldotna, AK
(907) 252-5977

Maggie's General Store

Dry Goods & Organic Food Market
12498 Kenai Spur Hwy – Unite 2A Kenai, AK
(907) 283-1423

Fresh 365

43550 Kleeb Loop, (43550 Whistle Hill Loop)
Soldotna, Alaska 99669
(907) 953-1120

National Chain Restaurants

Arby's

Fast Food
10733 Kenai Spur Hwy, Kenai, AK
(907) 283-3911

Dairy Queen

Fast Food
44669 Sterling Hwy, Ste A, Soldotna, AK
(907) 262-9701

Domino's Pizza

Pizza
43981 Sterling Hwy, Soldotna, AK
(907) 600-4001

McDonald's

Fast Food
10447 Kenai Spur Hwy, Kenai, AK
(907) 283-4008
Curbside Pickup

Papa Murphy's | Take 'N' Bake Pizza

Pizza
131 Warehouse Dr, Soldotna, AK
(907) 260-9411

Papa John's Pizza

Pizza
43843 Sterling Hwy, Soldotna, AK
(907) 262-7272
No-Contact Delivery

Pita Pit

Restaurant
133 Smith Way, Unit A, Soldotna, AK
(907) 260-7482

Pizza Hut

Pizza
44332 Sterling Hwy, Soldotna, AK
(907) 420-0645

Subway

Restaurant
10096 Kenai Spur Hwy, Kenai, AK
(907) 335-0160

Taco Bell

Fast Food
43845 Sterling Hwy, Soldotna, AK
(907) 260-3555

Grocery Stores

Save-U-More

Grocery Store, Supermarket - Open
43531 Kalifornsky Beach Rd, Soldotna, AK
(907) 262-4245

Fred Meyer

Supermarket
43843 Sterling Hwy, Soldotna, AK
(907) 260-2200

Safeway

Supermarket and Pharmacy
44428 Sterling Hwy, Soldotna, AK
(907) 714-5460

Three Bears

Supermarket
10575 Kenai Spur Hwy., Kenai, AK
(907) 283-6577

Walmart

Supercenter
10096 Kenai Spur Hwy., Kenai, AK
(907) 395-0971

Safeway

Supermarket and Pharmacy
10576 Kenai Spur Hwy., Kenai, AK
(907) 283-6300

Country Foods IGA

Supermarket
140 S. Willow St., Kenai, AK
(907) 283-4834

Exercise Opportunities

Outdoor Opportunities to Walk, Run, Bike and Hike in the summer and in the winter some trails offer opportunities to XC ski and snowshoe.

Outside Running, Trails & Hikes

- **High School Tracks** Kenai • Skyview • Soldotna
- **Nikiski High School and Recreation Center:** Track available for walking in summer and ski trails are groomed for classic and skate skiing in the winter.
- **Centennial Campground Loop Trail:** A 1-mile easy trail for most people.
- **Tsalteshi Trails:** Trails are open to all kinds of foot-powered recreation - walking, running, hiking, biking, photo-shoots, wildlife watching and berry-picking. In the winter, the trails are groomed for classic and skate skiing. There are over 25 kilometers (15 miles) of trails groomed for cross-country skiing in the winter, interwoven with 10 kilometers of single-track winter bike trails. Visit www.tsalteshi.org
- **Kenai National Wildlife Refuge/Ski Hill Road Trail:** The Ski Hill Road trail is a wide, multi-use trail which is popular with locals and a fun hike for everyone. The ADA-compliant trail winds through boreal forest, and it's the only headquarters trail open to dogs and bicycles. You can even get your pup certified as a B.A.R.K. Ranger, meant to strengthen the relationship with your dog on federal public lands, distance 3 miles. In winter, Refuge Ski trail at Headquarters Lake provides 10 miles of groomed trails for XC skiing and snow shoeing. Nearby Arc Lake provides an opportunity for water sports in the summer and in winter skiing and ice skating. Trails connect the parking area to adjacent trail systems in the Kenai National Wildlife Refuge and Tsalteshi Trail system. Contact the Kenai National Wildlife Refuge Visitor Center for more information 907-260-2820 or visit <http://kenai.fws.gov>
- **Old Town Kenai:** Several historic sites can be visited, maps are available at the Kenai Visitors Center for a self-guided tour. <https://www.kenai.city/community/page/old-town>
- **East End Trail, behind Oiler Park:** .93-miles dirt trails, 18 hole Disc Golf, jogging, birding, walking, biking, snow shoeing.
- **Kenai Golf Course:** Groomed ski trails for classic and skate skiing, skijoring is allowed - dogs must be kept on leash at all times.
- **Unity Trail:** 23-mile loop from Kenai to Soldotna via Kenai Spur Hwy and K-Beach Road- walk, jog, bike, rollerblade, roller ski, skateboard, non-motorized use only.
- **Rotary Park:** Located near the Soldotna Municipal Airport, there is a small parking area at the head of the three-quarter mile maintained trail that leads to the river. The trail is handicap accessible with assistance. 800-plus feet of elevated board-walks, and fish walks.
- **Soldotna Creek Park:** Includes 2,300 feet of riverfront boardwalk and 12 sets of river access stairs. There's also over 300 feet of wide trail & ramp that is accessible for users of all abilities leading directly to the mouth of Soldotna Creek. The park hosts many events every year such as the award-winning Frozen River Fest, Kenai River Festival, and the popular summer Wednesday Market where you can enjoy an all day public market and the Levitt AMP
- **Arts & Cultural Activities:** <https://www.soldotna.org/visitors/arts-culture-entertainment>
- **3 Friends Dog Park:** An Off-leash dog park featuring a large fenced area with pet exercise equipment. Located at 320 North Aspen Drive in Soldotna.

Continued



Exercise Opportunities *continued*

Golf

- **Kenai Golf Course:** A full service 18 hole course. Visit www.kenaingolfcourse.com for more information.
- **Birch Ridge Golf Course:** A full length 9 hole course. Visit www.birchridgegolf.com for more information.
- **Bird Homestead Golf Course:** A 9 hole, par 37 golf course on over 60 acres alongside the Kenai River. Visit www.funnyrivergolf.com for more information.

Disc Golf

- **Kenai Eagle:** Lawton, off Tinker Lane behind Oiler Park/East End Park
- **Soldotna:** 18 hole course at Tsalteshi Trails (Skyview Middle School) on the Squirrel Loop
- **Nikiski:** 18 hole course at the Nikiski Community Recreation Center

Swimming

- **Kenai High School Pool:** Lap and open swim, masters swim (907)283-7476
- **Nikiski Recreation Center Pool:** Lap and open swim, masters swim, water aerobics, hot tub, waterslide (907)776-8472

- **Skyview Middle School Pool:** Lap and open swim, masters swim, water aerobics (907)262-3905
- **Soldotna High School Pool:** Lap and open swim, water aerobics (907)262-7419

Gym and Fitness Clubs

- **All American Training Center:** www.allamericantc.com
- **Anytime Fitness:** www.anytimefitness.com/gyms/3895/Soldotna-AK-99669
- **The Fitness Place:** www.thefitnessplace.net
- **Crossfit Kainos:** <https://crossfitkainos.com/>
35257 Kenai Spur Hwy, Track Your Package: 1ZA228040299440523
Soldotna, AK 99669
- **Iron Asylum:** 35165 KB Dr Suite A, Soldotna (AK), 99669 (907) 953-4720

Beach Walking

- **K-Beach Road to Cannery Road,** look for signs -dog friendly
- **Kenai:** Spruce Street has beach access -dog friendly (except metal stairway to beach)
- **Captain Cook State Park:** 25 miles north of Kenai -dog friendly

Yoga

- **Yoga Sol** (907)260-3801 www.yogasolalaska.com
- **Tides Yoga Studio** (907)252-9506 www.tidesyogastudio.com
- **Yoga Yurt** (907)202-6852 www.mindbodyonline.com

Community Centers

- **Kenai Recreation/Teen Center:** City League basketball, volleyball, wallyball, racquetball, weight room, teen center, tot time, home school gym, senior dancing, Zumba. Visit www.bgckp.com/kenai-rec-center/
- **Dena'ina Health Clinic:** Features a gym, classroom space and wellness kitchen. Alaska Native and American Indian people have access to all programs, while programs that receive state funding - primarily behavioral health - are open to the entire community. www.kenaitze.org
- **Soldotna Regional Sports Complex:** Ice skating, racquetball, wallyball and indoor walking (free walking for seniors) www.soldotna.org/departments/parks-and-recreation/regional-sportscomplex
- **Sterling Community Center:** A full-court gym, a multi-purpose room with a library. www.sterlingcommunitycenter.com

Community Contacts

Utility Providers

Electric Utility Company

Homer Electric Association, Inc (HEA)
280 Airport Way
Kenai, AK 99611
(907) 283-5831
www.homerelectric.com

Natural Gas Company

Enstar National Gas Company
36225 Kenai Spur Hwy
Soldotna, AK 96669
(907) 262-9334
Toll Free: 1-877-907-9767

Bulk Fuel Oil Delivery

Alaska Oil Sales
43442 Kalifornsky Beach Rd
Soldotna, AK 99669
(907)262-2250

Doyles Fuel Services

14223 Kenai Spur Hwy
Kenai, AK 99611
(907)283-4289
www.doylesfuelservice.com

Landline, Home Internet

Alaska Communication

Residential Contact 800-808-8083
customercare@acsalaska.com

Cable Television, Internet Access, Wireless And Cellular Service

GCI

44661 Sterling Hwy
Soldotna, AK 99669
(907)262-3266
www.qci.com

AT&T

Offices in Soldotna and Kenai
Soldotna - 35551 Kenai Spur Hwy
(907) 931-3732
<https://www.att.com/stores/alaska/soldotna/199127>

AT&T

Kenai - 10672 Kenai Spur Why Suite 101
(907)335-1433
<https://www.att.com/stores/alaska/kenai/122223>

Cricket Wireless

44096 Sterling Hwy Ste G
Soldotna, AK 99669
(907) 917-2128
<https://www.cricketwireless.com/stores/11/US/AK/Soldotna/44096>

Community Contacts *continued*

Banks & Credit Unions

Wells Fargo Bank-

Branches Soldotna and Kenai

Soldotna - 44552 Sterling Hwy
(907) 262-4435

Kenai - 11216 Kenai Spur Hwy
(907) 283-7581
<https://www.wellsfargo.com>

First National Bank of Alaska

Branches in Soldotna and Kenai

Soldotna - 44501 Sterling Hwy
(907) 260-6000

First National Bank of Alaska

Kenai - 11408 Kenai Spur Hwy
(907) 283-6800
<https://www.fnbalaska.com>

Key Bank

Branches in Soldotna and Kenai

Soldotna - 44260 Sterling Hwy
(844) 433-2071

Key Bank

Kenai - 801 Frontage Rd
(844) 433-2072
<http://www.key.com>

Alaska USA Federal Credit Union

Branches in Soldotna and Kenai

Soldotna - 43874 Sterling Hwy Ste 100

Kenai - 230 Bidarka Street
(800) 525-9094
<https://www.alaskausa.org>

Credit Union 1

44758 Sterling Hwy, Ste E
Soldotna, AK 99669
(800) 478-2222

Drivers License/ Motor Vehicles Registration

Department of Motor Vehicles

43335 Kalifornsky Beach Rd #9
Soldotna, AK 99669

(907) 269-5551
Online Services:
<http://doa.alaska.gov/dmv/>

AK Express Tags & Titles & Registration

35403 Kenai Spur Hwy
Soldotna, AK 99669
(907) 256-9501

Refuse

KPB Soldotna Landfill

46915 Sterling Hwy
Soldotna, AK 99669
(907)262-9423
<https://www.kpb.us/swd-waste/swd-locations/158-swd-centrallandfill>

Alaska Waste-Soldotna

47323 Merrywood Av
Soldotna, AK 99669
(907)283-9390
<https://alaskawaste.net/service-areas/soldotna>

Post Office

Soldotna Post Office

175 N Binkley Street
(907)262-4760

Kenai Post Office

140 Bidarka Street
(907) 283-7771

Religious Services

www.churchfinder.com
This website can help you find Christian churches in Soldotna.

Colleges

Kenai Peninsula College

<https://kpc.alaska.edu/>

Alaska Christian College

<https://alaskacc.edu/>

Frequently Asked Questions

Are there Job Opportunities for Spouses? (*other than the hospital*)

The Kenai Peninsula is a popular recreation area. Seasonal work in tourism or seafood processing may be available. However, long term positions are also available in education, healthcare, and the service industries. A great deal of information can be found by visiting the Alaska Department of Labor and Workforce Development, which includes quick links to the Alaska Jobs website and local Job Centers. The website can be found at [https://labor.alaska.gov/esd alaska jobs/ak over.htm](https://labor.alaska.gov/esd%20alaska%20jobs/ak%20over.htm)

What opportunities are there to volunteer in the community?

Volunteering is a great way to meet new people, especially if you are new to a community. There are many volunteering opportunities in our community, here are just a few:

- Central Peninsula Hospital - Staff can volunteer in the organization by joining the CPH Auxiliary
- Kenai Peninsula Food Bank
- Kenai Senior Center
- Find other volunteer opportunities by visiting <https://www.volunteermatch.org>

What's the average Cost of Living- Food, Fuel, Housing?

(Source: 247wallst.com)

The cost of living in Soldotna is lower than the national average and most cities in the state. While some areas can be higher than others on a state and federal level, the overall average of housing costs, utilities, grocery items, transportation, health care, and miscellaneous goods and services are less expensive.

The average mortgage is \$1280 per month (based on a median home valued at \$211,000). The typical renter in Soldotna spends \$999 a month.

In Soldotna, a single adult spends an average of \$3,405 on food annually, and a family of four spends \$9,600 on average. These estimates are calculated for a nutritionally adequate diet of food purchased at a grocery store for at-home preparation.

Continued

Frequently Asked Questions *continued*

Continued

Transportation can also be a significant component of cost of living. The average commute in Soldotna is 14.5 minutes long, compared to the 26.6-minute average commute nationwide. Taking into account the cost of gas, as well as public transit and car maintenance, the EPI estimates that a single person in Soldotna spends \$11,437 a year on transportation, more than the national average of \$9,760.

What is the average amount of State or local taxes?

Alaska is one of only nine states with no income tax. While an individual's tax liability is inexpensive due to no state tax and the low sales tax rate (averaging at 1.76 percent), there are other ways the state collects taxes. It charges a gas tax rate of 14.35 cents per gallon, which is the cheapest in the nation.

Alaska residents also pay a \$2.00 cigarette tax (dollars per 20-pack).

Residents are also eligible to participate in the Alaska Permanent Fund (PFD) which was created in 1976.

It is a dividend paid to Alaska residents who have lived within the state for a full calendar year (Jan 1 - Dec 31), and intend to remain an Alaska resident indefinitely. The amount of each payment is based upon a five-year average of the Permanent Fund's performance and varies widely depending on the stock market and many other factors. See [www.https://pfd.alaska.gov](https://pfd.alaska.gov) for more information.

Are there any moving companies to help in relocating?

Royal Alaskan Movers

<https://www.royalalaskanmovers.com>

World Wide Movers

<https://world-widemovers.com/moving-to-alaska/>

Alaska Car Transport

www.alaskacartransport.com (907) 331-3100

Alaska Marine Lines

www.lyden.com/aml/ (800)326-8346

Can I get my relocation money prior to moving there?

Currently CPH policy does not allow for providing relocation monies to be paid prior to the arrival of the new employee.

What is available for my children to do in the community? Summers, after school

- Central Peninsula Sports Center provides an ice rink, racquetball courts and weight room
- Jumpin' Junction on Kalifornsky Beach Road offers an inflatable playground and mini-golf
- Theaters in Kenai and Soldotna
- Boys and Girls Clubs of the Kenai Peninsula offers after school and summer programs for kids Programs in Soldotna, (907) 260-7085 and Kenai (907) 283-2682
- Reading programs offered for different ages at both the Soldotna and Kenai libraries
- The Sterling Community Center has Open Gym times, snacks, a library, public computers, foosball, ping pong, and other games. There are more summer activities and events planned, so check out the calendar at sterlingcommunityclub.com, or Facebook "Sterling Community Center" for updates. For more information, call the Sterling Community Center at 262-7224, or e-mail sterlingcommunityclub@live.com
- Little League Baseball and Softball

Where is the best place to go fishing?

Soldotna offers anglers access to some great fishing spots - the Kenai River, The Russian River, and the Kasilof River are only a few places and they offer a variety of fishing. Check out www.alaska.org/guide/kenai-soldotna-fishing-spots for a list of more fishing spots.

All residents age 18 or older and nonresidents age 16 or older must purchase and possess a sport fishing license to participate in Alaska sport and personal use fisheries. In addition, a king salmon stamp is required to fish for king salmon (except king salmon in stocked lakes). These laws apply in both fresh and marine waters. Sport fish licenses and king salmon stamps may be purchased online, at most sporting goods stores, and at Fish and Game offices. See <https://www.adfg.alaska.gov/index.cfm?adfg=sportlicense.main> for more information.

*Looking for more things to do? Check out the information in the **Exercise Opportunities** page 17-18 for more ideas.*

Quick Reference Maps



We know that there are a lot of map resources out there to find your way around a new community. An overview of the community in which we work in as medical professionals can sometimes be helpful as you get situated. Many locals can refer to a store or location as “go towards the river” or “away from the river” or “towards the mountains” and so on. Don’t hesitate to get them to explain the directions a little more, we’ve all been the new person in town at some point.

