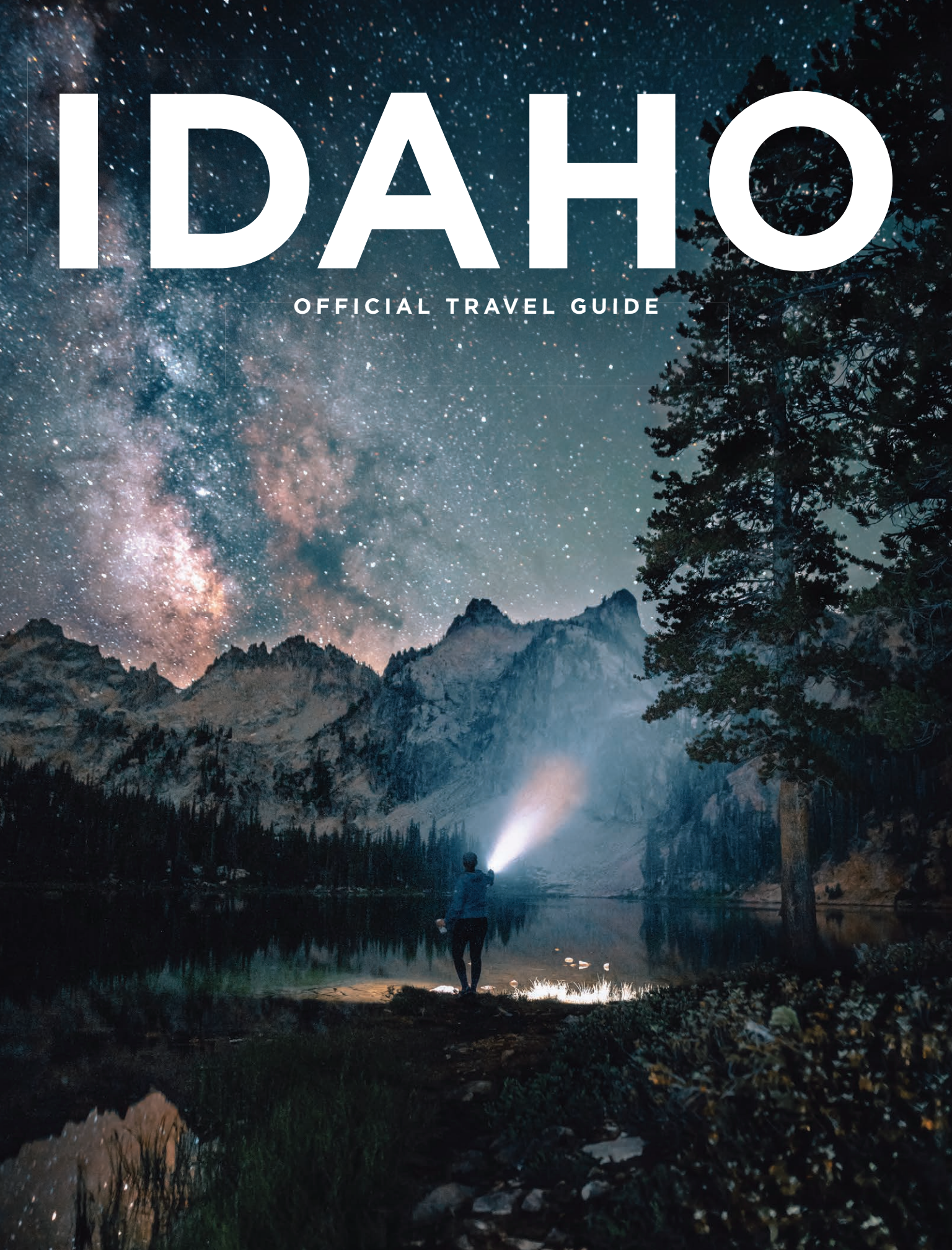
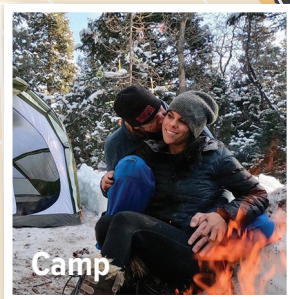
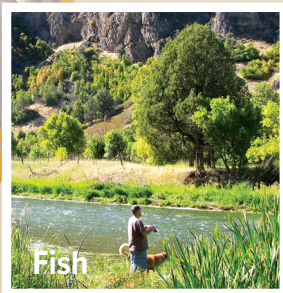
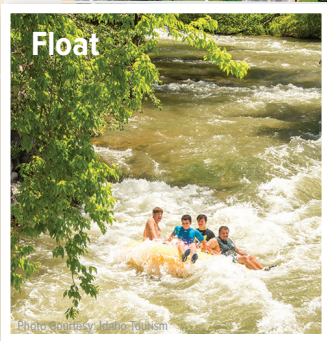


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Dear Traveler,

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Idaho is a globally recognized outdoor recreation destination thanks to our welcoming communities, stunning mountain peaks, epic river gorges, thundering whitewater rapids, pristine lakes and expansive wilderness areas.

In recent years, award-winning wineries, breweries, restaurants, art, culture and festivals have created exciting and unexpected reasons to explore communities across our state.

As a lifelong Idaho resident, I have visited all corners of our diverse state, and still find myself discovering new places to explore. Whether you spend a day rafting on the river, skiing fresh powder, or relaxing in a mountain hot spring, a vacation in Idaho is truly an unmatched adventure!

Beyond our outdoor adventures, you will find my fellow Idahoans' friendliness, helpfulness and hospitality spirit are second to none.

If this is your first visit to our beautiful state, we are thrilled to introduce you to your first Idaho adventure. If you visited us before, welcome back—we are always happy to see old friends again.

Please enjoy your explorations through our great state!

Sincerely,

Governor Brad Little



**Idaho Department of Commerce
Tourism Development**

**700 W. State St.
P.O. Box 83720
Boise, ID 83720-0093
208-334-2470**

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BRUNEAU-JARBIDGE RIVERS WILDERNESS AREA, NEAR MURPHY HOT SPRINGS
PHOTO CREDIT: JOHN WEBSTER

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ON THE COVER

View of the night sky in the Sawtooth Mountains from Alice Lake

Photo by: Sam Brockway
@samwbrockway

Several of the features in this guide contain QR codes that link to related inspirational stories and helpful tips on [visitidaho.org](https://www.visitidaho.org). To scan a code, open the camera app on your smartphone and hold it over the square. If your phone doesn't automatically scan this way, you can download a QR code reader app.



Visit Nampa

It's not you, it's us.

Don't get the wrong idea. We're not saying that we don't want to hang out—because we do—but we should probably see other people too. We love spending time with you—tasting 750ml of Idaho-grown grapes turned into wine, watching eight seconds of bull riding strength and power, jamming to live music and getting up close and personal with a California Condor. We even loved a little water-skiing and filling your senses with amazing Hispanic culture and food.

Some of our greatest days started in one of our small-town coffee shops, followed by a lingering drive along Lake Lowell, where we stopped, dipped our toes in the water and felt refreshed. We wandered a little further to the Snake River Valley, taking in the wonder of this majestic site. Our thirst for wine is met ahead in the Sunnyslope area featuring acres of grapes and winemakers who are ready to share their creations by the glass. Afterward, we returned downtown to visit the picturesque train station, followed by a walk and some world-class dining in a small-town atmosphere.

Of course—you are welcome to visit anytime you want—and we encourage it. It's simply that we've got a lot to offer—and with so many other people out there that want to spend time with us—it doesn't make sense to keep this relationship exclusive. So, what do you say we keep it casual and keep having fun?

No commitment, just long-term memories. Nampa will be waiting.

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Next Stop, Idaho!

**YOU'VE
ANSWERED
THE CALL OF
ADVENTURE.**

**NOW, HOW WILL
YOU GET HERE?**



No matter your preferred mode of transportation, traveling to, through and in Idaho is anything but a hassle. Fly into any of the following airports: Boise (BOI), Twin Falls (TWF), Pocatello (PIH), Sun Valley (SUN), Idaho Falls (IDA), Lewiston (LWS), Pullman, Washington (PUW) or Spokane, Washington (GEG)—just 30 minutes from the Idaho-Washington border.

Here are some interesting stops and side trips to explore on your way to some of Idaho's major cities.



Keep Your Idaho Adventure on Track

Find up-to-date travel information including road conditions, detours and closures at 511.idaho.gov or download the free app.








Spokane, WA to Coeur d'Alene

 **I-90 E**

LENGTH: 33 MILES
TIME: 38 MINUTES

Stop and See:

-  Corbin Park
-  Falls Park
-  Lake Coeur d'Alene
-  Q'emiln Park
-  Tubbs Hill

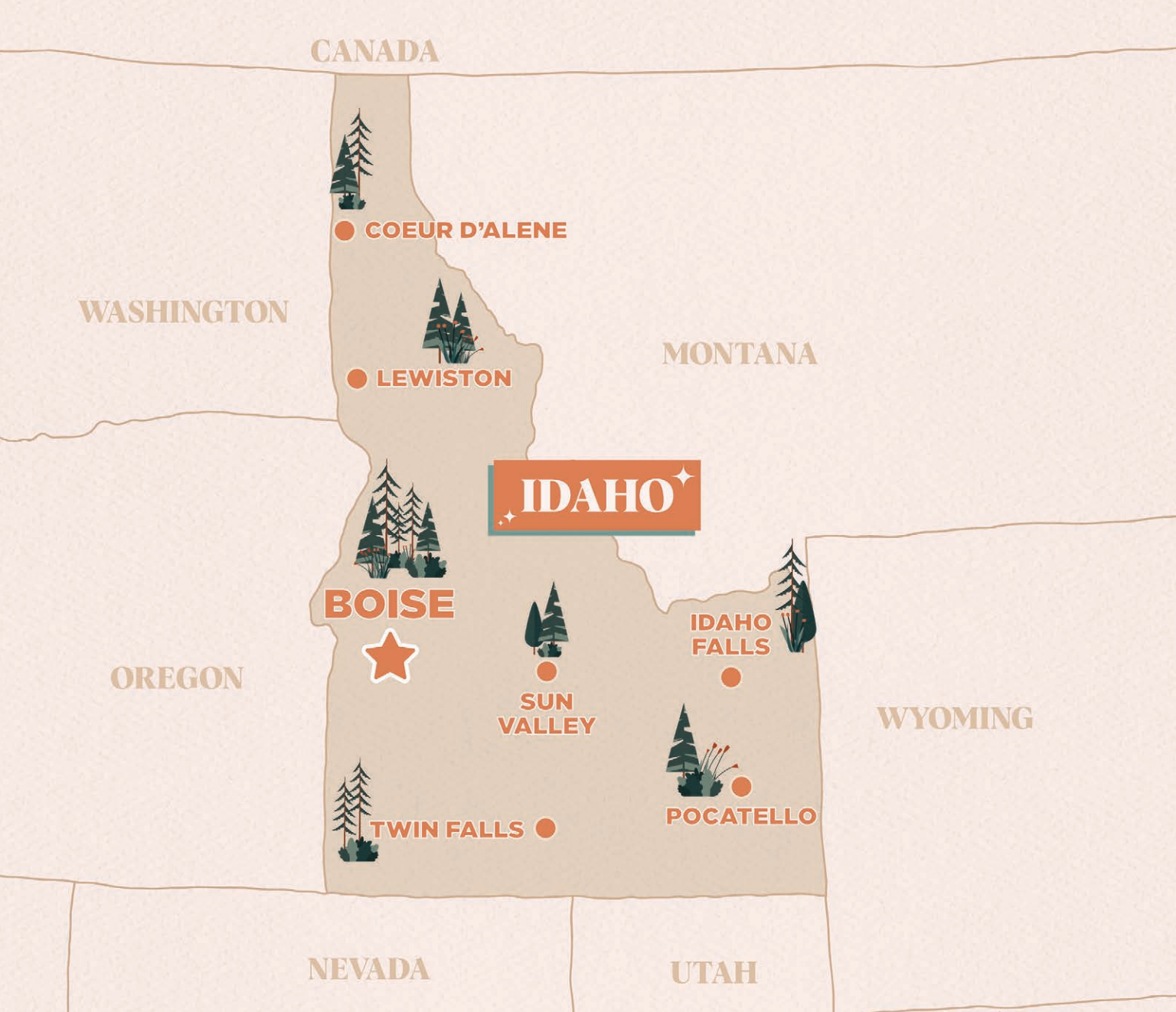
Missoula, MT to Coeur d'Alene

 **I-90 W**

LENGTH: 165 MILES
TIME: 2 HOURS, 33 MINUTES

Stop and See:

-  Coeur d'Alene's Old Mission State Park
-  Route of the Hiawatha
-  Silver Mountain Resort
-  Trail of the Coeur d'Alenes
-  Historic Wallace



Portland, OR to Boise



I-84 E

LENGTH: 431 MILES

TIME: 6 HOURS, 37 MINUTES



Stop and See:



Celebration Park



Deer Flat National Wildlife Refuge



Indian Creek Plaza



Sunnyslope Wine Trail



Boise River Greenbelt



Salt Lake City, UT to Twin Falls



I-15 N and I-84 W

LENGTH: 219 MILES

TIME: 3 HOURS, 25 MINUTES



Stop and See:



Dierkes Lake



Minidoka National Historic Site



Perrine Bridge



Shoshone Falls



Lake Walcott State Park

A full-page photograph of two motorcyclists riding on a paved road that stretches into the distance. The road is flanked by green fields and a wooden fence. In the background, there are rolling hills and mountains under a bright blue sky with scattered white clouds. The motorcyclist in the foreground is wearing a white helmet and a dark jacket, riding a dark motorcycle with its headlights on. The second motorcyclist is further down the road, also wearing a white helmet and riding a similar motorcycle. The overall scene is bright and scenic, capturing the essence of a motorcycle trip in a beautiful landscape.

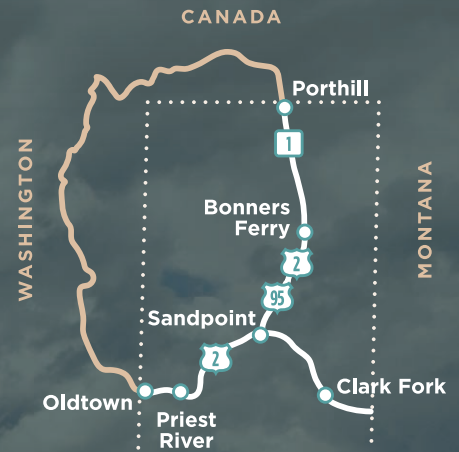
THE CALL OF THE OPEN ROAD

CRUISE IDAHO'S SCENIC
BYWAYS WITH THESE FOUR
FANTASTIC MOTORCYCLE TRIPS

BY GARY McKECHNIE

TETON SCENIC BYWAY, NEAR SWAN VALLEY

Exploring Idaho's 31 scenic byways from the seat of a motorcycle allows you to become a part of these roads that weave through mountains, plains, rivers and valleys. Answer the call of adventure and experience these four rides of discovery.



ADVENTURES IN NORTHERN IDAHO

The **International Selkirk Loop** ranks among the Northern Rockies' top motorcycle rides. The 280-mile route runs from northern Idaho and into British Columbia before sweeping back through Washington state into Idaho. Unlike other trips with dramatic vistas and demanding S-curves, the 90+ miles in Idaho are smooth and easy, while delivering a pleasing succession of small towns, broad lakes and glacial valleys.

Starting on the southern leg of the Selkirk Loop in Oldtown, Idaho, the **Panhandle Historic Rivers Passage** places you on the north bank of the Pend Oreille River. Between Oldtown and Sandpoint, the land along U.S. Highway 2 is low, flat and sprinkled with serene views of local farms and surrounding forests. The river itself can be accessed from side roads as well as convenient recreational areas at Priest River and Riley Creek, each of which offer camping, swimming, hiking, fishing and picnic areas.

Nestled between three mountain ranges, the town of Sandpoint is

anchored by picturesque Lake Pend Oreille, Idaho's largest lake. From here, head east via State Highway 200, otherwise known as the **Pend Oreille Scenic Byway**. This motorcycle-friendly, two-lane road boasts water views and landscapes so stunning, you might find yourself in Montana before you know it. To stay on your Idaho route, stick with the Selkirk Loop from the northwest shore of the lake via the **Wild Horse Trail Scenic Byway**.

The byway leads straight to Bonners Ferry along the western edge of the **Kaniksu National Forest**. Crossing the Kootenai River at Bonners Ferry, you may get the feeling you've entered a new stage of the journey as the landscape subtly transforms into backcountry. Enjoy the 15 miles of free-range riding before State Highway 1 splits left from U.S. Highway 95 for the final stretch to the Canadian border.

GO WITH THE (RIVER) FLOW

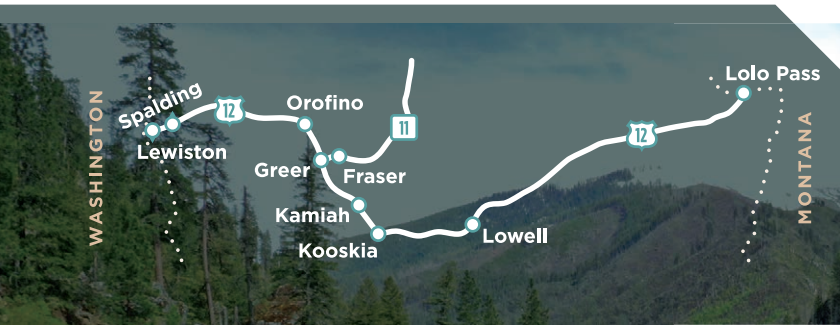
At 202 miles, the **Northwest Passage Scenic Byway** is the longest of Idaho's designated routes and roughly mirrors the path taken by Meriwether Lewis and William Clark in 1805. Follow in the explorers' footsteps by taking U.S. Highway 12 west from the Montana border at Lolo Pass, through the **Nez Perce-Clearwater National Forest** and into Lewiston.

The road dives straight into the majestic countryside, following the twists and turns of the Lochsa, Middle

Fork of the Clearwater and Selway rivers. The pavement tracks the rolling and winding current all the way to Kooskia—an essential pit stop, where the road switches to the opposite side of the Clearwater River.

If you're ready for some European-style riding—highlighted by a seven-mile series of twists, turns, sweeps and switchbacks—head farther north and hang a right onto State Highway 11 near Greer. To get back to the byway, make a U-turn at Fraser.

Continuing on Highway 12, the road is bordered by shimmering waterways and accented by pine trees and low hills. You'll find the absence of billboards, strip malls and traffic refreshing—and an undeniable affirmation of your decision to own a motorcycle. It's a tranquil 30 miles to Orofino, which continues unimpeded to Ahsaka, Lenore, Myrtle and Spalding—home of the **Nez Perce National Historical Park Visitor Center**—before the final flow of the Clearwater slips into the Snake River at Lewiston.



NORTHWEST PASSAGE SCENIC BYWAY, NEAR SYRINGA



MESA FALLS SCENIC BYWAY, NEAR ASHTON

CARIBBEAN-LIKE ESCAPES & WONDROUS WATERFALLS

The **Oregon Trail-Bear Lake Scenic Byway** (U.S. Highway 89) begins at Bear Lake—known as “the Caribbean of the Rockies” for its turquoise waters—and extends 110 miles to McCammon. Along the way, you’ll come across the marvelous **Minnetonka Cave** and the ornate **Paris Tabernacle**, built in 1874. In Montpelier, stop and explore the **National California-Oregon Trail Center** before merging onto U.S. Highway 30, where you’ll come across weathered barns and a historic mercantile.

At the junction of U.S. Highway 30 and State Highway 34 in Soda Springs, you’ll find the world’s only captive geyser, which shoots a plume of water 100 feet into the sky every

hour. The town also directs you north on the **Pioneer Historic Byway**, a route once favored by settlers.

The road continues into Wyoming before swinging back through Swan Valley along the **Teton Scenic Byway** (State Highway 31), which is filled with stretches of solitude. As you approach the town of Victor on State Highway 33, your spirits will rise like the Grand Teton Mountains ascending to the east.

Farmland fills the horizons on the linear roads (State Highways 32 and 33) that take you past Driggs and Tetonia before introducing you to the **Mesa Falls Scenic Byway** at the junction of U.S. Highway 20 and State Highway 47. This is where the low-mileage, highly scenic half loop

launches into a meandering path with the inspiring sight of **Upper and Lower Mesa Falls**. While you’re here, stop by the interpretive center to learn about the region’s geology and history.

Where State Highway 47 reconnects with U.S. Highway 20, it’s a 10-minute ride to access the northernmost segment of the **Fort Henry Historic Byway**. The Kilgore-Yale Road is narrow and remote, providing a heightened level of serenity. Although you won’t be riding the entire length of the byway on this journey, your consolation prize is a quick jog to Idmon Road, where you’ll find the entrance to the **Lost Gold Trails Loop**—a route once used by miners heading to Montana.

FANTASTIC FORESTS & LUNAR LANDSCAPES

The **Ponderosa Pine Scenic Byway** (State Highway 21) is a curiously twisting and challenging road that will lift you to 7,056 feet at Banner Summit before descending into Stanley. Planted at the foot of the Sawtooth Mountains, Stanley neighbors the **Salmon-Challis National Forest**, which is the gateway to the **Frank Church–River of No Return Wilderness Area**.

This is where the baton is passed to the **Sawtooth Scenic Byway**, which descends one of the most photoworthy roads (State Highway 75) you'll ride on your Idaho excursion. Surrounded by the spruce, aspen and ponderosa pines of the **Sawtooth National**

Recreation Area, the road through the Sawtooth Valley rises to the level of the landscape with steep ascents, jigsaw ridges and twisted corners that reach their peak at 8,701-foot Galena Pass. Take a minute, or an hour, to appreciate the views around you.

South of Hailey comes Bellevue, where Gannet Road provides a shortcut to U.S. Highway 20 and the **Peaks to Craters Scenic Byway**. True to

its name, the highlight of this road is **Craters of the Moon National Monument & Preserve** near Arco, where you can pretend your steed is a lunar rover. Over the course of several thousand years, a parallel line of fissures erupted through volcanic buttes and cones to spread a flow of lava over the land. This unique, moonlike landscape offers plenty of opportunities for adventure, including an underground world of lava tubes, hiking trails and more.

With Idaho being home to the most scenic byways in the country, these are just a few of the routes awaiting your next road trip adventure.



**GARY
MCKECHNIE**

McKechnie is a two-time National Geographic author, two-time winner of the Lowell Thomas Travel Journalism Award and author of America's best-selling motorcycle guidebook—Great American Motorcycle Tours. He's written hundreds of travel features on two-wheel travel and, as a public speaker, based his presentation "Shifting Gears" on his experiences as a moto journalist. Learn more at garymckechnie.com.

CRATERS OF THE MOON NATIONAL MONUMENT & PRESERVE, NEAR ARCO

Scenic Views

READY TO HIT THE ROAD?

Find additional details on Idaho's 31 scenic byways at visitidaho.org/scenic-byways or preview these amazing routes on Visit Idaho's YouTube channel.

WASHINGTON

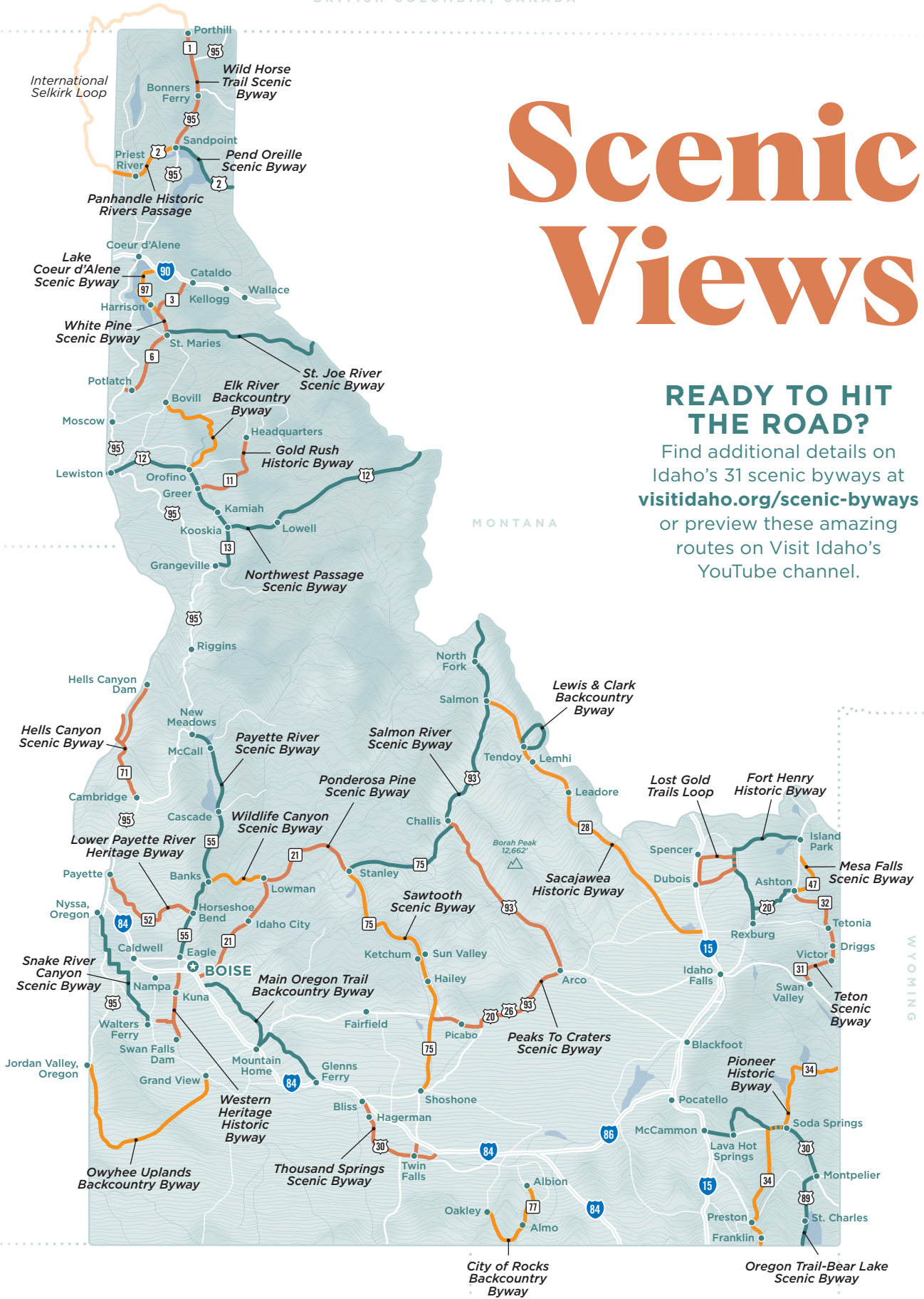
MONTANA

OREGON

WYOMING

NEVADA

UTAH



the Mackay Mine Hill Tour

UNEARTH IDAHO'S
RICH MINING HISTORY
ON THIS SELF-GUIDED
OFF-ROAD TOUR

BY AMERAN LINK



WHITE KNOB HISTORIC MINING SITE, MACKAY



In the city of Mackay, it's clear you're in the ATV capital of Idaho. The small central Idaho town allows an uncommon convenience: All-terrain vehicles (ATV), side-by-side vehicles (SSV), utility task vehicles (UTV) and recreational off-highway vehicles (ROV) are welcome on any city street.

From the heart of this scenic community, you can travel in nearly any direction and access hundreds of miles of trails—each with its own unique offerings and challenges. One such place is the Mackay Mine Hill Tour—a self-guided ride through the extraordinary Lost River Range. The rich mining history of Mackay Hill, which operated from 1884 into the 1980s and produced nearly a million tons of gold, silver and copper ore, will delight visitors ready for a day of off-roading adventures.

MUST-STOP SPOTS

Explore up to 19 interpretive sites and a handful of additional points of interest featuring exceptional views or unique structures. Pick up a trail map at Mackay City Hall to examine the routes and then choose your preferred path. This outing can last a few hours or a full day depending on how many sites you would like to check out and how long you spend walking around.



AERIAL TRAMWAY HEADHOUSE, MACKAY

Bring plenty of water and food, as the historical stops are scattered through the mountains above Mackay and amenities are not available along the trail.

Try to wrap your head around the physics of the gravity-powered **Aerial Tramway** that once delivered buckets of ore along a six-plus-mile cable loop. Built in 1917, almost all 36 of the tramway towers here have fallen, leaving mostly remnants of a once powerful hauling operation. Visitors can also view the **Aerial Tramway Headhouse**, which once served as the loading station for ore transported from the mines to the smelter via tramway.

The **Horseshoe Mine Site** began production in 1916 and featured two major tunnels measuring 875 and 1,225 feet long. By the time operations shut down in 1978, an impressive 3,896,442 pounds of lead and 1,113,821 pounds of zinc—plus additional smaller amounts of copper, silver and gold—had been mined and exported. A small community cropped up around this lucrative site, with the **Taylor Sawmill** opening to provide lumber for the local mines in 1912. Today the sawmill is no longer visible, but a forge, bunkhouse, office building and cook shack still stand—all built with wood from the sawmill next door.

When the Oregon Shortline Railroad expanded its tracks from Blackfoot to Mackay in 1901, it marked the beginning of the **White Knob Townsite**. Most of the mine's workers lived in the town, some with their families. By 1917, White Knob featured many buildings, including a movie house, barbershop, pool hall and telephone service. At its most populous, the town may have held as many as 1,000 residents. The hustle and bustle ended in the mid-1930s when the location was abandoned.

Farther down the railroad line, the White Knob Mining Company arranged the construction of the **Shay Railroad Trestle** as a part of the electric railroad system that carried ore and supplies from the mines to the smelter. This



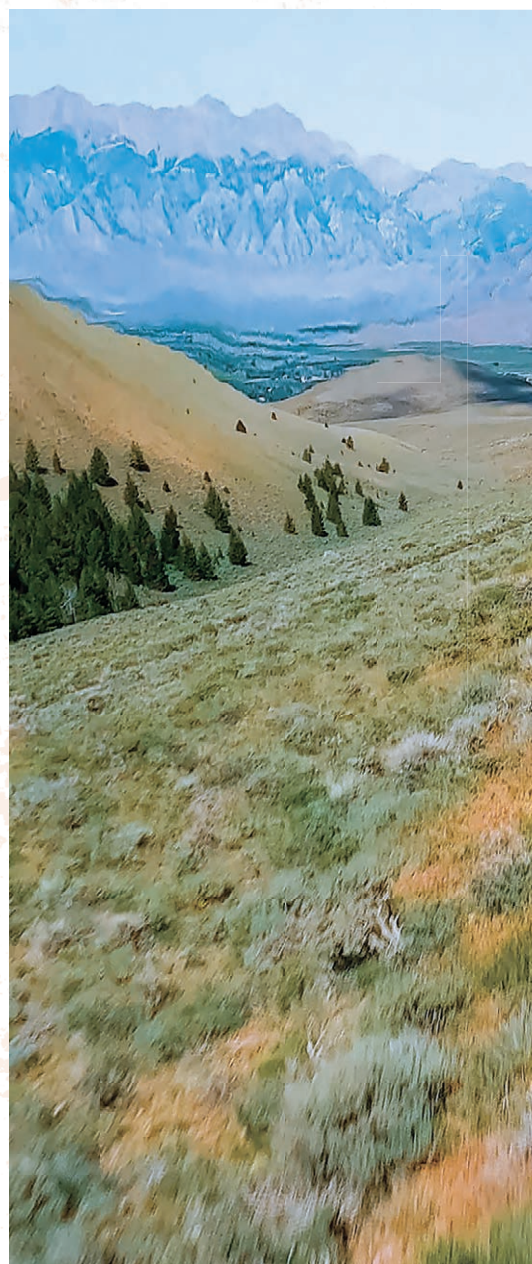
AERIAL TRAMWAY TOWERS, MACKAY

system was in place until 1918, when the aerial tramway took charge of the delivery needs. After its retirement, the trestle became a popular tourist attraction. The original trestle was condemned in 1998, but in 2002 it was fully rebuilt to its former glory. The path to access this stop is restricted to off-road vehicles less than 50 inches wide. On the trail, it's easy to grasp why: a single-lane route with two-way traffic and no turnouts begs caution.

Some of the historical sites on the Mackay Mine Hill Tour are on private property. Please be respectful, pay attention to signage and do not trespass. Leave anything you find at each site where you found it to ensure future visitors enjoy a similar experience.



MACKAY MINE HILL TOUR SIGNAGE, MACKAY





SIGNAGE FOR THE HORSESHOE MINE SITE AND TAYLOR SAWMILL, MACKAY

BEFORE HITTING THE TRAIL

When planning any OHV excursion, it's helpful to check with the local U.S. Forest Service office (in Mackay's case, the Lost River Ranger District) to be aware of any important alerts in the area.

Note: Active mining sites still exist in the area, and there is no guarantee that all sites will be open to the public during your visit.

"All riders should simply be good stewards and leave a positive impression of off-highway vehicles, even for those who don't care for them," shares Rich Gummersall, OHV Education Coordinator for Idaho State Parks and Recreation. This may sound daunting, but engaging respectfully with the area where you are recreating should be straightforward and rewarding.

The State of Idaho requires non-residents to purchase a non-resident OHV sticker. The stickers are available online through Idaho Parks and Recreation. Fees collected from residents and non-residents for OHV registration are used to fund trail maintenance, education and other positive investments in the future of equitable off-roading in Idaho.

All OHV riders should wear an approved helmet at all times when riding their vehicle, regardless of their age or experience level. In Idaho, a helmet is mandatory for all riders (operators and passengers) under the age of 18. Helmets must have at least a "DOT-certified" safety rating for motorized use.

Cellular reception in Idaho's wilderness and rural areas can be spotty, so be ready to operate fully offline.

Prior to your adventure, check that you have all the necessary gear, notify others of your plans and confirm the weather forecast is still appropriate for your trip.



MACKAY MINE HILL TOUR, MACKAY



GRAVEL UNRAVELED

CRUSH IDAHO'S UNPAVED ROUTES, HANDPICKED BY A HALL OF FAME CYCLIST

WORDS BY LORI CURRIE

BAKER CREEK AREA, NEAR KETCHUM

The popularity of gravel biking in Idaho has exploded in recent years and with good reason: some 40,000 miles of gravel and two-track roads trace the state.

Broadly defined as any terrain between the steep, rocky inclines of mountain biking and the smooth asphalt of road biking, gravel biking is a perfect hybrid of the two. Those who participate in the activity are typically rewarded with gorgeous scenery, pleasant yet challenging conditions and almost no cars.

With rivers, mountains and farmland dominating the state's landscape, Idaho's topography makes it an unrivaled gravel riding destination, enticing riders with expansive views, loamy singletrack and seemingly endless downhills. Idaho's Panhandle boasts emerald green hillsides, timbered mountains and pristine lakes. The Snake River Plain in southern Idaho contains wide-open vistas and irrigated farm lands, featuring vast valleys of sagebrush and willow-rimmed creeks. The area immediately surrounding Sun Valley (located in central Idaho) offers 400+ miles of premier gravel riding throughout the mountains and canyons in a scenic high desert landscape.

According to gravel biking Hall of Famer and Idahoan Rebecca Rusch, "The past five years have seen an explosion in this cycling category for a few reasons: the human desire for exploration, a lower intimidation factor than mountain biking, a lower vehicle-to-bicycle ratio than road cycling and a plethora of riding options nationwide."

Rusch is a seven-time world champion across multiple sports, earning her the nickname "The Queen of Pain."

"Gravel is special because it is exploratory," Rusch says. "There is this feeling like, 'What's around the next corner? What's over the next hill? Can I go a little farther?'"



BAKER CREEK AREA, NEAR KETCHUM

Idaho's endless miles of remote roads, coupled with breathtaking vistas, are what inspired Rusch in 2013 to create one of the world's largest and most celebrated gravel biking races in Idaho, Rebecca's Private Idaho (RPI). Named "One of the World's 25 Best Bike Rides" by *Outside Magazine*, "One of the Top Five Gravel Cycling Events" by *Global Cycling Network* and a "Monument of Gravel" by *VeloNews*, this Sun Valley event takes place annually over Labor Day weekend and is now a driving force behind the huge surge in gravel biking.

In 2013, gravel biking "wasn't really a thing yet," Rusch says. She wanted to create an inclusive event for folks who weren't seasoned mountain bikers but still wanted to enjoy the rugged landscapes. The terrain surrounding the Wood River Valley boasts some of the most wild and mind-blowing gravel riding in the world, and Rusch wanted to share it.

"I've always wanted people to feel welcome to come ride here," Rusch says. "From year one, that was the mission, whether they were a pro or someone new to cycling, and that hasn't changed."

If you're ready to explore Idaho via gravel bike, here's a list of Rusch's favorite rides in the Sun Valley area.

BEGINNER

The **White Clouds Trails** can be great for short trips or if you want to build up to something longer. The loop is four miles, but there are multiple connectors to other trail systems. The grades of the climbs are generally in the 5-7% range, and the trail tread is quite wide relative to other single-track trails. "White Clouds provides gorgeous views and is approachable for those looking to get more confident riding dirt," Rusch says.



BAKER CREEK AREA, NEAR KETCHUM



CRAVING MORE TWO-WHEELED ADVENTURES?

Explore Idaho's e-bike-friendly destinations.

INTERMEDIATE

The **Galena Summer Trails** has a huge variety of routes from beginner to advanced. There are 47 miles of trails total, so be sure to use a map to plot your ride before getting started. Rusch says, "My favorite way to ride Galena is to start from home in Ketchum, jump on the **Harriman Trail** and ride it all the way to Galena Lodge."

ADVANCED

Osberg Ridge is a sublime, 13.9-mile ribbon of alpine singletrack. Summiting at just under 9,800 feet, Osberg masterfully follows the mountain contours, twisting and turning through meadows, burned forest and past rock faces to offer fantastic views around nearly every corner. While best (and most popularly) traveled from west to east, this trail can be ridden in both directions. "Osberg Ridge is a tough one, but worth the effort," Rusch says. "You are guaranteed



BAKER CREEK AREA, NEAR KETCHUM

stunning colors in the fall and the elevation to see them at their best. Prepare yourself for lots of undulations—manage your energy and snack often. Overall, you're descending. So enjoy the roller coaster ride."

IN SPRING

When the snow melts, the **Greenhorn Trail** is nothing short of spectacular. This route is great for an out-and-back or to use as part of one or more loops that branch off the trail. The Greenhorn Trail crosses through a pleasant patchwork of riparian vegetation and aspen trees before climbing through dense pine and fir forest to a high ridge. The views of the Pioneer Mountains from the top are outstanding. "This is a very demanding trail, but if you time it just right, you can hit the most magnificent field of lupine in every color," Rusch says.

IN FALL

A local favorite, **Chocolate Gulch** is a fun trail that can be done as a loop (5.3 miles, with flowy sections along

the Big Wood River) or connected with other trails in the area for a longer route. "This is a moderate trail with a nice rolling climb and a few steep, rocky sections, but nothing too crazy," Rusch says. At the top, you'll be rewarded with incredible views of fall foliage, the Big Wood River below and the rugged Boulder Mountains in the distance.

"There are so many aspects about Idaho that make it great for riding gravel," Rusch says. "We're fortunate to have access to so much public land—this accessibility allows us to travel far and wide and push our physical limits. Also, the extremely diverse ecoscape lends itself to a unique experience. In just one day, you can move from lush green mountains to high desert to lava field to farmland. Idaho's history is rich from both a geological and an anthropological standpoint. It is a land that tells a story, and there are few things better than experiencing it by bike."



LORI CURRIE

As editor at Sun Valley Magazine, Currie is inspired by the people in her community and the beauty that surrounds them. Originally from Wisconsin, Currie has lived in various outdoor meccas, including Denver and Australia, before settling for good in Ketchum, where she lives with her husband and two sons.

THERE'S MORE TO
Explore
POST FALLS, IDAHO



POST FALLS

Post Falls is the ultimate base camp for outdoor adventure in north Idaho. Located along the Spokane River, within five minutes of I-90, there are endless spaces to explore! The Community Forest provides everything from heart-thumping climbs with jaw-dropping views to scenic trails and snowshoeing in the winter. Experience the Spokane River with its calm waters above the falls, offering seven miles of water-sport escapades: floating, paddleboarding, boating and more. Below the falls, you'll find whitewater fun fit for kayaking enthusiasts. Q'emiln Park boasts the best "finger-tip-friendly" rock climbing in the northwest. This unique climbing destination is unlike any other in Idaho, featuring 140 climbing routes nestled in shaded tree canopies right next to the river. The Q'emiln Walls are suited for all ages and skill levels, from beginning climbers to experts.

After conquering a day in the outdoors, enjoy a celebratory beverage or meal at one of our local award-winning brewpubs, distilleries or restaurants (all of which are family and dog friendly). The excitement doesn't end there! From April through September, the local speedway hosts racing action on Fridays and Saturdays with special events throughout the season. From the moment the races start, you'll be on the edge of your seat.

When it's time to settle in for the night and recharge for your next adventure, Post Falls has accommodations for every budget—from a riverfront resort to RV campgrounds. When you're ready for your next trip to north Idaho, start at the base camp of Post Falls and revitalize your adventuring spirit.

📍 // VisitPostFalls.org

📱 // [@visitpostfalls](https://www.facebook.com/visitpostfalls)

📸 // [@visitpostfalls](https://www.instagram.com/visitpostfalls)



Idaho Invites You to Travel With Care

Helpful tips for recreating responsibly

However you choose to explore our beautiful state, we want you to Travel With Care. This means keeping yourself safe when you're adventuring, listening to your body, welcoming others and protecting and preserving Idaho for generations to come. We want you to experience the Gem State to its fullest—now and in the future.

CARE FOR YOURSELF

One of the most important parts of having a great adventure is staying safe. Before heading out, make sure that you have fueled your body, have dressed appropriately for Idaho's ever-changing weather and have plenty of water. Plan ahead and take the necessary steps to have a good time and stay safe.



CARE FOR OTHERS

Here in Idaho, we want to make sure that our state is a welcoming space for everyone. Saying hello or offering a smile to a stranger can make someone's day. Like many places, staffing shortages can be a challenge in Idaho. So be kind to the employees assisting you and remember, they're doing their best. While you're out on the trail, be respectful to all. Patience and kindness go a long way no matter where you are.

CARE FOR IDAHO

During your visit, we ask that you do your part to preserve Idaho's picture-perfect landscapes. Pack out what you pack in, and leave room in your vehicle to haul away your trash (remember, most Idaho recreation areas don't have garbage services). Encourage your friends to stay on marked trails, and always drown out your campfires. Idaho's beauty should be shared, but in order to share it, we also need to protect it.



For more tips, check out [visitidaho.org/travel-with-care](https://www.visitidaho.org/travel-with-care).

4 Hikes TO Reconnect WITH Nature

UNWIND AND RECHARGE ON AN IDAHO TRAIL

WORDS AND PHOTOS BY **SCOTT MARCHANT**

In these days of Twitter and TikTok, it's easy to forget that the great outdoors is a place where you can unplug from technology. Mother Nature is best experienced by immersing yourself in her domain. John Muir, a renowned naturalist also known as the "Father of the National Parks," may have said it best when speaking to the transformative powers of a walk in the woods, "I only went out for a walk, and finally concluded to stay out till sundown, for going out, I found, was really going in."

One of the best ways to experience nature is a simple walk through the woods. Hiking allows us to absorb the therapeutic powers of nature through our senses, whether it's the aromatic fragrance of towering Douglas firs, the melodic ambling of a flower-lined creek or the mesmerizing views from a lofty perch. So lace up your boots and open your mind on these four Idaho trails.



LAVA MOUNTAIN TRAIL, NEAR PRAIRIE



BOW BRIDGE IN THE DRAPER WOOD RIVER PRESERVE, HAILEY



LAVA MOUNTAIN | NEAR PRAIRIE

Vistas, wildflowers, wildlife and seclusion are indispensable when looking for a great outdoor journey. Each of these hallmarks is present on this challenging seven-mile, out-and-back trek to 7,882-foot **Lava Mountain**. The first 2.2 miles of the hike is a steep, winding ascent of nearly 1,500 feet to the broad ridge of Lava Mountain. From here, it's a mellower walk of 1.3 miles—with another 500 feet of elevation gain—along a rolling ridgeline that offers spectacular overlooks of the surrounding landscape.

The trail bypasses the apex of Lava Mountain (noted by a U.S. Geological Survey marker from 1959) by 75 yards, and nearby outcroppings provide fine perches to enjoy this remarkably rugged country. Beyond Lava Mountain, you can continue along the trail for another 1.6 miles, passing several scenic rock formations, to an unsigned junction marked with a cairn (a man-made stack of stones). This would be a good ending spot. The sights are stunning along this stretch: to the high peaks near Trinity Mountain, Smith Prairie to the south and to the rough-hewn Danskin Mountains. To extend your hike, take the right fork at the unsigned junction—the left fork is primarily through burned forest—and hike another 2.4 miles to North Star Lake.

GETTING



THERE



From Boise, drive east on Interstate 84 for approximately 10 miles to Blacks Creek Road (exit 64). Turn left and drive 5.9 miles to a three-way junction. Turn left on Forest Road (FR) 189 (the road transitions to a dirt surface) and drive 25.2 miles to a T-junction. Turn left on FR 113 and drive 3.8 miles to a sign for Lava Mountain. Turn right on FR 222 and continue 2.2 miles to its end and the trailhead.



DRAPER WOOD RIVER PRESERVE | HAILEY

Along this mainly packed-dirt trail, you'll find an easy, 1.2-mile out-and-back hike with minimal elevation gain that is located in the **Draper Wood River Preserve**, which extends along the Big Wood River near the town of Hailey. The outing begins at Lions Park, crosses the impressive Bow Bridge and ventures south through leafy aspen and cottonwood trees—always near the rocky-bottomed Big Wood River. Along the way, you'll find many shaded settings to idle along the scenic river.

Another delightful feature of this hike is the opportunity to see wildlife. The preserve is an excellent place to look for animals, especially in the early morning and late evening. Moose, mule deer, elk, fox, beaver and otters can sometimes be spotted here. This area is also great for birdwatching—keep your eyes peeled for western tangers, kingfishers, great horned owls, eagles and red-tailed hawks.

GETTING



THERE



From the intersection of State Highway 75 and Bullion Street in Hailey, drive west on Bullion Street for 0.3 miles to the bridge over the Big Wood River. Turn left into Lions Park and drive a short distance to the end of the road and trailhead.



SIT BACK, RELAX
AND REVEL IN THE
SIGHTS AND SOUNDS
OF IDAHO WITH THIS
IMMERSIVE VIDEO.

WARM SPRINGS CREEK | NEAR LOWMAN

If sitting creekside under a canopy of fragrant forest is your idea of relaxation, look no further than the serene hike along **Warm Springs Creek**. Although this scenic area of the Boise National Forest deserves more attention, it's often overlooked by travelers passing through to the Sawtooth Mountains. The outing starts near the confluence of Warm Springs Creek with the South Fork of the Payette River and continues north for 14.4 miles to its end near Martin Lake. Of course, you don't have to span the entire route to experience this peaceful trail.

The first 2.4 miles of trail, primarily packed dirt and occasional segments through loose rock, leads through a narrow, picturesque gorge 500 feet above Warm Springs Creek. At 2.5 miles, the single-track trail levels alongside the wide creek, making this forested setting a splendid destination for a shorter hike. Beyond this point, the hike becomes a different experience as the trail parallels the broad creek to a bridge at 6.7 miles. There are beautiful meadows, old-growth forests and numerous small tributary creeks along this stretch, where you can revel in nature's healing powers.

The Warm Springs Creek watershed is at its best during May, June, late September and October.

From the junction of Banks–Lowman Highway and State Highway 21 in Lowman, drive east on SH-21 for 18.3 miles. Turn left on the dirt-surfaced FR 025RC and continue for 0.9 miles, then turn right on FR 025RB. Follow FR 025RB for 1.2 miles to its end and the signed trailhead.

GETTING



THERE



WARM SPRINGS CREEK,
NEAR LOWMAN



SILVER CREEK SUMMIT | NEAR GARDEN VALLEY

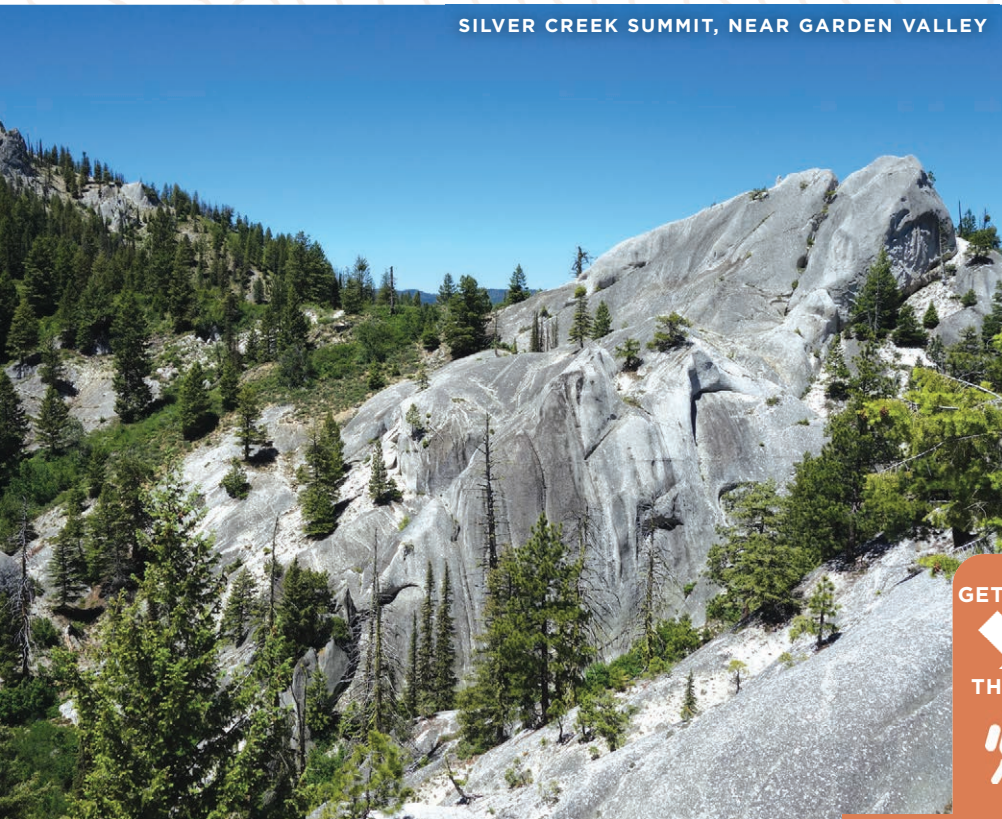
Tucked in the northwest section of the Boise National Forest, the area's loftiest views await at the end of a scenic, 6.4-mile out-and-back hike with 1,350 feet of elevation gain to **Silver Creek Summit**. The destination is a polished granite ridge, perched high above the Bull Creek drainage. Endless views stretch for miles in nearly every direction, including an aerial perspective of the forested Silver Creek watershed. There are multiple granite outcrops scattered along the ridge, which provide contemplative spots to rest.

The trail, which is an old Forest Service road of mainly packed dirt, initially parallels Silver Creek through open forest for the first two miles of the hike. There are multiple springs

along the treed hillsides, which help support a beautiful wildflower bloom in late spring and early summer. The last mile of the hike is the steepest, as the trail rises nearly 600 feet through dense Douglas fir forest to the 6,300-foot Silver Creek Summit.

The Japanese have a well-known term, *shinrin-yoku*, which translates to "forest bath." This term simply means to immerse yourself in nature using all five of your senses. When you hike in the woods and experience the sights, sounds and smells that any of these trails offer, you experience the incredible therapy of Mother Nature. Take the time to hike one of these trails and see what "forest bathing" can do for you.

SILVER CREEK SUMMIT, NEAR GARDEN VALLEY



GETTING



THERE



From Garden Valley, drive north on Middle Fork Road (FR 698) for 14.7 miles (the road transitions to a dirt surface at 8.5 miles). Turn right on FR 671. Continue another 11.7 miles, passing Silver Creek Plunge Hot Springs & Campground (a worthy visit after your hike) to the end of the road and signed trailhead.



SCOTT MARCHANT

Marchant is a Boise-based hiking guidebook author and landscape photographer. He's been trekking through Idaho for more than 20 years and has published seven Idaho hiking guidebooks, including his newest release—The Hiker's Guide: Sun Valley & Ketchum. Marchant also produces an annual wilderness calendar, Idaho greeting cards and other products found on hikingidaho.com.

A GUIDE TO IDAHO'S NATIVE TROUT

HOW TO SPOT THE GEM
STATE'S RENOWNED FISH



WORDS &
FEATURED PHOTO
BY **DANIEL RITZ**

ILLUSTRATIONS
BY **WENDY LIU**

W

With more than 100,000 miles of high desert creeks, densely forested, high-altitude headwaters and numerous large, powerful rivers, Idaho is home to a unique range of native trout species.

The term “native” indicates that a species is indigenous to a river, stream or lake and was not introduced by man. Thanks to swaths of undisturbed habitats and an abundance of cold, clean, connected water-

ways, Idaho remains one of the greatest refuges for native trout in the United States. In fact, on the right day, in the right river, you run the chance of encountering as many as three different types.

Check out the identification guide below, get familiar with these wonderful fish, and then head out on your own Idaho fishing experience.

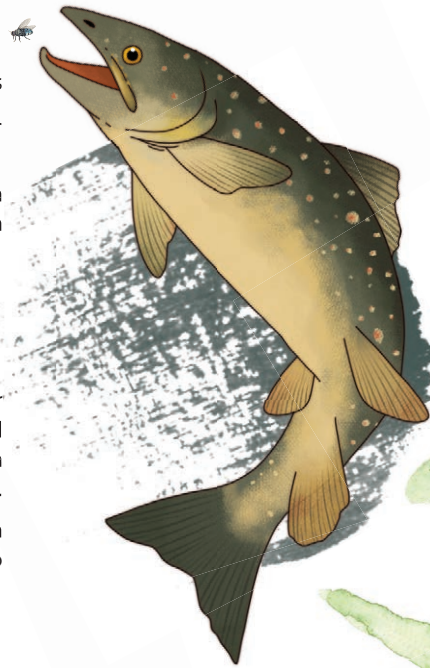
BULL TROUT

How to Identify:

- Robust, flat heads with prominent jaws
- No spots on the dorsal fin (the primary fin in the center of its back)
- Small white and/or pale yellowish spots, sometimes intermingled with pink or red spots
- No halos around spots

Did You Know?

- Bull trout are technically a member of the char family, distinguished from all species of trout and salmon by a lack of black spots on the body.
- While they are primarily found in cold-water rivers, bull trout can also be found in lakes and reservoirs.



REDBAND TROUT

How to Identify:

- Rosy red stripe along the lateral line (a horizontal line of pores that runs along the side of the body and allows fish to orient themselves in a water current and detect movement and vibrations)
- Several large spots over the body and fins
- Orange and yellow tints along the belly

Did You Know?

- Redband trout can be found throughout the state (except in eastern Idaho) due to natural and manmade barriers.
- Certain varieties of redband trout can grow up to 25 pounds and 40 inches in length.



CUTTHROAT TROUT

The cutthroat trout is the official state fish of Idaho. The name "cutthroat" refers to the iconic red coloration on the underside of the trout's lower jaw. Idaho is home to three distinct subspecies of cutthroat trout.



WESTSLOPE CUTTHROAT TROUT



How to Identify:

- Greenish-gold and deep orange-red bodies
- Small, irregularly shaped spots, with moderate spotting on the back near the head that increase toward the tail
- Purple blush on the gill covers

Did You Know?

- In Idaho, westslopes can be found in relative abundance within the Columbia River drainage.
- Westslopes were first described by Europeans in 1805 in the journals of Lewis and Clark after being caught by angler and Corps of Discovery member Silas Goodrich.

BONNEVILLE CUTTHROAT TROUT



How to Identify:

- Yellow-green to silver-gray bodies
- Spotted fins
- Relatively large, rounded spots, sparsely scattered across the entire body
- An orange-red cutthroat mark

Did You Know?

- The native range of the Bonneville includes Idaho, Nevada, Wyoming and much of western Utah.

YELLOWSTONE CUTTHROAT TROUT



How to Identify:

- Yellow-brown or bronze bodies that become paler toward the belly
- Large, rounded spots, generally concentrated toward the tail
- Orange-red tints on the fins
- Rose tints along the lateral line
- A red cutthroat mark and crimson blush on the gill plate

Did You Know?

- Yellowstone cutthroat trout are native to the Snake River watershed upstream of Shoshone Falls, which is a natural barrier.
- Amazingly, Yellowstone cutthroat can be found on both sides of the Continental Divide.

STEELHEAD

How to Identify:

- A crimson blush on the gill covers and along the lateral line, extending down the body
- In males, the lower jaw can be hooked—a characteristic known as a “kype”
- Heavily spotted above and along the lateral line
- An adipose fin (the fin on the back between the tail and dorsal fin) is present in native populations

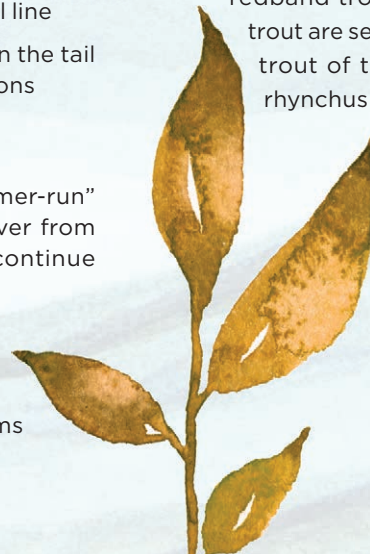
Did You Know?

- All Idaho steelhead are considered “summer-run” fish, meaning they enter the Columbia River from the Pacific Ocean starting in May and continue through September.
- After hatching, young steelhead spend two to three years in fresh water before migrating to salt water. After 18 to 30 months in the ocean, adult steelhead return to the streams they were born in to spawn.



WHAT ABOUT RAINBOW TROUT?

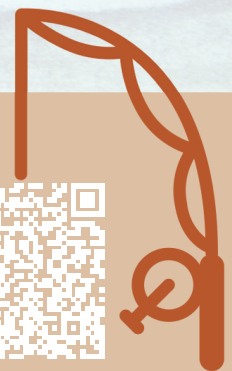
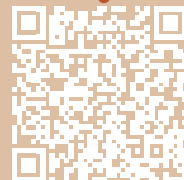
The redband trout native to Idaho (*Oncorhynchus mykiss gairdneri*) are part of the rainbow trout (*Oncorhynchus mykiss*) species, but not all rainbow trout are redband trout. Native Idaho steelhead trout are seafaring forms of the redband trout of the Columbia Basin (*Oncorhynchus mykiss gairdneri*).



DANIEL RITZ

Ritz is an outdoor writer and journalist. He is the Communications and Outreach Coordinator for the Idaho Wildlife Federation and the founder of Jack's Experience Trading Company. He lives in Boise with his partner Holly, a giant cat named Julio and a small Wirehaired Pointing Griffon named Trout.

READY TO FISH?
GET THE DETAILS ON
WHEN AND WHERE TO
FIND THESE TROUT FROM
AN IDAHO ANGLER.



Anglers who are 14 and older must have a valid fishing license. Visit idfg.idaho.gov/licenses for more information on license fees, applications and more.

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L A V A H O T S P R I N G S . C O M

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- Nine rooms with full A/V
- A gourmet catering menu

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MERIDIAN, ID



www.visitsouthwestidaho.org

Unexpected RIVALS

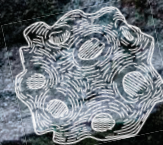
SEE HOW IDAHO'S NATURAL
WONDERS STACK UP AGAINST
ICONIC MARVELS

BY ANDREA RAYBURN

You don't need to climb to the peak of Mount Everest or trek to the top of Victoria Falls to see impressive natural wonders of the world. Experience unbelievable bucket-list adventures that hold their own against big-name hot spots right here in Idaho.

LAVA VERSUS LUNAR

The volcanic geology of **Craters of the Moon National Monument & Preserve** made it a top pick for NASA's Apollo 14 mission because it most accurately represented what astronauts would experience on the moon's surface. The team trained for their lunar trip by maneuvering through this unique Idaho landscape and collecting rock samples. The area is also recognized as an International Dark Sky Park, which means all the brilliant stars you'll experience at night will make you feel like you're worlds away.



CRATERS OF THE MOON NATIONAL MONUMENT & PRESERVE, NEAR ARCO



250+
AVIAN
SPECIES

BATTLE OF THE BIRDS

Don't let the long name throw you. The **Morley Nelson Snake River Birds of Prey National Conservation Area (NCA)** has a prestigious designation as home to the greatest concentration of nesting birds of prey on the continent and more than 250 avian species. On the other side of the country, Florida's Everglades National Park may have a more tropical climate—making it an ideal destination for the 300 bird species that visit the area—but both locations offer top-tier birdwatching. Drive through the NCA to spot hawks, owls, eagles and falcons as they use the crags and crevices 700 feet above the Snake River to raise their young. The NCA is considered “the best of the best” for bird viewing in Idaho.



ROOSEVELT GROVE OF ANCIENT CEDARS, NEAR NORDMAN

TALL TREE TUSSLE

Towering trees? We've got that! Walk through an

old-growth cedar forest where the treetops

reach heights of 150 feet. The **Roosevelt Grove of Ancient Cedars** is a smaller concentration of gigantic trees than the expansive Redwood National Park, but you'll still find mighty cedars that are wider than a two-car garage. Visit this tucked-away spot in northern Idaho for a picnic, or trek to a waterfall.

150 FT



111 MILES OF SHORELINE

BIG LAKE BRAWL

Idaho is home to hundreds of amazing lakes, but **Lake Pend Oreille** (pronounced POND-ə-RAY) holds the title of Idaho's deepest lake. Despite being nearly 200 feet shy of Lake Superior's whopping 1,300-foot depth, Lake Pend Oreille makes up for it with 111 miles of shoreline. Farragut State Park sits on the edge of this magnificent lake, where you can wander around Museum at the Brig and learn about the former World War II naval training center stationed here. Even better, when conditions are right, you might be able to spot the northern lights.

LAKE PEND OREILLE, NEAR SANDPOINT

SUPER-SIZED SHOWDOWN

While this may seem an unlikely matchup, Idaho's **Frank Church-Wilderness of No Return Wilderness** spans more than 2.3 million acres, which is a close second to Death Valley in size. "The Frank," as it's lovingly known, is the largest contiguous wilderness in the lower 48 states and offers more mountains, waterways and trees than its counterpart in California and Nevada. Featuring world-renowned whitewater rafting on the Middle Fork of the Salmon River, four national forests and the Salmon River Canyon (which is also deeper than the Grand Canyon), there is no shortage of wild places to explore in this extraordinary part of Idaho.



HELLS CANYON,
NEAR PITTSBURGH LANDING

Where will you start your next Idaho adventure?

TAG @VISITIDAHO AS YOU EXPLORE THESE MARVELOUS LOCATIONS ON YOUR VACATION.

FALLS FACE-OFF

There's a reason **Shoshone Falls** is nicknamed the "Niagara of the West." At 212 feet high, this dazzling waterfall stands 24 feet taller than Niagara Falls. The falls are accessible from overlooks in the nearby park, but some of the best views can be enjoyed by paddling to the base of the falls and looking up from the Snake River below.





CLASH OF THE CANYONS

While the Grand Canyon has some serious name recognition, Idaho's **Hells Canyon** still outranks its fellow natural marvel. In some areas, Hells Canyon is nearly 8,000 feet deep and 10 miles wide. That's 2,000 feet—almost two Eiffel Towers—deeper than the Grand Canyon. Take a jet boat tour, a white-water rafting trip or a drive along the Hells Canyon Scenic Byway to see how it stacks up.



DARK SKY DUEL

The **Central Idaho Dark Sky Reserve** stretches 1,400 square miles (two times the size of Los Angeles) covering the majestic Sawtooth Mountains, rugged wilderness areas and several mountain towns. It also holds the coveted Gold-Tier status, which means Idaho's night skies are some of the best found on Earth. Arches National Park in Utah also holds an International Dark Sky Park designation, so those night skies are nothing to overlook. But the size of Idaho's Dark Sky Reserve means you have ample, and often uncrowded, ways to experience the stars—no special equipment needed.

CENTRAL IDAHO DARK SKY RESERVE, NEAR STANLEY



HIT *the* LINKS

A FLOATING GREEN IS
JUST THE TIP OF THE
TEE AT IDAHO'S PUBLIC
GOLF COURSES

BY **CRECYNTHIA REDMOND**

THE COEUR D'ALENE GOLF & SPA RESORT, COEUR D'ALENE



From its serene lakeshores to its rugged canyons, Idaho boasts unbelievable views at some of the finest golf courses in the country. So pack your clubs, brush up on your golf clap and take a swing at these fantastic courses.

THE COEUR D'ALENE GOLF & SPA RESORT | COEUR D'ALENE

The Coeur d'Alene Golf & Spa Resort offers guests a luxury experience they won't soon forget.

Your day begins with a ride on a mahogany boat across Lake Coeur d'Alene to greet your group's forecaddie and grab your carts. Enjoy playing across lush carpets of meticulously manicured bentgrass accented with views of the lake from nearly every hole. And that's only the beginning.

The 14th hole is, without a doubt, the resort's crown jewel and boasts a truly one-of-a-kind feature—the world's first and only floating golf green. Using a computer-controlled, underwater cable system, the distance between this moveable island green and the tee changes every day. Golfers are given two attempts to land on the 15,000-square-foot island before accepting a drop and being ferried to the green to finish the hole.

After your round, head back to the resort for some hydrotherapy, a relaxing massage or a facial at the spa.

Course Details:
18 HOLES | PAR 71

Tee times can be booked as far in advance as you'd like within a calendar year.

SUN VALLEY RESORT | SUN VALLEY

Sun Valley Resort is home to three golf courses, each with their own terrain and unique experience. Altogether, these courses offer a total of 45 holes and two driving ranges.

White Clouds Golf Course is an alpine links-style course boasting 360-degree views of Bald Mountain, Dollar Mountain and other spectacular sites. This course may only be nine holes, but the sand traps, side-hill lies and blind shots prove challenging for both seasoned pros and first timers.

Course Details:
9 HOLES | PAR 36

Resort guests can book tee times whenever they'd like. For those not staying at the resort, tee times can be booked up to two weeks in advance.

Surrounded by gorgeous mountain scenery, Trail Creek Golf Course is the resort's signature course—and a fairly demanding one. Golfers are put to the test with relatively narrow fairways and a complement of bunkers and stream carries—having to cross Trail Creek seven times on the front nine alone.

Course Details:
18 HOLES | PAR 72

Resort guests can book tee times whenever they'd like. For those not staying at the resort, tee times can be booked up to two weeks in advance.

Originally opened in 1974, Elkhorn Golf Club is the oldest of Sun Valley Resort's courses and was created by the famous father-son design team Robert Trent Jones Sr. and Jr. The course beckons skilled golfers with a hilly front nine, a back nine with water hazards on nearly every hole and more than 100 sand traps and bunkers.

Course Details:
18 HOLES | PAR 72

Non-members may book tee times no earlier than 72 hours in advance.

COURTESY OF JUG MOUNTAIN RANCH



JUG MOUNTAIN RANCH, MCCALL

TEERING UP SOON:
Tamarack Resort has begun the restoration of its 18-hole championship golf course, **Osprey Meadows**, which is scheduled to open in the summer of 2023.

JUG MOUNTAIN RANCH | MCCALL

Jug Mountain Ranch tempts golfers with its demanding terrain and picture-perfect views of natural wetlands, towering forests and rolling hills. The first hole, which also happens to be the signature hole, is not the warm-up that you would typically expect of an opener. Instead, golfers are welcomed with a severe downhill tee shot from the highest point on the course. (Aim carefully—Boulder Creek cuts across the fairway near the landing zone.) The 13th hole is another noteworthy challenge, requiring a drive that carries a pond while climbing in elevation.

Course Details:

18 HOLES | PAR 72

Tee times can be booked as far in advance as you need.

CANYON SPRINGS GOLF COURSE | TWIN FALLS

Located in magnificent Snake River Canyon, **Canyon Springs Golf Course** not only presents a challenge to players of various skill levels, but also provides an opportunity to admire Idaho's breathtaking natural beauty. As you make your way around the course, you'll be rewarded with panoramic views of the canyon, waterfalls and the Perrine Bridge (a popular BASE jumping site).

Course Details:

18 HOLES | PAR 72

Tee times can be booked up to seven days in advance.

COURTESY OF CIRCLING RAVEN GOLF CLUB



CIRCLING RAVEN GOLF CLUB, WORLEY

CIRCLING RAVEN GOLF CLUB | WORLEY

Designed by renowned course architect Gene Bates, **Circling Raven Golf Club** has been named Idaho's best public golf course by *Golfweek* time and time again. For the most part, this championship course is wide open, stretching across 620 acres of wetlands, woodlands and Palouse grasses, providing an impressive backdrop for your morning or afternoon round. If you care to extend your visit, Circling Raven is part of **Coeur d'Alene Casino & Resort**, giving golfers the opportunity to stick around for some after-round play or take advantage of the Stay & Play packages.

Course Details:

18 HOLES | PAR 72

Tee times can be booked up to 45 days in advance.

BANBURY GOLF COURSE | EAGLE

Skillfully designed by acclaimed architect John Harbottle III, **Banbury Golf Course** is situated on a beautiful expanse of land along the South Channel of the Boise River. The Scottish-style course takes advantage of its landscapes, successfully uniting golf with the natural wildlife habitat. In addition to dramatic mounding and strategically placed bunkers, each hole offers the additional challenge of water, including lakes, ponds and natural grass-filled wetlands.

Course Details:

18 HOLES | PAR 71

Tee times can be booked up to seven days in advance.

READY FOR AN IDAHO GOLF GETAWAY?

Start planning at visitidaho.org/things-to-do/golfing.



LEARN MORE ABOUT THE BEST SOUTHEAST IDAHO HAS TO OFFER AT VISITPOCATELLO.COM

POSTCARD

Greetings from Pocatello, Idaho!

Nestled in the picturesque valley of the Rocky Mountains, where the pine trees of the Caribou-Targhee National Forest meet the sagebrush of the Snake River Plain, Pocatello offers four seasons of adventure. Explore more than 1,000 miles of hiking, biking and walking trails, or enjoy fishing, rock climbing, snowshoeing and cross-country skiing opportunities.

Home to the Idaho State University Bengals, Pocatello is a hot spot for a variety of things to do and see. Experience the world's one-and-only Museum of Clean, Lava Hot Springs Mineral Pools, Shoshone-Bannock Tribal Museum, Fort Hall Replica, Idaho Museum of Natural History and Zoo Idaho.

(whew!)

Whether you prefer to cozy up in a hotel, RV or a tent to sleep under the stars, Pocatello welcomes you to spend some time in our vibrant outdoor- and history-loving community.

See you soon! - "Poky"



A person wearing a tan hat and light-colored shirt is riding a white horse with brown spots. They are on a grassy hillside with purple flowers in the foreground. In the background, there is a lake and mountains under a blue sky with white clouds.

TAKE THE REINS OF YOUR ITINERARY

SADDLE UP FOR A WESTERN
ADVENTURE ON HORSEBACK

BY AMANDA OIEN

VIEWS OF REDFISH LAKE AND SAWTOOTH MOUNTAINS, NEAR STANLEY



Slipping your foot into a stirrup, smelling the leathery scent of the saddle and listening to clapping hooves on dirt paths are just a few of the ways your senses will come alive while horseback riding across Idaho's trails and mountainsides.

This list highlights a handful of the horseback rides available from outfitters around the state.


SHORT ON TIME

Only have an hour or two? These outfitters will get you out on the trail in no time.

Mystic Saddle Ranch at Redfish Lake Corrals in Stanley offers a variety of short trail rides. Its most popular is the 90-minute journey through aspen forests, which provides stunning vistas of the Sawtooth Mountains and Big and Little Redfish lakes. Mystic Saddle also offers one- and two-hour trips that ascend Marshall Ridge.

Venturing into Idaho's backcountry on the outskirts of Cascade, **Deadwood Outfitters** leads you on a two-hour trip through grasslands, forests and rolling hills. For an even quicker jaunt, opt for their one-hour ride.

Just an hour's drive from Boise, **Lazy R Ranch** is a working cattle ranch in the Dry Buck Valley, which welcomes visitors looking for an authentic outdoor escape. Gear up for an hour-long tour through lush meadows and valleys sprinkled with wildflowers, mighty ponderosa pines and calm streams.

“There’s a peace you get with riding horses that you don’t get anywhere else. Nothing matters but that ride and that moment.” 

—Rebekah Cain, Mystic Saddle Ranch

Bring your camera and journey to **Buck Horn Outfitters** in Yellow Pine, one of Idaho's small backcountry towns. One- and two-hour photography rides allow visitors to focus on taking pictures from the saddle.

Dry Ridge Outfitters in eastern Idaho takes riders through the gorgeous ecosystem of Harriman State Park. Choose from one- or two-hour rides—either of which promise beautiful sights of sprawling meadows, lakes and evergreen forests.

Lava Horseback Adventures in Lava Hot Springs provides horse and mule rides for the whole family. Little cowpokes, ages eight and older, can ride for an hour or two and spot deer, moose and a plethora of birds.



RAWHIDE OUTFITTERS, SALMON

HORSE AROUND FOR THE DAY

Channel your inner wrangler and spend a few hours or a full day riding through Idaho's mountains and wide-open spaces.

Eagle Ridge Ranch's Ride, Play and Eat package allows groups to explore the estate from all angles in a single day. Enjoy a two-hour ride, then choose between fishing, swimming, canoeing or paddleboarding before chowing down at the evening's Western cookout. If you'd rather stay in the saddle, Eagle Ridge offers a three-hour morning ride that traverses multiple trails with majestic mountain views.

A full-day ride with **Deadwood Outfitters** includes a sack lunch and a trip to Rice Peak, where a former fire lookout tower watches over the Frank Church-River of No Return Wilderness.

Following Meriwether Lewis and William Clark's path during the Corps of Discovery Expedition, **Rawhide Outfitters'** wranglers guide riders on half- and full-day rides through the Lemhi and Salmon River valleys along trails that remain nearly the same as they were in 1805.

WORK UP AN APPETITE

These rides allow you to break for a snack or, even better, a cowboy cookout.

Guided by **Linn Canyon Ranch's** wranglers, venture into the Teton Foothills to a private picnic spot and enjoy a custom lunch paired with stunning views of aspens, the Teton Valley and the Big Hole Mountains during a three-hour ride.

"A lot of people think they won't be able to ride, or they're too scared. But we have horses for everybody. Anyone can come out on the ride."



—Melanie DeWitt, Linn Canyon Ranch

Encompassed by the Payette National Forest in McCall, **Ya-Hoo Corrals'** half-day ride takes guests on a nearly 2,000-foot climb to spectacular viewpoints of Payette Lake and the McCall and Donnelly valleys. Midway through the outing, you'll stop for a rest and some much-needed snacks. If you're fixin' for some barbecue, Ya-Hoo offers a two-hour evening excursion that ends with a fireside dinner featuring grilled favorites.



LINN CANYON RANCH, VICTOR

LOOKING FOR MORE RIDE OPTIONS?

This list is just a small sampling of the horseback rides and experiences available in Idaho. If a location piqued your interest, be sure to inquire with the outfitter to find a ride that perfectly suits your needs.

EXTENDED ADVENTURES

To truly embrace the spirit of the West, plan an extended stay at one of these guest ranch destinations.

Western Pleasure Guest Ranch, just outside of Sandpoint, provides daily horseback rides, gourmet meals and evening entertainment like Western movie nights on the lawn as well as fireside cookouts. Guests can also try their hand at archery, hike to a waterfall or enjoy a relaxing soak in the hot tub after their busy day.

This family-owned ranch operates on the same ground that their forefathers came to 100 years ago, and they take pride in sharing this century-old legacy with travelers.

“There’s great history to be shared here—we have a lot of trails that date back to the 1900s logging industry. It’s fun to see that history on horseback.”

*—Janice Schoonover,
Western Pleasure Guest Ranch*



Red Horse Mountain Ranch offers two daily rides for guests—leaving plenty of time for kayaking, mountain biking, fishing and golfing. If you’re feeling spry, test your abilities at the Challenge Course, complete with a five-story climbing wall and a 300-foot zipline.

Positioned in the Frank Church–River of No Return Wilderness and encircled by the Salmon River Mountains, **Diamond D Ranch** has been an off-grid, self-sustaining operation since 1960—giving guests an opportunity to unplug and reconnect with nature. After hitting the trails, enjoy fishing in the streams just 50 yards from the cabins or on the ranch’s private lake. Other activities include swimming in the solar-heated pool, lawn games, gold panning and savoring the sweet taste of childhood with a gooey s’more at the campfire.



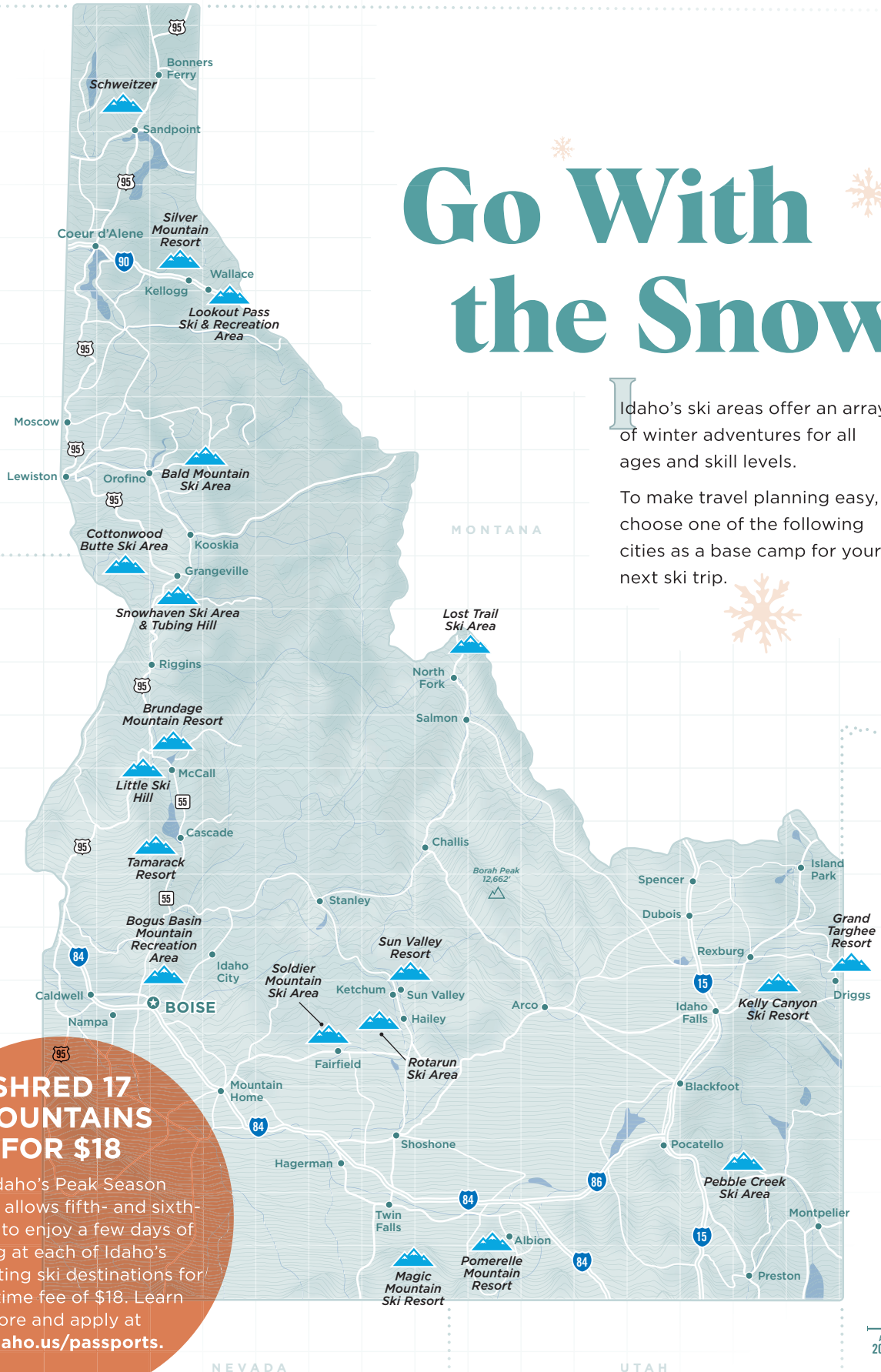
FOR A COMPLETE LIST OF THE STATE’S OUTFITTERS, HEAD TO IDFG.IDAHO.GOV/IFWIS/IOGLB.

TO LEARN MORE ABOUT IDAHO’S GUEST RANCH OPTIONS, GO TO GUESTRANCHIDAHO.ORG.

Go With the Snow

Idaho's ski areas offer an array of winter adventures for all ages and skill levels.

To make travel planning easy, choose one of the following cities as a base camp for your next ski trip.



SHRED 17 MOUNTAINS FOR \$18

Ski Idaho's Peak Season Passport allows fifth- and sixth-graders to enjoy a few days of skiing at each of Idaho's participating ski destinations for a one-time fee of \$18. Learn more and apply at skiidaho.us/passports.

FROM COEUR D'ALENE

Silver Mountain Resort

KELLOGG | 38 MIN.

Enjoy year-round fun with 73 runs across two mountains, scenic gondola rides and an indoor waterpark.

Lookout Pass Ski & Recreation Area

MULLAN | 1 HR., 2 MIN.

Strap in for 400+ inches of annual snowfall and three terrain parks.

Schweitzer

SANDPOINT | 1 HR., 30 MIN.

Idaho's largest ski area claims 2,900 skiable acres, 92 trails, backcountry snowmobiling and much more.

FROM KETCHUM

Sun Valley Resort

SUN VALLEY | 4 MIN.

Sun Valley Resort, America's first destination ski resort, offers two distinct experiences with 3,400 feet of vertical at Bald Mountain and eight terrain parks, 76 rails and a 60-foot jump at neighboring Dollar Mountain.

Rotarun Ski Area

HAILEY | 23 MIN.

When it comes to first-time skiers and snowboarders, few places are more approachable than this area dubbed "the little mountain with a big heart."

Soldier Mountain Ski Area

FAIRFIELD | 1 HR., 17 MIN.

Say good morning to big, open lines and extreme chutes across 36 ski runs, or embark on a Sno-Cat adventure in the area's epic backcountry.

FROM SALMON

Lost Trail Ski Area

NEAR SALMON | 50 MIN.

Take in the views atop the Continental Divide, where 60+ marked trails and two terrain parks await.

FROM BOISE

Bogus Basin Mountain Recreation Area

BOISE | 40 MIN.

Extend your snow day with night skiing, a network of Nordic and snowshoe trails and Idaho's only mountain coaster.

Tamarack Resort

NEAR DONNELLY | 2 HR., 15 MIN.

1,600 feet of vertical along with fat bike, snowshoe and Nordic trails accentuate the ski-in, ski-out lodging, shopping and dining options at this destination.

Little Ski Hill

MCCALL | 2 HR., 21 MIN.

Six ski runs, a terrain park and the only night skiing spot in McCall make this one of the best areas for teaching beginners of any age how to shred.

Brundage Mountain Resort

MCCALL | 2 HR., 30 MIN.

Explore wide, groomed runs and countless glades along with lift-served snowtubing, fat biking, snowshoeing and Nordic skiing, or throttle up the adventure on a guided snowmobile or Sno-Cat tour.

FROM TWIN FALLS

Magic Mountain Ski Resort

KIMBERLY | 1 HR., 5 MIN.

Ski, tube or snowboard your way across this little mountain's 11 trails, offering 120 skiable acres.

Pomerelle Mountain Resort

MALTA | 1 HR., 16 MIN.

Being one of the first hills to open in Idaho, along with its pristinely groomed runs, make this area popular with all levels of eager skiers and boarders.

Soldier Mountain Ski Area

FAIRFIELD | 1 HR., 36 MIN.

*See *Ketchum* section.

FROM IDAHO FALLS

Kelly Canyon Ski Resort

RIRIE | 40 MIN.

Find your ski legs at this family-friendly hill, dive into deep, backcountry powder, or stay late for night skiing.

Pebble Creek Ski Area

INKOM | 1 HR., 5 MIN.

Tempt your inner thrill seeker with 2,200 feet of vertical, offering steep chutes, ungroomed powder and phenomenal views.

Grand Targhee Resort

NEAR DRIGGS | 1 HR., 30 MIN.

Go big on fresh-powder turns with this resort's 500+ inches of annual snowfall and breathtaking views of the Grand Teton Mountains. Tubing, fat biking and backcountry tours round out the experience.

FROM LEWISTON

Cottonwood Butte Ski Area

COTTONWOOD | 1 HR., 14 MIN.

This small but scenic spot offers nine runs—four of which are groomed—and powder-filled trails that will challenge various skill levels.

Snowhaven Ski Area & Tubing Hill

GRANGEVILLE | 1 HR., 35 MIN.

Experience well-groomed runs for beginners and intermediates as well as two 1,100-foot, lift-served tubing lanes.

Bald Mountain Ski Area

PIERCE | 1 HR., 40 MIN.

Find plenty of powder stashes among the pines at this family-friendly area with a vintage T-bar.

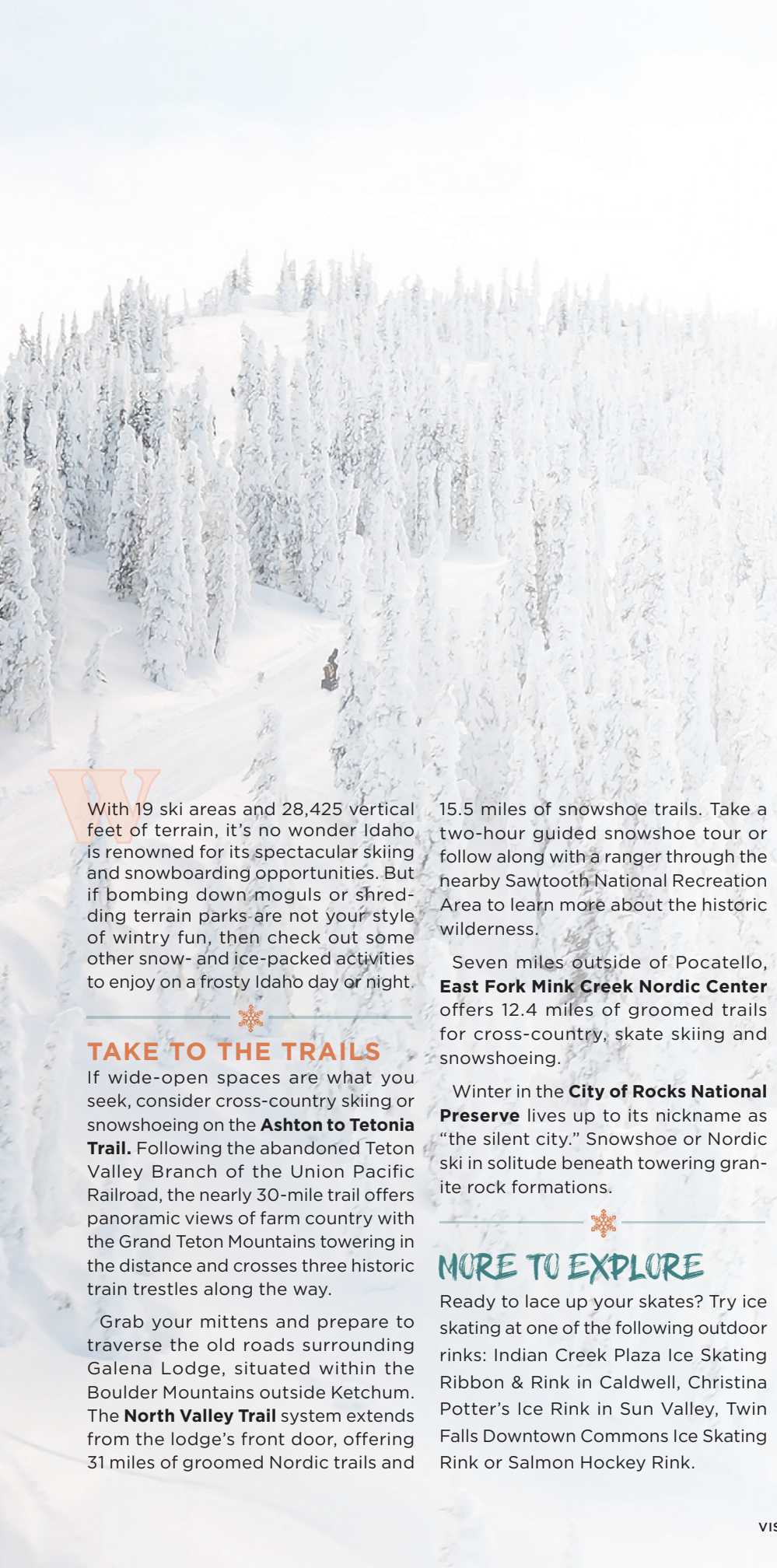
SUBS FOR THE SLOPES

DISCOVER IDAHO'S
OFF-PISTE WINTER
ACTIVITIES

BY
MARISSA
LOVELL



SNOWMOBILING TOUR WITH SELKIRK POWDER, NEAR SANDPOINT



ZOOM THROUGH FORESTS & MEADOWS

When the snow falls, Idaho's forests become a snowmobiler's paradise. Whether you go out with a guide or ride on your own, Idaho offers a massive amount of backcountry and groomed trails to explore.

Take a snowmobile tour with **Selkirk Powder** and start from the very top of Schweitzer—Idaho's largest ski area. The guided trip takes you on groomed trails and through fresh powder above picturesque Lake Pend Oreille.

Brundage Mountain Resort's experienced backcountry guides offer full- and half-day tours to some of the area's most beautiful locations. Take a trip to a frozen alpine lake, or get a bird's-eye view of the snowy natural surroundings from Brundage Mountain Lookout.

Explore the spectacular Sawtooth Valley on a snowmobile tour with **Smiley Creek Lodge**. Whether you want to see snow-covered Redfish Lake, have a backcountry picnic lunch or go play in powdery fields—Smiley Creek's guides are happy to show you their backyard.

SPEED, SPIN & SCREAM WITH DELIGHT

High above Boise, **Bogus Basin Mountain Recreation Area** offers much more than ski slopes. Zip and slide 800 feet down the wide-groomed path of the tubing hill. When you reach the bottom, simply hop on the conveyor lift and get ready to go again.

In Idaho's Panhandle, **Silver Mountain Resort** receives more than 300 inches of snow each year. Spend a few hours on the tubing hill and leave with life-long memories.

With 19 ski areas and 28,425 vertical feet of terrain, it's no wonder Idaho is renowned for its spectacular skiing and snowboarding opportunities. But if bombing down moguls or shredding terrain parks are not your style of wintry fun, then check out some other snow- and ice-packed activities to enjoy on a frosty Idaho day or night.



TAKE TO THE TRAILS

If wide-open spaces are what you seek, consider cross-country skiing or snowshoeing on the **Ashton to Teton Trail**. Following the abandoned Teton Valley Branch of the Union Pacific Railroad, the nearly 30-mile trail offers panoramic views of farm country with the Grand Teton Mountains towering in the distance and crosses three historic train trestles along the way.

Grab your mittens and prepare to traverse the old roads surrounding Galena Lodge, situated within the Boulder Mountains outside Ketchum. The **North Valley Trail** system extends from the lodge's front door, offering 31 miles of groomed Nordic trails and

15.5 miles of snowshoe trails. Take a two-hour guided snowshoe tour or follow along with a ranger through the nearby Sawtooth National Recreation Area to learn more about the historic wilderness.

Seven miles outside of Pocatello, **East Fork Mink Creek Nordic Center** offers 12.4 miles of groomed trails for cross-country, skate skiing and snowshoeing.

Winter in the **City of Rocks National Preserve** lives up to its nickname as "the silent city." Snowshoe or Nordic ski in solitude beneath towering granite rock formations.



MORE TO EXPLORE

Ready to lace up your skates? Try ice skating at one of the following outdoor rinks: Indian Creek Plaza Ice Skating Ribbon & Rink in Caldwell, Christina Potter's Ice Rink in Sun Valley, Twin Falls Downtown Commons Ice Skating Rink or Salmon Hockey Rink.



JOURNEY TO THE NORTH POLE CRUISE, COEUR D'ALENE

Winter family fun awaits at the **Activity Barn**, a snowy playground located just south of McCall. Race your loved ones on five tubing lanes, each 800 feet long and offering fantastic views of the surrounding mountains.

With five groomed tubing hills, **Gateway Park** is an “oasis of manmade snow,” popping up at Eagle Island State Park during the winter months. After your runs, grab a cup of cocoa and cozy up by the fire pit at the base of the hill.

Extend your winter playtime and go night tubing at **Magic Mountain Resort**, located south of Kimberly. When night falls, bundle up and head for the three-lane tubing hill, which is lit up by colorful strobe lights.

DISCOVER THE UNIQUE & UNUSUAL

Embark on a boat ride with **Lake Coeur d'Alene Cruises**. Take in 360 degrees of stunning surroundings on their daily

scenic and hot cocoa tours. During the holiday season, experience the Journey to the North Pole. This cruise takes you to the other side of the lake, where you can see a spectacular display of 1.5 million lights and greet Santa and his elves at his workshop.

Experience an unforgettable winter adventure at **LaBelle Lake Ice Palace** in eastern Idaho. Wander through a world of snow, ice and colorful lights before encountering fire dancers, magicians and familiar winter characters. Take a horse-drawn sleigh ride to the tubing hill, or dash through the woods to the Lodge at LaBelle Lake, which sleeps up to 20 people.

Join a herd of Rocky Mountain elk as they enjoy their supper with **Hap & Florence Points Sleigh Rides**. Climb aboard the horse-drawn sleigh and ride along the Gold Fork River near Donnelly. A herd of wild but friendly elk winters here, greeting you at your sleigh while they nibble on the hay-bale seats.



MORE TO EXPLORE

The Idaho Department of Parks and Recreation operates 17 Park N' Ski areas throughout the state, including Priest Lake State Park in northern Idaho and Brimstone/Bufalo River Park in eastern Idaho.



**MARISSA
LOVELL**

Lovell is a writer, reader and fresh-air seeker. She loves being outside, listening to good tunes, growing and cooking food and living a fun life. In addition to writing about Idaho adventures, Lovell writes From Boise, a weekly newsletter about people, places, history and happenings in Boise.



TAMARACK



Idaho is a year-round sport.

BOGUS BASIN



BRUNDAGE MOUNTAIN



SCHWEITZER

No matter the season, you'll find all the family-friendly outdoor adventure you can handle in Idaho with 19 mountaintop destinations, featuring more than 21,000 acres and 28,000 vertical feet to ski, ride, hike, bike and explore.

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SKI IDAHO
THE SOUL OF SKIING™

BALD MOUNTAIN | BOGUS BASIN | BRUNDAGE | COTTONWOOD BUTTE | GRAND TARGHEE | KELLY CANYON
LITTLE SKI HILL | LOOKOUT PASS | LOST TRAIL | MAGIC MOUNTAIN | PEBBLE CREEK | POMERELLE | ROTARUN
SCHWEITZER | SILVER MOUNTAIN | SNOWHAVEN | SOLDIER MOUNTAIN | SUN VALLEY | TAMARACK

Veritably
VEGETARIAN



**SINK YOUR TEETH INTO
NORTHERN IDAHO'S
MEATLESS CUISINE**

BY SAPNA DALAL

VEGAN ENCHILADAS, TERRAZA WATERFRONT CAFÉ



As a vegetarian and first-time visitor to Idaho, I'll admit I wasn't sure what to expect in terms of culinary options in northern Idaho. Prior to my visit, I joked that my weeklong journey would likely consist of every preparation of the potato known to mankind. Ironically, I enjoyed some of the freshest and tastiest vegetarian dishes and did not consume one single potato on my trip. How is that for defying a stereotype?

My summer itinerary covered three cities: Sandpoint, Coeur d'Alene and Wallace. Each offered a plethora of vegetarian options, and even some vegan ones, which was a pleasant surprise. I enjoyed local and seasonal items, like huckleberries, and was amazed by the authentic, international selections I discovered along the way.

Here is a list of my favorite spots in northern Idaho with vegetarian fare.

COEUR D'ALENE

Evans Brothers Coffee

I actually discovered this coffee company in Sandpoint and loved it so much that I visited the Coeur d'Alene shop almost every day of my stay. Evans Brothers serves fresh-roasted coffee—including various seasonal and daily caffeinated creations—in an inviting space that functions as a hub for the community. This location also sells scrumptious hand pies from local bakery Bean & Pie, which pair perfectly with a cup of joe. I chose strawberry, lemon and basil.

Terraza Waterfront Café

This beautiful waterfront restaurant dishes up Latin-inspired cuisine with a tropical vibe and had one of the best outdoor patios I experienced on my trip. I always recommend dining alfresco if the weather permits. The menu presents an enticing variety of vegetarian and vegan options, like

the light and fresh jicama citrus salad and the vegan enchiladas made with roasted jackfruit.

Crafted Tap House + Kitchen

What's not to love about a vibrant gastropub with scratch-made cuisine, 62 rotating beer taps—with options from around the globe—and an outdoor patio? There is even a plant-based section on the menu with items like burgers and tacos to accommodate vegetarians and vegans.

Vault Coffee

I have to say: the coffee culture in Coeur d'Alene cannot be missed, and one of my favorite spots was Vault Coffee. Quite possibly the most Instagrammable spot I came across on my trip, the coffee and locally sourced merchandise made this a fun stop while grabbing an afternoon iced drink.



VAULT COFFEE



THE GREEN MACHINE
SMOOTHIE BOWL,
HEART BOWLS

SANDPOINT

Heart Bowls

One morning, while walking downtown in search of coffee and breakfast, I stumbled upon a fun, hip-looking food truck area called Oak Street Court. After perusing all the options, I was ultimately reeled in by Heart Bowls, which serves up all-vegan and mostly gluten-free fare. The extensive menu includes items like avocado toast and oatmeal, but I opted for a smoothie bowl called the Green Machine. This spinach-tinted healthy treat was topped with chia-coconut pudding, granola, peanut butter and other tasty add-ons—the perfect fuel for a day of outdoor adventure. Since my visit, Heart Bowls is now a café on 1st Avenue in Sandpoint.

La Catrina

Because there were so many vegetarian options available at the food truck court, I returned the next day to try La Catrina, which serves Mexican food. For lunch, I enjoyed a vegetarian tostada made with black beans,

crisp lettuce, queso fresco and a tangy salsa verde. It was fresh, flavorful and hit the spot.

Pend d'Oreille Winery

This lively restaurant and winery offers a broad selection of wines from the Pacific Northwest along with delicious food and live music. Both the red wine flight and daily special pizza with spinach, feta and dried apricot were fantastic. The sweet-and-salty combination of the feta and apricot was something I would have never thought to add to pizza.

Beet and Basil

Elevated, globally inspired street food was a surprising discovery in Sandpoint. Beet and Basil boasts a wide array of international flavors and executes them exceptionally well. From grilled naan with a trio of dips to traditional Thai papaya salad, the range of tastes and inspirations is impressive. Try the vegetarian banh mi sandwich made with marinated tofu (*I still think about it often*).*

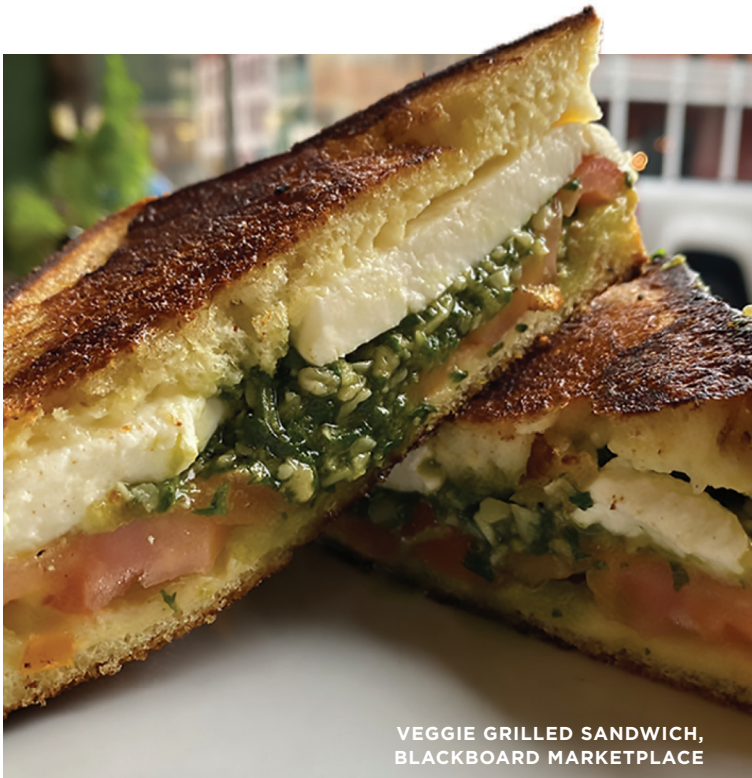
The Nest Restaurant & Bar

Schweitzer is a year-round ski resort showcasing stunning scenery, a wide selection of outdoor activities and a restaurant on its summit with both vegetarian and vegan options. Try the vegan “tuna” sandwich made from chickpeas, dill and lemon and served on grilled bread, while you enjoy the 360-degree views high above Lake Pend Oreille.

Panhandle Cone & Coffee

You'll be wowed by the list of fun ice-cream flavors at this local—and visitor—favorite. While the shop is particularly busy during summer, it's worth the wait to sample their huckleberry ice cream—a seasonal offering, adorned with pieces of local fruit. I also tried their fresh strawberry flavor, which was, quite honestly, one of the best frozen treats I've ever had. I just wish I'd had time to try more flavors.

* Beet and Basil is opening a new location in Sandpoint in spring 2023.



VEGGIE GRILLED SANDWICH,
BLACKBOARD MARKETPLACE



MILKSHAKES, BLACKBOARD MARKETPLACE

WALLACE

Blackboard Marketplace

This one-stop shop features an ice-cream counter, gourmet food market, sandwich shop, bookstore and more. It was a feast for the senses, and I loved the laid-back atmosphere and open space.

The Fainting Goat Wine Bar and Restaurant

I enjoyed The Fainting Goat so much that I went back two nights in a row for dinner. Not only did I adore the cozy vibe and outdoor patio, but this was also my first encounter with a serve-yourself, automated wine dispensing system. Offering more than 32 types of local and international wines by the glass, the self-serve system itself is almost as fun as drinking the wine. The menu includes a large variety of vegetarian delights, like salads, pizzas and pasta, and one of the largest appetizer pretzels I've ever had!

The Goat pizza is a tantalizing brick oven masterpiece crafted with roasted garlic olive oil, goat cheese, mushrooms, arugula and other tasty toppings. The creamy cajun pasta is another great option, made with rigatoni tossed in a spicy cajun alfredo, poblanos and caramelized onions. If you're craving something sweet, take a peek at their dessert menu, which features apple pie churros, salted caramel gelato and other tempting treats.

Overall, northern Idaho has a welcoming and sensational culinary scene, which can generously accommodate a vegetarian lifestyle. In addition to the dazzling landscapes and exciting outdoor recreational activities, I can guarantee you will not leave hungry!



SAPNA DALAL
@vegtourist

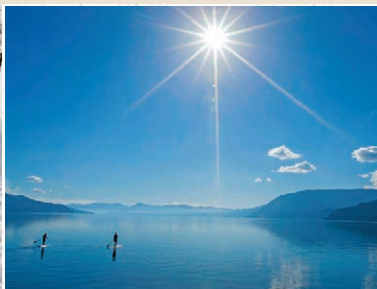
Dalal is the founder of the blog The Vegetarian Tourist, where she captures her passion for unique international destinations, delicious vegetarian food and life in Chicago. Her adventures take her from quirky, hole-in-the-wall joints to the most luxurious destinations around the world.

"THE CREAM ALWAYS RISES TO THE TOP."

- Old Idaho proverb



Beautiful **Sandpoint** – located at the top of Idaho, just 60 miles from Canada – stands out even in a whole state full of superlative places. From the shores of Idaho's **biggest lake**, to the tip of Schweitzer Peak in the state's **largest ski resort**, to our **acclaimed arts and dining scenes**, Sandpoint wins accolades from visitors near and far. Just see what they have to say. **We hope to see you here!**



A 'PICTURE-PERFECT MOUNTAIN TOWN'

"From wineries and breweries to the arts – Sandpoint is home to major music and film festivals – this little township is a vibrant, happening haven in the wilds of northern Idaho."

- *USA Today*

SKIING SCHWEITZER MOUNTAIN

"With nearly 3,000 skiable acres way north in Idaho's chimney, sprawling Schweitzer has all of the terrain with none of the crowds... the views of sparkling Lake Pend Oreille give the Tahoe areas a reason to be nervous."

- *Ski magazine*

IDAHO'S BIGGEST (AND BADDEST) LAKE

"Usually when you hear about something being the biggest or the baddest, you're told to steer clear, but not this time. Lake Pend Oreille is a whopping 43 miles long and an impressive 1,158 feet deep, and it has some of the clearest water, best fishing and greatest scenery Idaho has to offer."

- *Men's Journal magazine*

FINE FOODS AND CRAFTY BREWS

"With four craft breweries in a town of barely 8,300 souls, it begs the question: Who in the whole country has more locally brewed beer per capita? Just possibly, no one."

- *Sandpoint Magazine*

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FIND AMAZING TREASURES



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**50 MILES WIDE
WITH THOUSANDS
OF ADVENTURES...**

DISCOVER NORTH IDAHO





SAVOR THE SCIENCE BEHIND IDAHO'S AWARD-WINNING WINES

BY **CRECYNTHIA REDMOND**
ILLUSTRATIONS BY **EMILY RUSH**

If you've ever had the pleasure of tasting Idaho's wines, you already know they're something special. But have you ever wondered what makes these award-winning varietals so marvelous? In truth, it boils down to Idaho's climate and distinct geological features, which allow local winemakers to do what they do best. If you're in the mood to geek out on grapes, pour yourself a glass and prepare to get to the root of Idaho's unique wine-growing conditions.



IT ALL LINES UP

Idaho's grape-growing areas fall roughly on the same latitudes as some of the most famous wine regions in the world, including France's Bordeaux and Rhône regions as well as the Rioja region in Spain. As a result, many of the grape varietals made popular in these regions—such as cabernet sauvignon, merlot, malbec and tempranillo—grow very well in Idaho due to the state's elevation and dry climate.

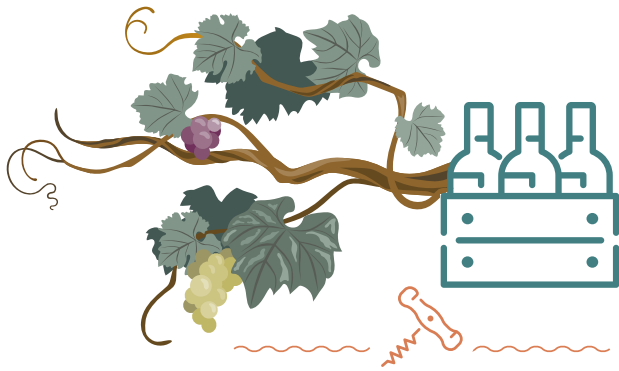
DISTINCT SEASONS = COMPLEX FLAVOR

Idaho's characteristically cold winters are ideal for grape-growing, allowing the vines to go dormant while keeping the plants free of pests and disease. In summer, the combination of warm days and cool nights creates a harmonious balance between the grapes' acids and sugars. The outcome? Wine with longevity and exquisite taste.

SOIL OF THE CENTURY

Between two and nine million years ago, Lake Idaho was formed, stretching over 200 miles and occupying much of the western Snake River Plain. At times, volcanic eruptions occurred beneath the ancient lake, producing basalt lava that flowed into the water itself. Eventually, the lake dried up, leaving behind nutrient deposits in the sediment within Snake River Valley, where the **Sunnyslope Wine Trail** is located today, just 30 minutes west of Boise. These nutrients, left over from many years of eruptions, have been preserved due to the valley's high desert environment. The resulting volcanic soil, along with the granite-rich earth found near the Idaho Batholith (a hulking mass of granite covering roughly 13,513 square miles of central Idaho), create ideal growing conditions for flavorful crops.

The soil throughout Sunnyslope is a mixture of sand, loam and scoria (a type of volcanic rock). This combination makes for excellent drainage, allowing the grape roots to absorb the right amount of water, thus producing plump, healthy clusters.



131,250

AVERAGE CASES OF WINE PRODUCED

QUENCH YOUR CURIOSITY!
Learn more about Idaho's wines, local events and other juicy tidbits at idahowines.org.

STE. CHAPELLE WINERY, IDAHO'S LARGEST WINE PRODUCER, OPENED IN 1975.

1,300+
ACRES OF VINEYARDS PLANTED

315,000
GALLONS OF WINE PRODUCED

2,100
TONS OF GRAPES HARVESTED



IDAHO IS HOME TO THREE AMERICAN VITICULTURAL AREAS: SNAKE RIVER VALLEY, EAGLE FOOTHILLS AND LEWIS-CLARK VALLEY.



ICE WINE IS ONLY PRODUCED IN CLIMATES LIKE THOSE IN IDAHO AND CANADA, WHERE THE TEMPERATURES ARE COLD ENOUGH FOR AN EXTENDED PERIOD OF TIME SO THAT GRAPES CAN BE PICKED AND PRESSED WHEN THEY'RE COMPLETELY FROZEN.



CAMAS PRAIRIE WINERY IS NORTHERN IDAHO'S OLDEST WINERY AND HAS BEEN FAMILY-OWNED SINCE IT WAS FOUNDED IN 1983.



SOME OF THE FIRST GRAPES PLANTED IN THE PACIFIC NORTHWEST WERE GROWN IN LEWISTON, IDAHO, IN THE 1860S.



*This information is from the 2022 Idaho Wine Commission Tour Brochure and reflects statistics from 2020.



Tasty **WITHOUT** THE *Tipsy*

TAKE YOUR TASTE BUDS
ON A TOUR OF IDAHO'S
NONALCOHOLIC DRINK SCENE

BY MCKENZIE JOYNER

HEAD BARTENDER BRANDON CLEMENTS, THE LIVELY



COURTESY OF THE LIVELY



Mocktails, no-proof cocktails, sober-curious beverages—whatever you call them, one thing is certain: More and more people are changing how and what they choose to drink, and Idaho’s mixologists and beverage makers have responded with nonalcoholic (NA) options spanning the beverage and flavor spectrums. Come along for a closer look at what is being shaken, stirred, brewed and served in the Gem State.

OPPORTUNITY KNOCKS

In speaking with the proprietors and staff at some of my favorite restaurants and bars in and around Boise, each had observed a notable change in drink orders when their businesses reopened following the pandemic. It was a shift they hadn’t anticipated, but one they knew required action.

“We [were] having more and more guests ask for mocktails, so we knew it was time to start creating drinks they would enjoy,” recalls Brian Stevenson, lead bartender at **The Lively**—an elegant yet approachable restaurant in Boise. “We didn’t want to just mix fruit juices, but instead create alcohol-free drinks that have complexity and depth.”

“[Customers] love our five-course dinners, but we realized that many weren’t booking because of the wine pairings,” says Tyler Cook, Director of Revelry at **KIN**—a prix-fixe restaurant, tasting room and cocktail bar in Boise. “They didn’t want to be the odd one out when all their friends were drinking.”

So Cook set out to craft a classy, no-proof alternative—“something better than sparkling fruit juice, with as much flavor and excitement as a regular cocktail”—so all guests could fully participate in the experience at KIN.

IT’S ALL IN THE PRESENTATION

If you’ve scanned a cocktail menu, it’s clear mixologists take the naming of their creations seriously. So it’s no surprise this careful process is also applied to how establishments present NA drinks to patrons.

“We never liked the sound of the word ‘mocktail,’” admits Brandon Clements, head bartender at The Lively. “We wanted to take [the name] back to the 1800s when the temperance movement first gained traction”—referring to the 19th-century social movement that promoted abstinence from alcohol and paved the way for prohibition. “‘Temperance cocktail’ has a nice ring to it, and [featuring them on our cocktail menu] allows our guests to still feel a part of the vibe at the table.”

Cook notes the time and care involved in crafting superb NA drinks—which he aptly calls “Thoughtfully Prepared” cocktails—that taste great and provide a similar sipping experience to their alcohol-based counterparts.

MCKENZIE JOYNER



LA PIÑA, AMANO



“I work hard to ensure our Thoughtfully Prepared cocktails include the essential elements—acid, salt, sweet and bitter—to create a balanced drink,” informs Cook. Take the KINpari Soda, for example, which blends the distinct tastes of anise, clove and cinnamon with gentian and angelica roots for a nuanced and memorable sip.

CREATING A UNIQUE & INCLUSIVE EXPERIENCE

All the restaurants and bars I continue to go back to have one thing in common: They offer the full package—from ambiance, decor and the way the words on the menu make your mouth water to the astute service and presentation of the dish or drink. So it’s no surprise these establishments handle the shifting landscape of NA drinks with the same intention and detail applied to other key areas of the guest experience.

“It has always been important to us to ensure everyone at our tables has something to enjoy,” explains Aisha Orozco, Beverage Director at **Amano**—a craft Mexican kitchen in Caldwell. The upscale restaurant and bar shines at fusing nonalcoholic spirits with authentic flavors for palate-pleasing drinks, like La Piña—a concoction blending zero-proof rum with smoky, grilled pineapple, coconut cream, pineapple juice and a cherry.

Fostering a welcoming atmosphere for all types of drinkers is what Kylie North calls “radical accessibility.” North and fellow professional bartender Laura Keeler own and operate **Water Bear Bar**—an eclectic and inviting cocktail bar and lounge in Boise—where the duo serves swoon-worthy, alcohol-free cocktails. A local favorite is the Standing Wave (think of a refreshing, citrusy and minty mojito but without the rum).

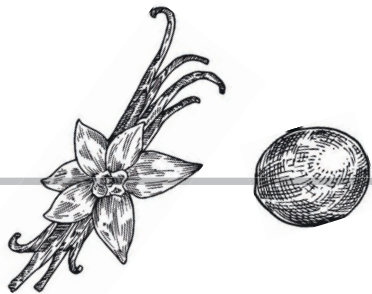
What started as a New Year’s resolution for several employees at **Sawtooth Brewery** in Hailey evolved into a lifestyle change some were seeking to maintain. This inspired the brewery’s CEO and head brewer, Paul Holle, to explore crafting a NA beer so those pursuing new wellness goals could “still crack a cold one at the end of the day.”

STANDING WAVE, WATER BEAR BAR



MCKENZIE JOYNER





SPICED PINEAPPLE SWITCHEL,
ERTH BEVERAGE CO.

COURTESY OF EARTH BEVERAGE CO.



“Seeing the desire and need for NA beer got me researching filtration processes and buying the equipment needed to make our own,” remembers Holle. “The one stipulation I had about NA beer was it still needed to have a phenomenal beer taste.” Holle tinkered with combining free-range water from the Big Wood River in central Idaho with malted barley and hops from Idaho until he nailed the formulation, and **Atmos Brewing Co.** was born. Atmos currently offers four types of NA beer—a classic golden ale, a San Diego-style IPA, a fruit-forward double-hop IPA and a peanut butter milk stout.

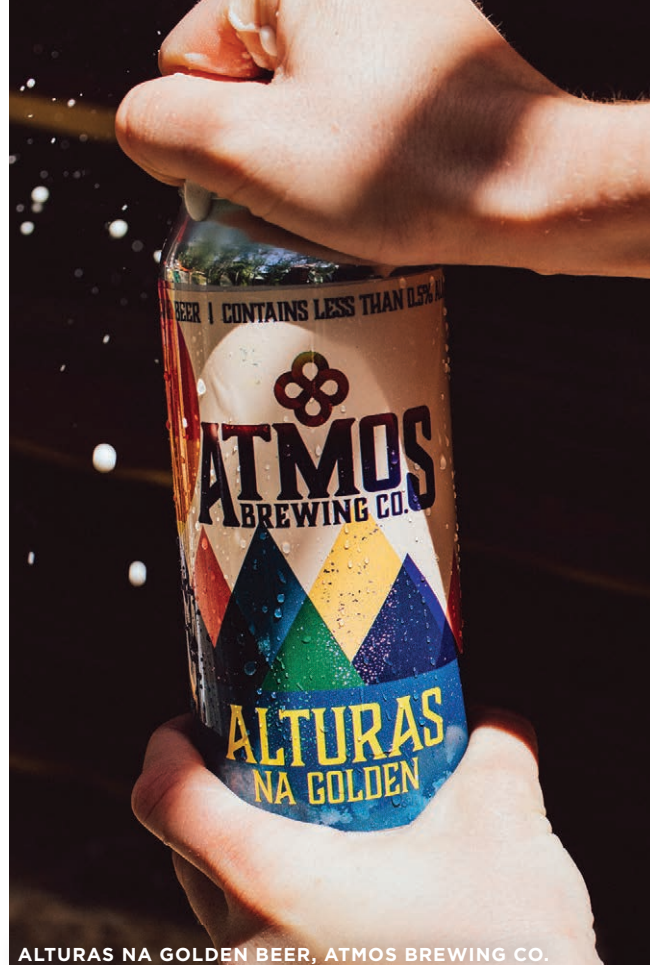
FROM FARM TO GLASS

I admire an establishment’s commitment to making everything in-house, being conscious of how ingredients are sourced and using seasonal and local foods whenever possible. Most, if not all, of my go-to places are proud to partner with a myriad of local farms to maximize freshness and flavor while reducing their carbon footprint.

“[Amano] locally sources ingredients and creates everything by hand to [support] sustainability and positively impact the world,” states Orozco. “We take our time creating handcrafted mocktails that tell a story through the finest ingredients that showcase the local harvest of Idaho.”

Idaho’s four distinct seasons create a unique challenge and opportunity for mixologists and makers to highlight the freshest flavors.

“[The Lively] takes great pride and consideration with each ingredient placed in the glass—down to the garnish,” reports Stevenson. “As the seasons change, we keep the same great recipes but swap out the ingredients for what



ALTURAS NA GOLDEN BEER, ATMOS BREWING CO.

COURTESY OF ATMOS BREWING CO.

is in season. We want to showcase the bounty [of foods and flavors] Idaho has to offer.”

It is this access to local ingredients that inspired **Erth Beverage Co.** founders Sam and Eric Herrera to create botanical, alcohol-free sodas and switchels—a combination of cold-pressed juice, apple cider vinegar and Idaho honey.

“Living in Idaho is such a treat in the sense that we have [an] abundance [of farms and produce] in our backyard, [which is why] we wanted to create a beverage that not only tasted good but was full of locally sourced ingredients,” acknowledges Sam Herrera, who is also a holistic nutrition consultant and certified master herbalist. “One of my favorite things about our beverages is they [allow] me to introduce the community to plants, fruits and herbs they [may have] never heard of [before].”

No matter your reason for passing on alcohol, you can plan an Idaho adventure knowing you’ll discover a wide range of taste-tantalizing options to enjoy during your visit.

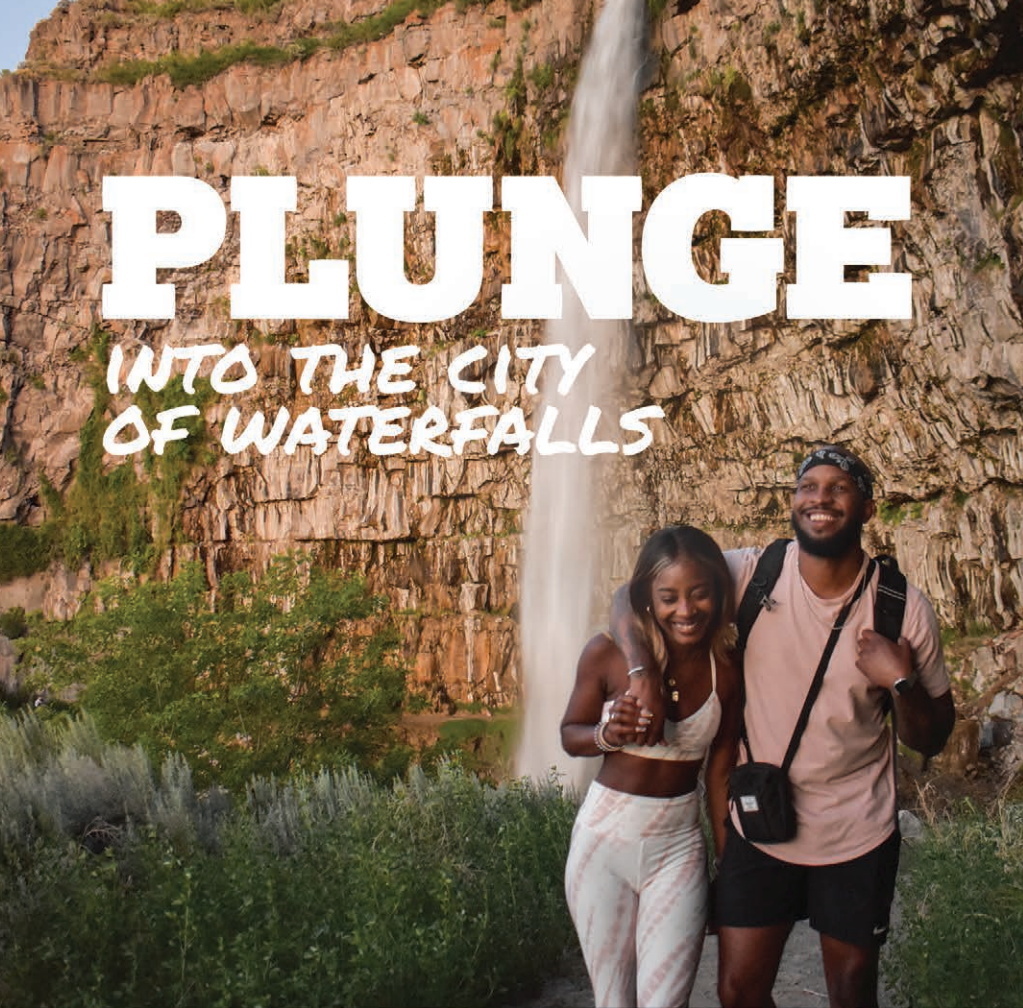


MCKENZIE JOYNER
@sproutingvitality

Joyner is CEO and founder of Sprouting-Vitality—a health and wellness company that focuses on living a healthy and abundant life. She loves traveling, mountain biking and fly-fishing and lives in Boise with her husband Tobi and dog Fin.

PLUNGE

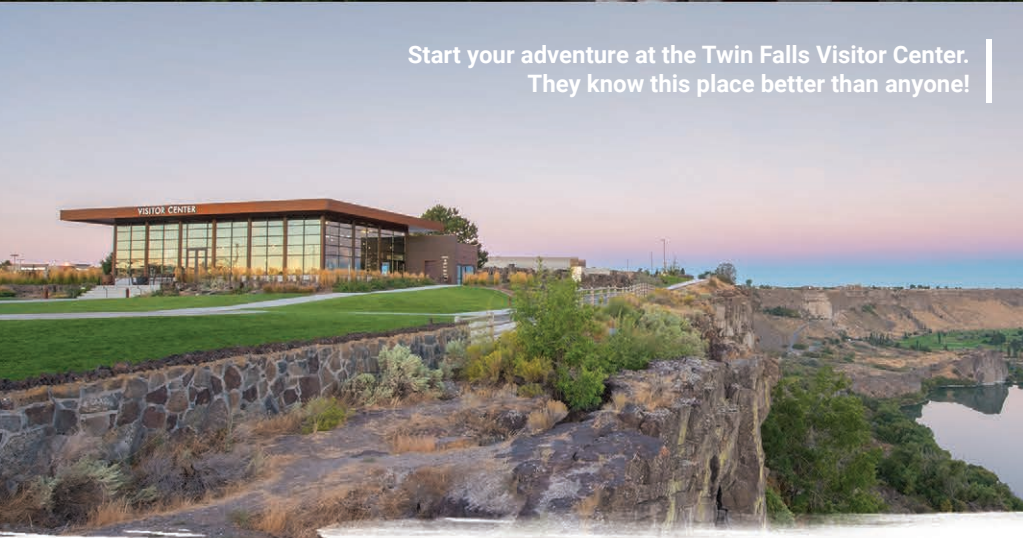
INTO THE CITY
OF WATERFALLS



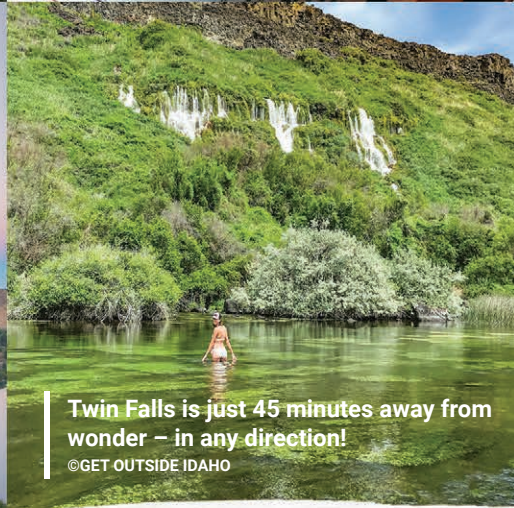
SUP or kayak right up to the base of majestic Shoshone Falls. PHOTO COURTESY IDAHO TOURISM



Get a taste of downtown Twin's craft breweries and local restaurants.



Start your adventure at the Twin Falls Visitor Center. They know this place better than anyone!



Twin Falls is just 45 minutes away from wonder – in any direction! ©GET OUTSIDE IDAHO

This town's official name may be Twin Falls, but we prefer its nickname. After all, Twin is home to more than 30 waterfalls and surrounded by even more! The crown jewel of this watery wonderland is Shoshone Falls. At a staggering 212 feet, it's higher than Niagara Falls – and even more spectacular. The falls really thunder in spring and early summer, but are breathtaking any time of year. The City of Waterfalls is loaded with outdoor adventures, and its historic downtown area is buzzing with activity. Ready to start exploring?

Uncover Wonder and Plan Your Trip at:

VisitSouthernIdaho.com

1-800-255-8946

Visitor Center:

2015 Neilsen Point Pl
Twin Falls, ID 83301





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Park Perks

FIND UPGRADES AND ADDITIONS ACROSS IDAHO'S STATE PARKS



W

With an impressive variety of landscapes and activities, Idaho's 28 state parks present plentiful chances to explore vast wilderness areas and history. Whether you prefer historical sites, sparkling lakes or hiking to new heights, here are some new and coming-soon additions.

THOUSAND SPRINGS VISITOR CENTER

The new shared visitor center for **Thousand Springs State Park** and the **Hagerman Fossil Beds National Monument** expands access to six state park units—and a plethora of outdoor recreation opportunities—in south central Idaho. Here you can find regional maps and information, browse the gift shop, attend a ranger talk and marvel at Pliocene-era fossils from the nearby Hagerman Fossil Beds.



THOUSAND SPRINGS STATE PARK VISITOR CENTER, HAGERMAN

RV CAMPGROUND AT BILLINGSLEY CREEK

Billingsley Creek is one of six units that make up Thousand Springs State Park and offers hiking, biking, fishing and wildlife viewing opportunities from sunrise to sunset. In 2023, visitors will be able to stay at a new 50-site RV campground, complete with water, sewer, electrical hook ups and a restroom building with showers.

BRUNEAU DUNES OBSERVATORY

The popular **Bruneau Dunes Observatory**, home to Idaho's largest telescope available for public viewing, is adding a second observatory in May 2023 for even more chances to see the spectacular night sky up close. The observatories are part of **Bruneau Dunes State Park**, where visitors can extend their time here with hiking or sandboarding. Try fishing or exploring the equestrian trails as an added bonus.



BRUNEAU DUNES OBSERVATORY, BRUNEAU

UNLIMITED ACCESS AHEAD

Idaho residents: For \$10, purchase an annual Idaho State Parks Passport, providing unlimited day-use access to all 28 state parks (including boat launches). Get yours when you renew your vehicle registration annually online, by mail or at your local DMV.

Out-of-state visitors: For \$80, buy a Motor Vehicle Entry Fee sticker, which provides unlimited access to all Idaho State Parks for one year. Pick one up at any Idaho State Park or online at idahostateparks.reserveamerica.com.

PARK ENTRY FEES

Single-day park entry fees range from \$7 to \$14 per vehicle. Please note, some parks can process card payments inside the respective visitor center. In other cases, you may need to pay a park entry fee by cash or check at fee stations. Camping fees vary by park.



CAMPING RESOURCES

Idaho Department of Parks and Recreation
parksandrecreation.idaho.gov

Idaho Power
idahopower.com

Federal Campgrounds
recreation.gov

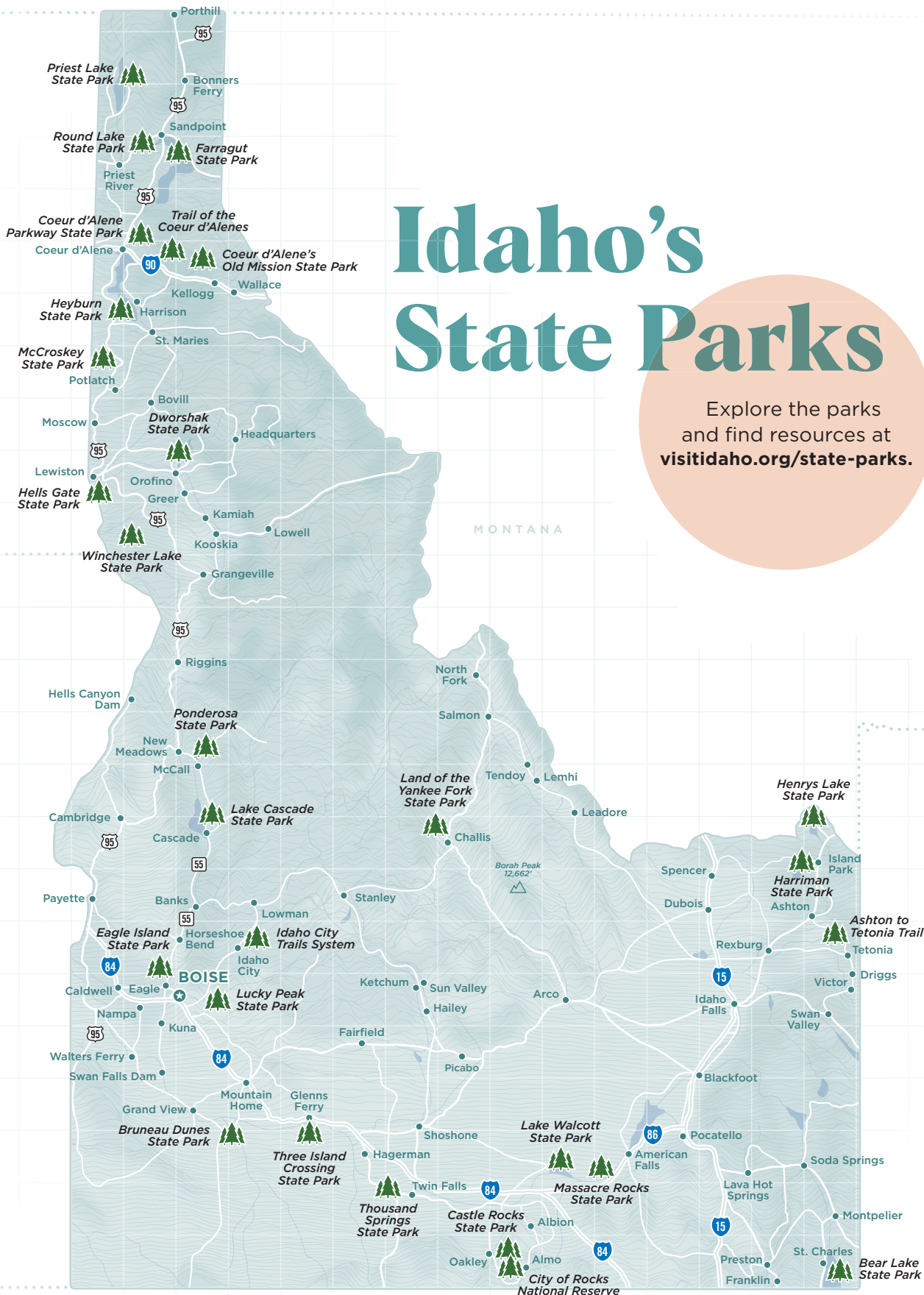
Idaho's State Parks

Explore the parks and find resources at visitidaho.org/state-parks.

WASHINGTON

OREGON

WYOMING



SCALE
APPROX.
20 MILES

NEVADA

UTAH

FORCED CHANGE

guess the Japanese have a word for it: *an*, "take it as it comes." ... but there are things in your heart that you can't forget, that is the day you walked through that you know you lost something."

George Morihito
Upon entering Puyallup Assembly Center
17 years old in 1942

PHOTO: GEORGE MORIHITO COLLECTION

Forced Change

Profiled and Excluded

On February 19, 1942, two months after Pearl Harbor President Roosevelt signed Executive Order 9066 authorizing the creation of military zones which led to the exclusion of Japanese Americans from those zones. The first removal and incarceration order was issued for Bainbridge Island, Washington, on March 25, 1942. The Japanese American communities affected had between a few days to a few weeks' notice to settle their affairs and vacate their property.

People were forced into temporary detention centers, called "assembly centers," until permanent inland prison camps were completed. The sudden loss of freedom and civil rights, coupled with forced removal, was an unimaginable shock.

INSTRUCTIONS TO
JAPANESE
Living on Bainbridge Island



Exhibition panel with a map of the United States highlighting the West Coast and a text block.

Exhibition panel featuring a book titled 'JAPANESE' and several photographs.

Remembering MINIDOKA: Idaho's Relocation Center



**EXPLORE THE
SITE WHERE
13,000 JAPANESE
AMERICANS WERE
HELD DURING
WORLD WAR II**

BY **DAVE ROOS**

In 1942, just months after the Japanese attack on Pearl Harbor, President Franklin D. Roosevelt signed Executive Order 9066, authorizing the U.S. military to “exclude” and “evacuate” people of Japanese descent from the entire West Coast of the United States.

More than 100,000 Japanese Americans—two-thirds of them American citizens—were forcibly removed from their homes and incarcerated in one of 10 “relocation centers,” one of which was in Idaho. At the Minidoka National Historic Site near Twin Falls, visitors can learn more about wartime fears and the events that led to the creation of American relocation centers.

MINIDOKA NATIONAL HISTORIC SITE VISITOR CENTER, JEROME

GUARD TOWER



DID YOU KNOW?

MINIDOKA IS A SHOSHONE WORD MEANING "BROAD-EXPANSE."

EXECUTIVE ORDER 9066

Long before Pearl Harbor, Americans of Japanese ancestry experienced discrimination in the United States, including segregated schools and citizenship bans that targeted Japanese immigrants. Yet despite this mistreatment, Japanese Americans established thriving communities along the West Coast, where they opened businesses, bought homes and raised their children as Americans.

Following Executive Order 9066, families were ordered to abandon their homes, businesses and cherished possessions, and to bring only what they could carry. They had no idea where they were going or if they'd ever be allowed to return. After weeks of being held in a cattle yard, they were loaded onto coal cars and transported to relocation centers like Minidoka.

CONDITIONS AT MINIDOKA

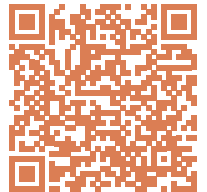
More than 13,000 Japanese Americans were incarcerated at Minidoka, also known as "Hunt Camp." When they arrived, they were led past a guard tower manned with armed soldiers and through a barbed-wire fence into their new "home," nothing more than rows of hastily built barracks in a field of dirt.

Families were assigned to a section of the barracks, equipped only with Army-issue cots, coal-burning stoves and a single bare lightbulb. There were mess halls and communal showers, but no privacy. The tar-papered walls of the barracks had no insulation, which exposed the detainees to the elements—winter temperatures reaching -21°F, stifling summer heat and dust storms.

ROOT CELLAR



Go inside Minidoka to learn more about the exhibits and stories preserved here.



DAVE ROOS

After living in Mexico for nine years with his wife and three kids, Roos and his family settled in Boise in 2019. Roos is a freelance journalist who writes about history, food, travel and culture for newspapers, magazines, websites and podcasts.

442ND REGIMENTAL COMBAT TEAM HONOR ROLL



A SENSE OF “NORMALCY”

Most of the Japanese Americans held in Minidoka were there for three years, from 1942 to 1945. Life inside the camp would have been unbearable if not for their determination to carve some semblance of a “normal” life out of the harsh conditions.

They petitioned for the right to grow vegetables and plant traditional Japanese gardens. They replaced the cafeteria workers with Japanese American cooks, some of whom had their own restaurants back home. They published a newspaper, *The Minidoka Irrigator*, and formed a fire department. For the children, they built schools, parks and baseball diamonds, and even fielded a baseball team that competed with (and routinely beat) local high schools.

THE 442ND REGIMENTAL COMBAT TEAM

In 1943, FDR announced the creation of the 442nd Regimental Combat Team, a segregated unit of Japanese American soldiers who would join the fight in Europe. More than 1,000 men from Minidoka enlisted in the 442nd, which went on to become one of the most highly decorated regiments in U.S. military history.

LIFE AFTER MINIDOKA

The Minidoka relocation center was closed in October 1945, and each incarcerated was given \$25 and a train ride home. They next faced the daunting task of rebuilding their lives in an America that still distrusted and openly discriminated against people of Japanese descent.

In 1988, President Ronald Reagan signed the Civil Liberties Act, which issued a formal apology for the forced removal and incarceration of innocent Japanese Americans and offered \$20,000 in restitution to each surviving victim.

VISITING MINIDOKA TODAY

The Minidoka National Historic Site, located 20 miles outside of Twin Falls, brings to life this regrettable but important chapter in American history. The site features a new visitor center packed with interactive exhibits that is open on weekends from Memorial Day to Labor Day. Make sure to watch the powerful documentary film, *Minidoka: An American Concentration Camp*, shown inside the visitor center.

On Saturdays and Sundays, there’s a ranger-led tour that departs from the visitor center. The 90-minute tour delves deeply into the history and daily life at Minidoka, and offers a glimpse inside some of the buildings, including an original barracks. Year-round, visitors can also take a self-guided walking tour of the site, following a 1.6-mile walking trail that passes by barracks, a mess hall, the fire station, the guard tower, the camp baseball field and more. Educational placards fill in the details of Minidoka’s story. Give yourself at least an hour to take it all in.



Visit nps.gov/miin to learn more and plan your trip to Minidoka.

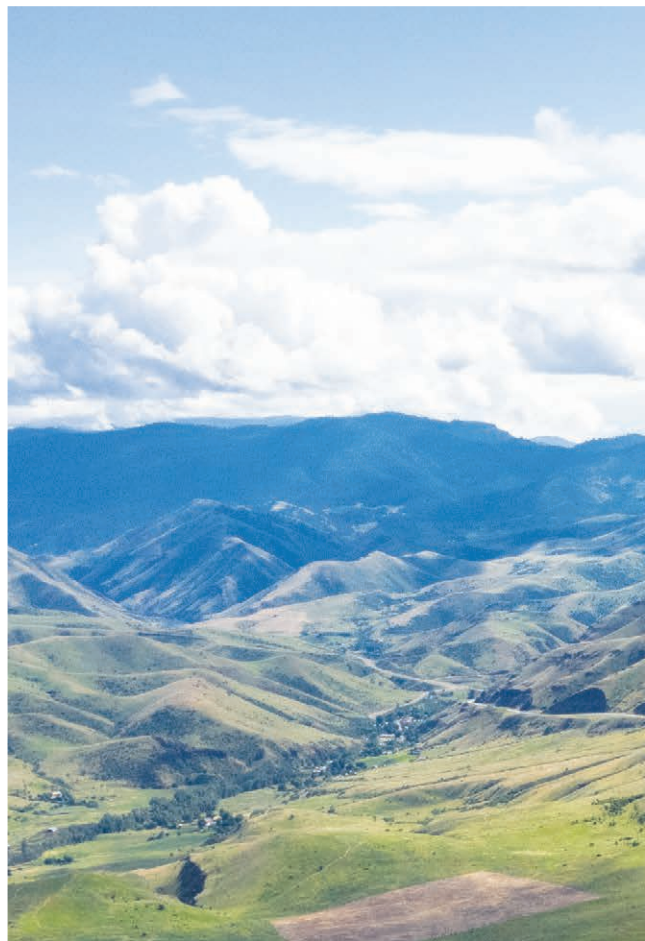
The Treaty of 1855 between the Nez Perce Tribe and the U.S. government was broken when gold was discovered in the ancestral homelands of the Indigenous Nimiipuu (pronounced Nee-Me-Poo), or Nez Perce, people. The Nez Perce lived in what is now north central Idaho, southeast Washington and northeast Oregon, and hunted and fished in present-day Montana and Wyoming. Following the discovery of gold and influx of miners, several bands of Nez Perce fled across the West, hoping to eventually reach Canada.

In 1877, war broke out between the non-treaty Nez Perce and the U.S. Army, forcing the Nez Perce to embark on a 126-day journey of more than 1,170 miles across four states.

The route they followed during the Nez Perce Flight of 1877 is now designated as the Nez Perce National Historic Trail (NPNHT). This route is comprised of multiple sites that span several states.

My 13-year-old son and I set out to follow the NPNHT across Idaho and learn about this trying journey. Our road trip experience proved to be fun and educational for both of us as we stopped along Idaho's stunning natural scenery.

Note: Due to the nature of the events, there isn't a linear trail to follow. As we traveled throughout the state, we stopped at sites in a different order than when the events took place, as this made the most sense for following the trail by car. We visited these sites over four days, mixing in visits to other cultural sites and a bit of hiking, and we spent up to 60 minutes at each stop.



NEZ PERCE NATIONAL HISTORICAL PARK VISITOR CENTER | SPALDING

Our historical adventure began at the NPNHT visitor center, museum and park headquarters. In my opinion, this is the best place to start. You can learn about the trail, pick up maps and auto tour booklets, attend a ranger program or watch a short film about the park. There are also four short interpretive trails that run through the area, passing other historical sites such as the Northern Idaho Indian Agency's cabin and the remnants of the Spalding Mission.



NEZ PERCE NATIONAL HISTORICAL PARK VISITOR CENTER, NEAR SPALDING

VISIT IDAHO



Following THE *FOOTSTEPS* OF THE Nimiipuu

UNCOVER THE HISTORY OF THE
NEZ PERCE ON THIS IDAHO ROAD TRIP

BY MELYNDA HARRISON

WHITE BIRD CANYON, NEAR GRANGEVILLE

CANOE CAMP | OROFINO

Our next stop was Canoe Camp, situated along the edge of the Clearwater River. It was at this site where the Nez Perce helped Lewis and Clark build the canoes they used to paddle to the Pacific Ocean in 1805. While Canoe Camp isn't on the NPNHT, it's an important place to the Nez Perce people, as they fished there for thousands of years before the Corps of Discovery arrived. While there, we took our time strolling around the riverside park and checked out the interpretive signs and short hiking trail.



MELYNDA HARRISON

VISIT IDAHO



HEART OF THE MONSTER | KOOSKIA

According to a Nez Perce creation story, a monster inhaled all the creatures on Earth except Coyote. So, Coyote packed five knives on his back and tricked the monster into eating him. Using the knives, he cut away the monster's heart and freed himself and the rest of the animals. Together, he and the animals carved up the monster, and Coyote spread the pieces all over the land, from which sprung many tribes of people.

It's said that the monster's heart is still at the site, represented by a large earthen mound. Along with the short walking trails and interpretive signs, my son and I especially enjoyed listening to the "Coyote and Monster" legend at the interpretive shelter in the native language of the Nez Perce as well as English.

WHITE BIRD BATTLEFIELD | WHITE BIRD

White Bird Battlefield is where the first battle of the Nez Perce Flight took place. On June 17, 1877, the Nez Perce were sheltering in Lahmotta (one of their winter villages) when a civilian volunteer of the U.S. Army shot at a Nez Perce peace party. A battle quickly ensued, and the U.S. cavalry was defeated, allowing the Nez Perce to escape—beginning their long journey in search of safety.

My son and I stopped at the White Bird Canyon Overlook to get a better understanding of what happened there. As the name implies, we were able to see the whole battlefield from our vantage point, and as we stood there, we tried to imagine the events of 1877. Below the overlook, there is a three-mile trail through the battlefield marked with interpretive signs. While you're there, you'll also find a large interpretive shelter with signs that describe the battle, as well as Nez Perce Trail maps and brochures.



WHITE BIRD CANYON OVERLOOK

MELYNDA HARRISON

COTTONWOOD SKIRMISH SITE | COTTONWOOD

On July 5, 1877, after the battle at White Bird Canyon, the Nez Perce crossed Camas Prairie and fought with the U.S. Army and volunteers near Cottonwood. The Cottonwood Skirmish Site is on private property, but we were able to view two historical markers at the highway pullout off Highway 95, which provided information on the events that took place there.



HISTORICAL MARKER NO. 38

FlickR/KEN LUND

TOLO LAKE | NEAR GRANGEVILLE

Tolo Lake overlooks Camas Prairie and was once an important place for the Nez Perce to gather camas bulbs, participate in horse races and play games. In early June (prior to the events at White Bird Canyon), the Nez Perce met here in preparation for moving onto a reservation after the “Thief Treaty” of 1863.

Today, Tolo Lake is a popular bird-watching and fishing spot. You’ll also find a replica of one of the three mammoth skeletons that were recovered by paleontologists in 1995 at nearby Eimers-Soltman Park in Grangeville.

LOOKING GLASS CAMP | KOOSKIA

Chief Looking Glass and his band had remained neutral in the conflict between the non-treaty Nez Perce and the U.S. Army until troops arrived in their village on July 1, 1877. Looking Glass sent an emissary to parlay with the Army, and during the negotiations, an anxious soldier opened fire. The villagers fled in response, and the troops proceeded to attack. As a result, Looking Glass was convinced that peace could not be had and decided to join with the other non-treaty bands.

What was once Looking Glass’ camp is now the U.S. Fish and Wildlife Service’s Kooskia National Fish Hatchery. A 0.15-mile self-guided trail tells the story of the events that took place. While visiting, we also found a historical marker at a highway pullout on the north side of the Middle Fork of the Clearwater River that explains the attack.

Having reached our last stop, we stretched our legs as we walked the short trail, excitedly recapping all that we learned on our trip.



MELYNDA HARRISON
@travelingmelmt

Harrison writes about travel and outdoor family adventure at travelingmel.com, yellowstonetrips.com and many local and regional publications. She is a travel, science and history buff and loves learning alongside her two teens and husband.

BEFORE YOU HIT THE TRAIL

- Many of the places along the NPNHT are sacred to the Nez Perce, particularly the burial grounds. While you’re visiting, respect and honor these sites as you would any historical, religious or sacred place.
- Download or order copies of the NPNHT Auto Tour brochures at fs.usda.gov/npnht.
- Cell phone reception may be intermittent. Download a map before you go, or bring a paper one with you.
- Gas stations and other services along the trail are spread out—be sure that you have plenty of fuel, water and snacks.



WIKIMEDIA COMMONS/NATIONAL ARCHIVES AND RECORDS ADMINISTRATION



LEARN MORE ABOUT THE
CULTURE AND CHERISHED
STORIES OF THE NEZ PERCE.



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An Occasion for **EDUCATION**

FROM BUTCH CASSIDY TO
BASQUE CULTURE, ENGAGE
WITH IDAHO'S HISTORY

BY **AMERAN LINK**

The Gem State is dotted with museums, historical sites and interpretive centers, offering opportunities to inspire curiosity and excitement. Lean into Idaho's past and present—from mining legacies and an interactive pioneer town to tribal culture and trail stories—at these 14 destinations that will intrigue minds both young and old.

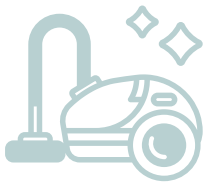
INDIAN CREEK MUSEUM | CALDWELL

Glimpse into the past at the **Indian Creek Museum** operating within a former 1950s doctor's office. There are 30 themed rooms to explore, and children will enjoy finding items on the museum's scavenger hunt list. Visitors can follow along with a tour led by the knowledgeable staff.

NAMPA TRAIN DEPOT MUSEUM | NAMPA

Continue your exploration of the early 20th century in Idaho at the **Nampa Train Depot** with a focus on agricultural and railroad industries. In this retired depot, you can see trains of all shapes and sizes from models running decorated tracks to authentic cars outside.





MUSEUM OF CLEAN | POCATELLO

The unusual mission of the **Museum of Clean** is to show guests the value of “clean”—from clean homes and minds to a clean world. Find exhibits spanning art and activities to detailed displays about the history of toilets and antique vacuums. Be sure to check out Kid Planet, where children can learn how to clean in real life or simply let loose and have fun. When you’ve finished admiring the in-house trash compactor, check out the attraction’s added elements: an art gallery, an 88-seat theater and a gift shop full of unique items.

FORT HALL REPLICA & MUSEUM | POCATELLO

Once the home of a Snake River trading post, the **Fort Hall Replica** is an interactive frontier town. Visitors can connect with stories of adventurers of all kinds—explorers, trappers, fur traders, gold seekers and more—who came through this stop in southeastern Idaho from 1834 to its final year of operation in 1863.

HISTORICAL MUSEUM AT ST. GERTRUDE | COTTONWOOD

The **Historical Museum at St. Gertrude** is a peaceful place to stroll back in time. Sister Alfreda Elsensohn began the museum’s collection in 1910, when it was housed in the school’s attic. This museum displays artifacts and preserves stories of local farming, mining and ranching, as well as the legacy of Idaho’s Chinese immigrants and the Nez Perce Tribe.

LEGACY FLIGHT MUSEUM | REXBURG

Let your imagination soar at the **Legacy Flight Museum!** Bring your family on an eye-opening excursion to get up close and personal with an assortment of military and civilian aircraft. When you’re done hanging out in the hangar, take the stairs to the second floor and appreciate the collection of relics from the Civil War to present day.



BUTCH CASSIDY MUSEUM AT THE BANK OF MONTPELIER | MONTPELIER

Explore the site of Idaho’s first chartered bank, established in 1891, and learn about the robbery that brought it to fame. The **Butch Cassidy Museum at the Bank of Montpelier** preserves the country’s only remaining bank that was robbed by the infamous gang. Put yourself in an outlaw’s shoes by stepping into the bank’s original safe or by snapping a selfie in the jail cell.

STANLEY HISTORICAL MUSEUM | STANLEY

Entering the Sawtooth Valley, the journey of early settlers never feels far from mind. Set within the pristine natural beauty of the region, the **Stanley Historical Museum** provides a space to uncover regional and indigenous history through photographs and archives. Be sure to explore the ice house exhibit which explains how settlers kept perishables cool during warm summer days.



NAMPA TRAIN DEPOT MUSEUM, NAMPA



THE NATIONAL OREGON/CALIFORNIA TRAIL CENTER | MONTPELIER

Journey to the days of the Oregon Trail at **The National Oregon/California Trail Center's** captivating reenactment of the Clover Creek Encampment. Guests will get a glimpse of the past by interacting with actors and investigating historically accurate interpretive areas. This simulated wagon train allows visitors a chance to experience pioneer life without leaving the center's comfortable facility.

NORTHERN PACIFIC RAILROAD DEPOT MUSEUM | WALLACE

Learn about Idaho's railway heyday and the history of railroading in the Northwest at the **Northern Pacific Railroad Depot Museum**. Step inside the museum's replica stationmaster's office, where you can talk on an authentic 1908 telephone. While you're in Wallace, head to the corner of Bank and Sixth streets to find the "Center of the Universe."

ROCK CREEK STATION/STRICKER HOMESITE | HANSEN

Established in 1865, and added to the National Register of Historic Places in 1980, this collection of preserved buildings once greeted travelers of the Oregon Trail, Kelton Road and Overland Mail stage route. Visit the **Rock Creek Station/Stricker Homesite** and imagine the rush of wagons that once bustled through the junction with educational videos, interpretive exhibits and events.

IDAHO STATE MUSEUM | BOISE

Unearth the enduring relationship between Idaho, its land and its people via the immersive displays in the newly renovated **Idaho State Museum**. Experience the museum in a new way each month with Family Second Saturdays, when all ages are welcome and activities usually include games and sensory learning as well as a new theme every month. The event is free with admission, and tickets should be bought in advance.



BASQUE MUSEUM AND CULTURAL CENTER | BOISE

Stroll into downtown Boise's Basque Block, where you will find the **Basque Museum and Cultural Center**. This collection of exhibits educates guests on the history and culture of this hardworking group from northern Spain. The Basque people came to America seeking gold in the late 1800s and settled in the Boise region taking on work herding sheep and managing boarding houses. Learn about life as an *Artzain* (shepherd) in the *Artzainak* section, or observe early-1900s stereoscopic photographs in the *Estereoskopiko* area.

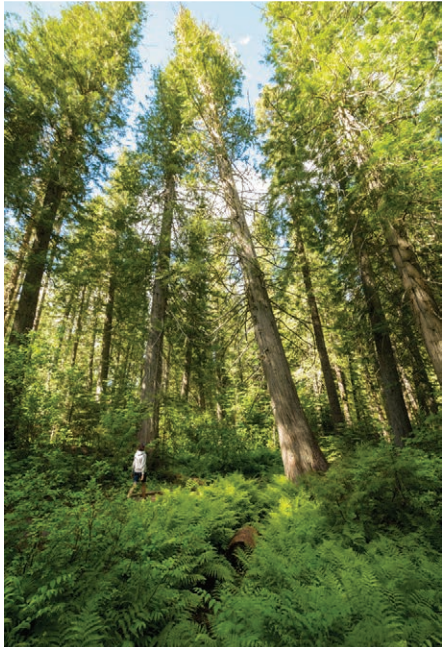
MUSEUM OF IDAHO | IDAHO FALLS

The recently expanded **Museum of Idaho** showcases the Gem State's history and science discovery experience. Encounter interactive exhibits like "Way Out West," which tells the story of the state's first inhabitants (you can try your hand at slaying a 14-foot-tall mammoth using an augmented-reality *atlatl*), as well as present-day and rotating collections that bring refreshed wonder no matter when you choose to explore.



COURTESY OF MUSEUM OF IDAHO

MUSEUM OF IDAHO, IDAHO FALLS



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HUNTING FOR LEGENDS

TRACKING DOWN IDAHO'S MYTHOLOGICAL CREATURES

BY KIM FRANK

Since moving to Idaho in 1993, I've embarked on countless adventures—exploring rugged landscapes and navigating lush forest trails—but rarely have I set out on a hunt for mythical species. Fueled by curiosity, I took to the road in search of Idaho's legendary beasts, and during my travels, I made some surprising discoveries. If you're interested in Bigfoot—or have a fascination with folklore in general—I recommend a trip to Idaho. Chances are, you'll be amazed at what you uncover along the way.

THE QUEST BEGINS

My journey began with a few internet searches: “Idaho tall tales,” “Sharlie the Payette Lake Monster” and “Geographic Database of Bigfoot/Sasquatch Sightings and Reports.” During my research, a name kept popping up: Jan Harold Brunvand. Credited with coining the term “urban myth,” Professor Brunvand is one of the most widely recognized scholars of folklore and tall tales in the U.S. His earliest papers detailing Idaho-specific folklore are housed at the University of Idaho in Moscow, where he taught from 1961 to 1965.

I secured an appointment to visit the public archive, which inspired an Idaho road trip to track down some of the state's notable cryptids.

With our route charted, my husband and I departed our home in Sun Valley for the closest mystical point of interest: McCall—home of the legendary monster Sharlie that allegedly lives in Payette Lake.



KIM FRANK

KIM FRANK

SEARCHING FOR SHARLIE

Payette Lake was as still as a mirror when we arrived in McCall, and I immediately began scanning the surface for a glimpse of Sharlie. In August 1944, several groups of people reported seeing a 30-to-35-foot dinosaurlike creature. A similar sighting occurred two years later at the Narrows—a rocky section of the lake best viewed by hiking the Narrows Overlook Peak Trail at Ponderosa State Park. Since then, there have been numerous sightings in the area that reignite enthusiasm for the local legend. To my dismay, I didn't spot Sharlie, but I refused to give up.

The next morning, we drove to a canoe launch site, located upstream from where the Payette River flows into the northern end of Payette Lake. This last stretch of the river, before it meets the lake, is named the Meanders for its pleasant flatwater. I wondered if Sharlie was hiding out there—the lake itself reaches 392 feet at its deepest point—perhaps enough room to house a reclusive underwater behemoth.

Before we set off on a boat tour of the lake with Chris Woods, owner of Backwoods Adventures, he showed us a video he had captured the day before.



COURTESY OF VISIT MCCALL

SHARLIE HONORED AT THE MARDI GRAS PARADE IN MCCALL.

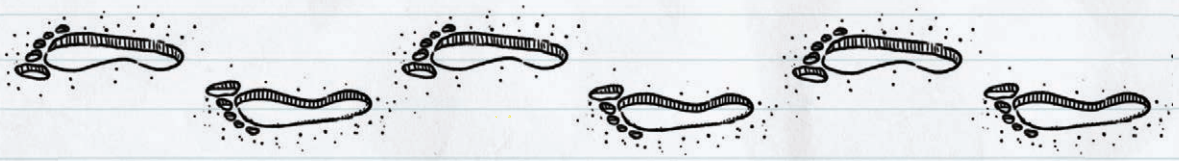
It showed a moose running out of the forest and into the river right in front of his canoe. "I don't know what scared [it]—maybe Bigfoot," he pondered.

It was then that I realized what a hold the Bigfoot myth has in Idaho and decided that tomorrow would be a good time to take our exploration in a new, hairier direction.



KIM FRANK

PADDLING ALONG THE SHORE OF PAYETTE LAKE IN MCCALL.



SEEKING STORIES OF SASQUATCH

Next up was the University of Idaho in Moscow—a vibrant college town with a storied past. After checking into the historic Hattabaugh Hotel, I hurried to the university to examine Professor Brunvand’s Archive of Idaho Folklore. I perused eyewitness accounts of Sharlie sightings, which were somewhat frustrating to read after my fruitless search the day before. Curiously, the archive made no mention of Bigfoot. If we wanted our own Bigfoot story, it was clear that we would need to put our boots to the trail.

According to the Bigfoot Field Researchers Organization, a volunteer group that records credible observations of Sasquatch, there have been 102 Bigfoot sightings throughout Idaho. I hoped to claim the 103rd.



From the rolling hills of the Palouse region, we drove south to Tamarack Resort, near Donnelly, to chase a possible Bigfoot sighting on one of the destination’s many trails. After a restful night’s sleep at The Lodge at Osprey Meadows, I awoke at dawn and set out along Creek Song Trail, hoping to catch sight of the legendary Sasquatch. The soft rain and the sound of a stream rushing over moss-covered rocks masked my footsteps as I strained my eyes for even the slightest sign. As I trudged forward, the path opened into a meadow strewn with ochre arrowwood and white daisies. While my efforts to find Bigfoot proved unsuccessful, my hunt was still a terrific excursion into the serene wilderness.

The next day, we got back on the road early, stopping for breakfast at the Chief Hotel in Cascade because I saw a sign for espresso. While sitting in a booth talking to the owner over scrambled eggs and bacon, a brown hairy beast lumbered down the stairs. Finally, here was Bigfoot! Someone handed him an axe and we took pictures, laughing at this stroke of luck. A costume, but still, I felt a sense of fulfillment.

On our trip back home, I began noticing things that I missed on the way over, such as a life-sized Bigfoot sculpture standing on the side of the highway, an American flag with a picture of a Sasquatch flying above a ranch house and a rusted Bigfoot cut-out on top of a mailbox. At a gas station we found stickers that said, “Gone Squatchin’.” It dawned on me that this particular legend is a beloved unifier. Perhaps the hunt isn’t so much about the goal of finding these creatures but about the rarely sought discoveries, the community connections and the rich tradition of storytelling in Idaho.

Ultimately, I learned a lot from traveling with eyes wide open. If exploration is curiosity in action, then the best road trips quench the thirst for knowledge. And don’t forget, Bigfoot may show up when and where you least expect.



HIKING THROUGH WILDFLOWER FIELDS NEAR DONNELLY.



KIM FRANK

Frank is a writer whose work is published across the globe. Whether it’s an expedition to explore the Titanic or setting the electric-vehicle speed record, her eye for a story and gifted prose brings adventure to light. A 2014 Idaho Literature Fellow, she lives in Idaho with her daughters, dogs and husband.

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Resources

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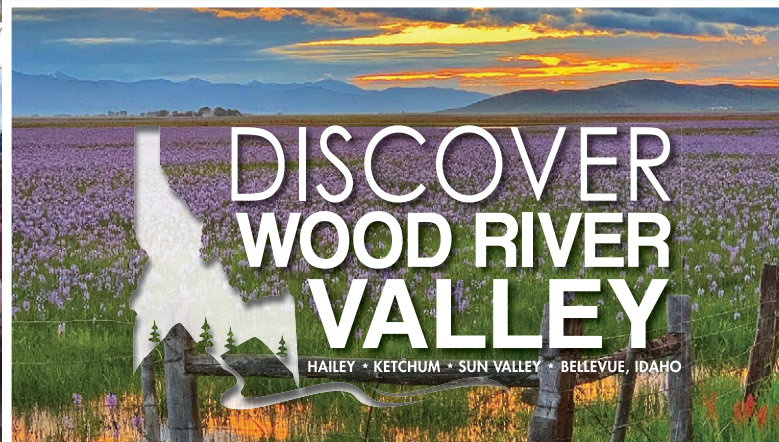
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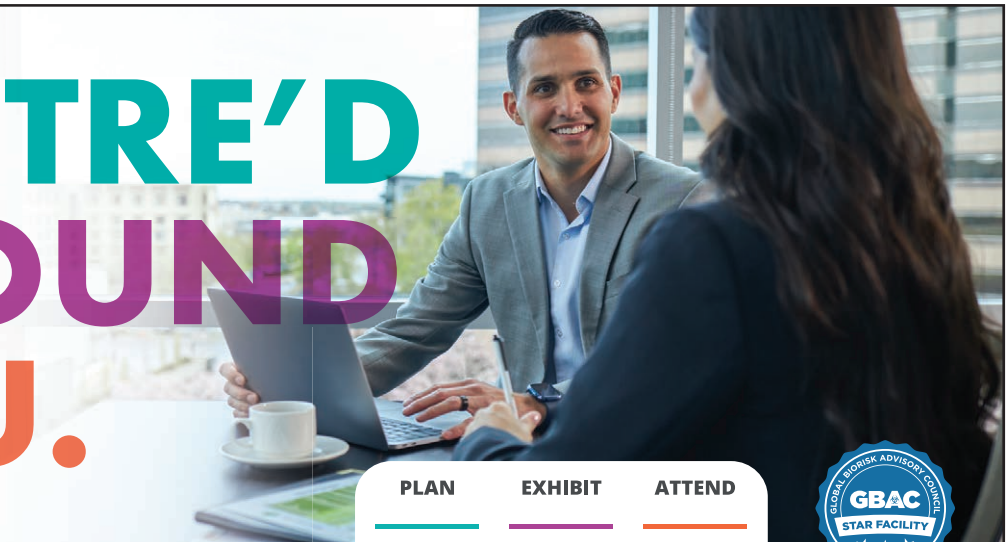
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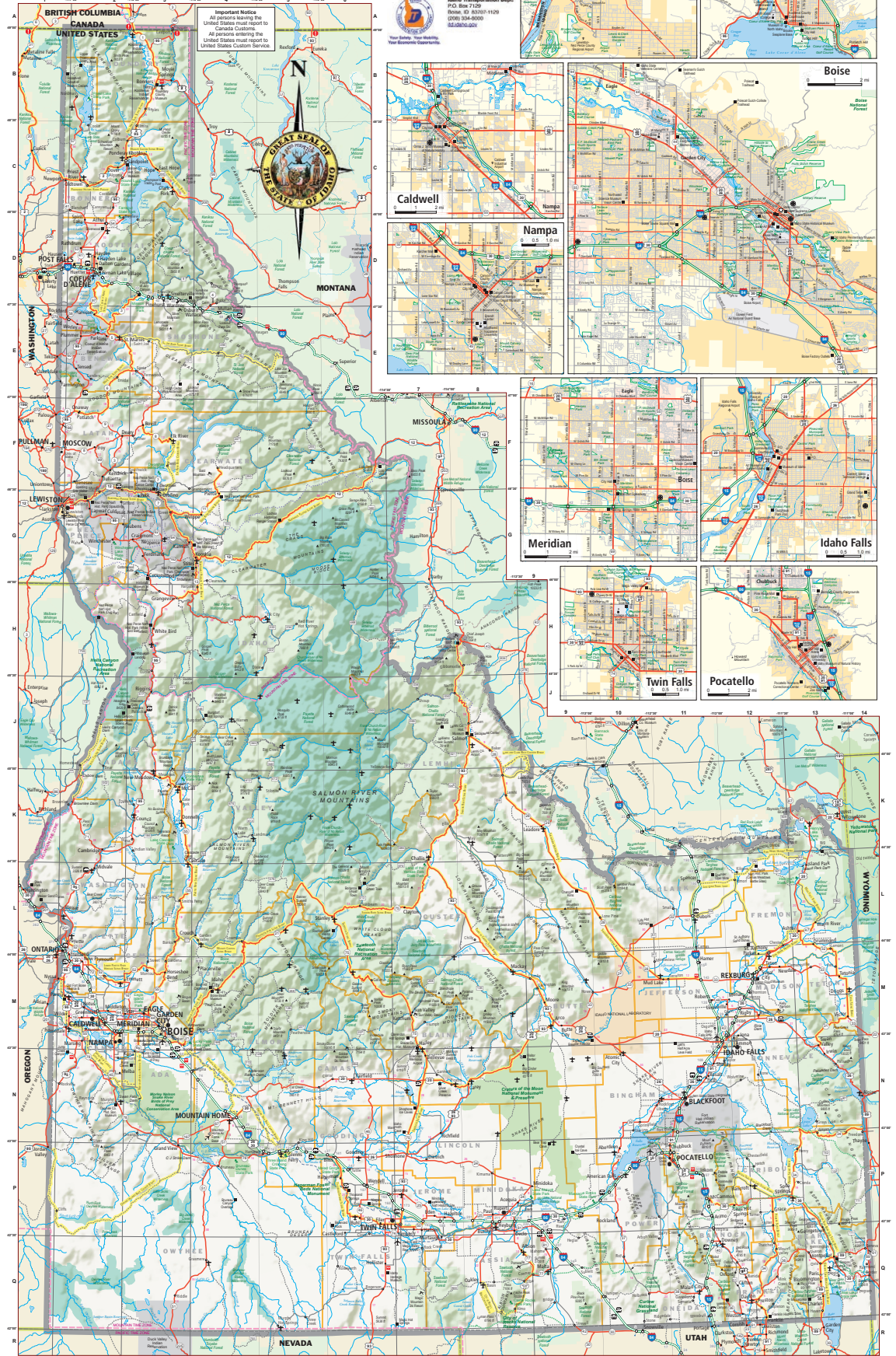
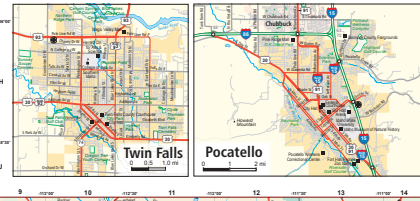
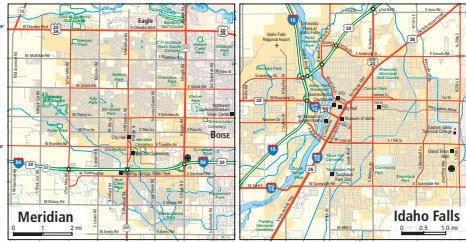
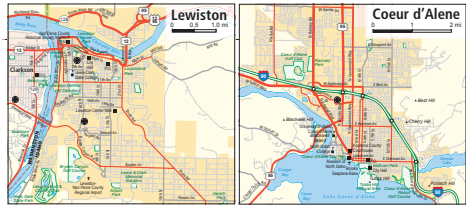
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